

Bio: Pollyanna Bush



Pollyanna Bush is an award-winning singer/songwriter, music educator, professional dancer and spiritual leader,

From a tender age, Pollyanna explored transformational work through singing with her family, close friends, and members of her local community. Sharing this love for music with others was a beautiful and wholesome way to experience life and left a profound impact on her. These early experiences gave Pollyanna the inspiration to follow the path of using music as a means to problem solve, communicate on a deeper level, and offer healing to the people around her.

In her work as a musical healer, Pollyanna is influenced by Marshall Rosenberg's methods for non-violent communication and the Diamond Approach Inquiry Practice, which promotes clarity and awareness in the present, allows for curiosity to be explored, and encourages heartfelt compassion towards others. For the past 30 years,

she has served as a circle song leader, guiding small and large groups to sing together, playing with harmonies, interlocking melodies, and rhythmic patterns to achieve a sense of renewal. For the past 18 years, Pollyanna has acted as music director and faculty member of The Chaplaincy Institute for Creative and Healing Ministries in Berkeley. For the past 3 years, Pollyanna has been on staff at the Five Sisters Facility in Petaluma, helping women recovering from addiction to gain insight, find peace, and renew their sense of self through music therapy. Pollyanna facilitates the following music therapy services:

- Circle Singing
- Spontaneous Sung Prayer
- Music Therapy for Recovery
- Transformational Work Sessions
- Confidence Building Courses

Pollyanna's mission is to encourage and inspire people to use the sacred act of singing as an expression of love and an emotional release. She finds personal joy in leading others to experience vocal freedom, celebrate their individuality, and enjoy a pure connection to themselves through music.

In addition to the music therapy and circle song leading, Pollyanna teaches private voice and piano lessons and group technique & harmony classes at her Music Works Studio in Fairfax To find out more about the services Pollyanna offers, please visit: pollyannabush.com