Don't forget to eat your vegetables

Immanuel Lutheran Lunch

February 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOM Feature - Tomato	***HOM Feature - Tomato***	***HOM Feature - Tomato***	***HOM Feature - Tomato***	***HOM Feature - Tomato***
3 ***SOUTHERN COMFORT*** Oven Fried Chicken or Mac n Chz Beans & Rice Green Beans Corn Bread Banana Pudding Cherry Tomatoes Salad Canned Peaches Fresh Apples	4 ***HOM Feature - Tomato*** Chicken Nuggets with Waffle Fries or Tater Tot Casserole Salad Carrots Peas Canned Mixed Fruit Fresh Oranges	5 ***HOM Feature - Tomato*** Mock Chicken Legs with French Fries or Maxx Stix/Marinara Buttered Corn Salad Broccoli Zucchini Canned Mandarins Fresh Bananas	6 ***HOM Feature - Tomato*** Chef Salad or Diced Chicken and Gravy with Mashed Potatoes Salad Red Pepper Cucumbers Canned Applesauce Fresh Grapes	7 ***HOM Feature - Tomato*** Cheese Pizza or Meat Lovers Pizza Fresh Fruit and Veggie Bar
10 ***HOM Feature - Tomato*** Pizza Bake with Bread Stick or Honey Mustard Ham Wrap Salad Carrots Peas Canned Peaches Fresh Apples	11 ***HOM Feature - Tomato*** Grilled Cheese with Tomato Soup or Chicken Nuggets with French Fries Salad Cucumbers Cherry Tomatoes Canned Mixed Fruit Fresh Oranges	12 ***HOM Feature - Tomato*** Popcorn Chicken Bowl or Turkey Deli Sandwich with Chips Salad Broccoli Radishes Canned Mandarins Fresh Bananas	13 ***HOM Feature - Tomato*** Meatball Sub Sandwich or Pretzel Pack Salad Red Pepper Jicama Canned Pears Fresh Kiwi	14 ***HOM Feature - Tomato*** NO SCHOOL
17 ***HOM Feature - Tomato*** NO SCHOOL	18 ***Harvest of the Month*** Chicken Gyro or Hamburger Curly Fries Salad MUSHROOMS Peas Canned Mixed Fruit BLOOD ORANGE	19 ***HOM Feature - Tomato*** Beef Ravioli in Meat Sauc or Turkey BLT Salad Garlic Bread Salad Broccoli Yellow Squash Canned Mandarins Fresh Bananas	20 ***HOM Feature - Tomato*** BBQ Rib Sandwich on a Hoagie Bun or Chicken Fajitas Salad Red Pepper Cucumbers Canned Sliced Apples Fresh Pears	21 ***HOM Feature - Tomato*** Cheesebread Pizza or Chesse and Pepperoni Bread Pizza Fresh Fruit and Veggie Bar
24 ***HOM Feature - Tomato*** Fish Stick Po' Boy or Chicken Tender Po' Boy Tater Tots Salad Carrots Peas Canned Peaches Fresh Apples	25 Chicken Ceasar Wrap or Salisbury Steak with Mashed Potatoes & Gravy Salad Cucumbers Cherry Tomatoes Canned Mixed Fruit Fresh Oranges	26 Chili with Cheese and Crackers or Spicy Chicken Patty Sandwich Salad Broccoli Radishes Canned Mandarins Fresh Bananas	27 Breakfast for Lunch or Mini Corn Dogs with Spiced Chili Beans Salad Red Pepper Jicama Canned Pears Fresh Fruit	28 Cheese Pizza or Pepperoni Pizza Fresh Fruit and Veggie Bar

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