

GEAR

Spring Sailing brings the coldest air and water temperatures. We want to make sure your child is safe and as warm as possible.

HELMETS

The Foundry introduced a new policy over the Winter Session which will require ALL Foundry Sailors to wear helmets while sailing as part of the Foundry. The Foundry has enough helmets onsite for sailors to borrow, but we highly recommend purchasing your own. Our prediction is that Junior Sailing as a whole will require helmet use, so we would like to be ahead of the trend and become comfortable sailing with helmets, so it becomes no big deal.

A bike helmet could work, but some sailing specific helmets can be found at:

<http://www.apsltd.com/zhik-h1-sailing-helmet.html>

SPRAY TOP

Drytop/dry pant combos are also a great option and can be used easily as separate pieces in different seasons:

<http://search.nrs.com/search?w=drypant>

- Gill Men's/Women's/Juniors PRO TOP
- Gill Thermoshield TOP (fleece lined, high collar)

SPRAY PANTS

- Gill OS3 Coastal Trousers OR Pro Salopettes
- Helly Hansen Crew Coastal Trouser 2

WETSUIT

- Gill Thermoskin Suit (full body)

DRYSUIT

Although it is a large financial investment, a drysuit will pay returns for many years keeping your sailor warm and safe when cold water sailing. There are some closeouts and sales to be found online. Here are some sites we recommend:

<http://search.nrs.com/search?w=drysuits>

<https://www.gillmarine.com/us/>

<https://kokatat.com>

- Gill PRO/Junior PRO drysuit (best value)
- GUL Crewsaver (lowest cost)
- Musto HPX (highest quality)

GLOVES

Hand warmth is key when sailing in cold water. There are many more options than sailing in dishwashing gloves:

<http://www.apsltd.com/sailing-clothing-apparel/sailing-gloves/winter-cold-weather-gloves.html>

- Gill Neoprene Winter Glove (thicker, less finger mobility)
- really nice Columbia/Patagonia glove liners + dishwashing gloves (thinner but better grip)

BOOTS

Sailing boots over drysuit booties, might need to size up, but if not wearing a drysuit, neoprene socks are recommended.

<http://www.apsltd.com/submerge-socks-waterproof.html>

- Gill Edge boots (NEED DRYsuit SOCKS IF USING WITH DRYsuit)
- Hightop Chuck Taylors/Nike Free running shoes (OK to use with Drysuit, but less insulation than booties – size up for winter)

LIFEJACKETS:

A lifejacket or PFD, is the most basic and necessary of required gear for our athletes. Again, the Foundry has lifejackets to borrow, but we highly recommend purchasing your own.

https://www.astraldesigns.com/?gclid=EAlaIqobChMt--OloC_2QIVEJN-Ch0FUQ6dEAAYASAAEgLnR_D_BwE

<http://www.apsltd.com/gill-uscg-approved-front-zip-pfd.html>