



Syllabus

Prayer Chaplain Trainer's Course

Course Overview

This is a five-week online course with required weekly live virtual Zoom sessions facilitated by our Light & Love Trainers. At the completion of the course, you will receive a certificate and a Prayer Chaplain Program Manual and Prayer Chaplain Program Trainer's Guide (by mail). After completing this course you will be a trained Light & Love Ministries Prayer Chaplain and certified Prayer Chaplain Trainer licensed to teach and manage the Prayer Chaplain Program at your ministry.

Course Description

This 5-week online course with weekly virtual Zoom sessions is designed to teach specific skills and core competencies and provides unique spiritual and professional development. It gives you everything you need to start a Prayer Chaplain Program or lead an existing program in your ministry.

Learning Objectives

By the end of the course, learners will be able to:

- Train Prayer Chaplains
- Lead and Manage a Prayer Chaplain Program

Required Text/Readings

- Prayer Chaplain Program Training Manual
- Prayer Chaplain Program Trainer's Guide

Recommended Readings/Handouts

- Come Apart Awhile Prayer Handbook

2021 Course Dates:

- February 1 – March 6
- April 19 – May 22
- July 12 – August 14
- October 11 – November 13

Live Class Sessions: There are five live Zoom sessions during each course held on Saturdays from 11:00 – 1:00 EST and are required in order to complete the course.

Requirements for Completing the Course

Since Light & Love Ministries will be “Certifying” you as a Prayer Chaplain Program Trainer, it is important that you work your way through the course at the pace we’ve set, attend all of the live sessions, and complete the exercises presented throughout. However, we recognize that life happens. Please communicate with the instructor if you are falling behind in the course, anticipate not finishing at the end of 5 weeks, or need to miss any of the live sessions. Within reason, we will work with you to accommodate you successfully completing the course.

Modules Outline

We have provided a Modules Outline for this new online course. Final module outline may change slightly when course is published.

Modules Outline

Module 1: Introduction and Sacred Circle

Week 1

Module Learning Objectives

By the end of this module learners will:

- Understand and experience what it means to “hold spiritual space.”
- Have participated in a sacred circle.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and how to lead them through the sacred circle experience.

Module 1 Coursework

- Prayer Chaplain Manual Introduction
- Trainer’s Guide Introduction
- Prayer Chaplain Manual – Holding Spiritual Space
- Collaborate Training
- Supplemental Material – Video and Articles
- Discussion Questions
- Face-to-Face Zoom Session

Module 2: Listening, Confidentiality, and Warning Signals

Week 2

Module Learning Objectives

By the end of this module learners will:

- Understand the difference between empathic listening and default listening.
- Understand, appreciate, and practice silent prayer.
- Embrace the importance of confidentiality to the integrity of a Prayer Chaplain Program.
- Recognize warning signals and why this is the only exception to confidentiality.
- Know how to support your Prayer Chaplains through the creation of a Procedure Plan and Resource List.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains.

Module 2 Coursework

- Listening Section- PCM
- Listening Section - TG
- Listening Exercise
- Listening Quiz
- Confidentiality - PCM
- Confidentiality – TG
- Confidentiality Exercises
- Warning Signals – PCM
- Warning Signals – TG
- Importance of Self-Care
- Supplemental Readings/Handouts
- Supplemental Videos
- Discussion Questions
- Face-to-Face Zoom Session

Module 3: Prayer

Week 3

Module Learning Objectives

By the end of this module learners will:

- Be deeply anchored in your own understanding and practice of prayer, your concept of God, and how your prayer practice evolves as you evolve.
- Understand the Unity affirmative prayer approach.

- Experience requesting prayer and being prayed with by Silent Unity.
- Be comfortable praying with others through prayer partnership opportunities.
- Have a framework for how to teach the prayer section of the curriculum to your Prayer Chaplains and lead prayer partnerships during your PC training.

Module 3 Coursework

- Prayer Section- PCM
- Prayer Section - TG
- Prayer Exploration Workbook
- When We Pray Who Is It To? By Thomas Shepherd
- Exploring your Prayer Life chapter from *Come Part Awhile Prayer Handbook*
- Calling Silent Unity Exercise
- Supplemental Readings/Handouts
- Supplemental Video Links
- Praying Hands
- Discussion Questions
- Face-to-Face Zoom Session

Module 4: Human Conditions, Change & Grief

Week 4

Module Learning Objectives

By the end of this module learners will:

- Understand the concept of desensitization and experience it through prayer practice.
- Have a deeper appreciation for the nature of change and grief for yourself and in your role as a Prayer Chaplain and Prayer Chaplain Trainer.
- Gain more confidence praying with others through prayer partnership opportunities.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and be a support to them as they experience transformation.

Module 4 Coursework

Required Reading(s)

- Human Conditions Section – PCM
- Human Conditions Section – TG
- Change and Grief Section – PCM

- Change and Grief Section – TG
- Change and Grief Exercises
- Supplemental Videos
- Supplemental Readings/Handouts
- Quote from Neal Donald Walsh – Messengers Circle
- Discussion Questions
- Face-to-Face Zoom Session

Module 5: Prayer Chaplain Experience and Prayer Chaplain Support

Module dates: September 7 – September 12

Module Learning Objectives

By the end of this module learners will:

- Have a comprehensive understanding of the Prayer Chaplain Experience including Wellness Calling, Visitations, Ongoing Training, Commitment, and Passages.
- Learn best practices for supporting your Prayer Chaplains and being their cheerleader as they ready themselves to be of sacred service to those in your spiritual community.
- Be confident in praying with others through prayer partnership opportunities.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and be a support to them as they experience transformation.
- Understand how to guide your Prayer Chaplains' experience during and after COVID-19.

Module 5: Learning Assignments

Required Reading(s)

- Prayer Chaplain Experience – All Sections – PCM
- Prayer Chaplain Experience – All Sections – TG
- Prayer Chaplain Manual – NEW Wellness Calling
- Prayer Chaplain Manual – Visitations
- Trainer's Guide – Visitations
- Prayer Chaplain Manual – Ongoing Training
- Trainer's Guide – Ongoing Training
- Prayer Chaplain Manual – Commitment
- Trainer's Guide – Commitment
- Prayer Chaplain Manual – Life Passages and Review
- Trainer's Guide – Life Passages and Review
- Prayer Chaplain Manual – Support and Encouragement
- Trainer's Guide – Support
- SNEAK PEAK – Setting Up Your Program

- Prayer Chaplain Experience During & After COVID-19
- Supplemental Video Links
- Discussion Questions
- Namaskar!
- Face-to-Face Zoom Session

Technical Requirement Note: In order to be successful in this course, you will need the following:

1. Laptop or desktop to work on;
2. Windows 7 or Windows 10 Operating system;
3. Internet Explorer 11, Chrome, or Fire Fox Browsers;
4. MS Office 2007 or later;
5. Adobe Acrobat Reader or CutePDF;
6. For MAC you will need the Windows Office Suite;
7. Confidence using web-based applications;
8. Confidence downloading and saving documents from the education platform.

If you have any questions, please contact Light & Love Ministries at 602-843-8360 or contact us by email at Jroyce@lightandloveministries.org.