



**Lama Palden Drolma** is one of the first Western women authorized as a lama, following her three year traditional Tibetan retreat completion in 1986. After this she began to teach, did a masters degree, and became licensed as a psychotherapist in California.

In 1997 Lama Palden founded Sukhasiddhi Foundation in Marin County, California in order to allow the river of blessing of her guru Kalu Rinpoche's teachings to continue to flow to benefit beings. Sukhasiddhi, named after an 11<sup>th</sup> century awakened woman who was a primary teacher in one of her lineages, has provided in depth training in meditation and philosophy to interested people. She has also taught extensively in other Buddhist centers and various contexts.