

DDBP Testing Visit



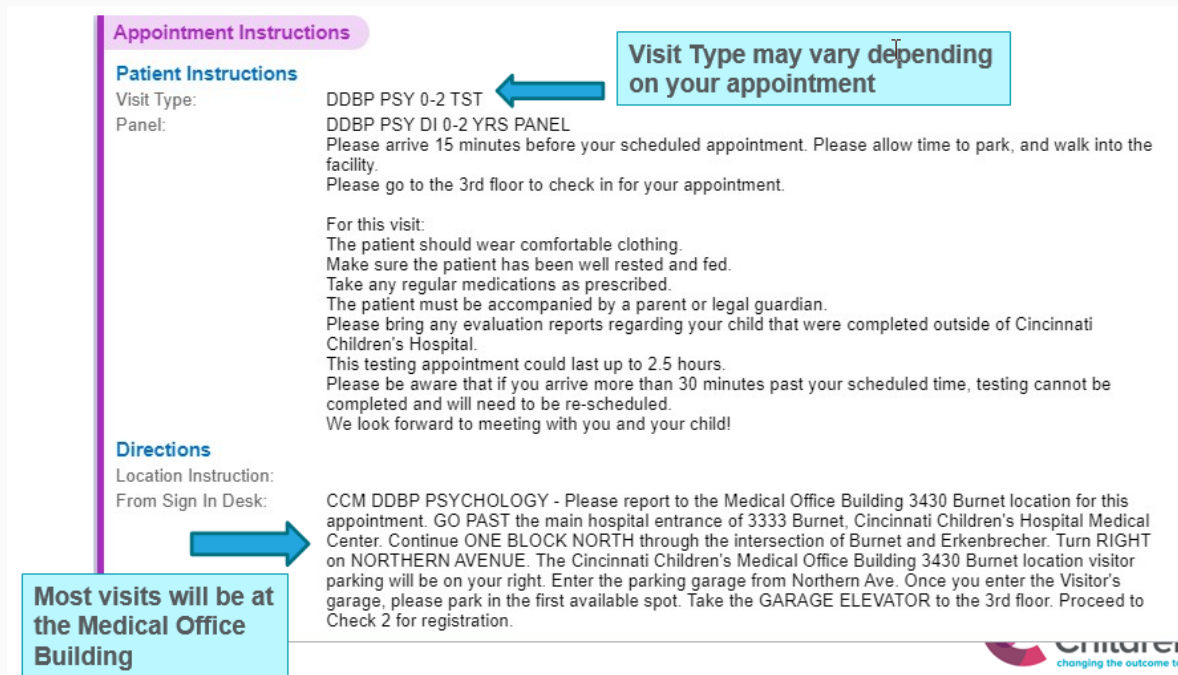
Welcome

Welcome to [Developmental and Behavioral Pediatrics \(DDBP\)](#) at Cincinnati Children's. This book will help you know what to expect at your child's first appointment.



Before Your Appointment

You will get helpful information about your visit in several ways. These may include appointment reminders mailed to your home, text messages and MyChart appointments. Please look for the location, date and time of the appointment on your reminder.



Appointment Instructions

Patient Instructions

Visit Type: DDBP PSY 0-2 TST

Panel: DDBP PSY DI 0-2 YRS PANEL

Please arrive 15 minutes before your scheduled appointment. Please allow time to park, and walk into the facility.
Please go to the 3rd floor to check in for your appointment.


For this visit:
The patient should wear comfortable clothing.
Make sure the patient has been well rested and fed.
Take any regular medications as prescribed.
The patient must be accompanied by a parent or legal guardian.
Please bring any evaluation reports regarding your child that were completed outside of Cincinnati Children's Hospital.
This testing appointment could last up to 2.5 hours.
Please be aware that if you arrive more than 30 minutes past your scheduled time, testing cannot be completed and will need to be re-scheduled.
We look forward to meeting with you and your child!

Directions

Location Instruction:
From Sign In Desk: CCM DDBP PSYCHOLOGY - Please report to the Medical Office Building 3430 Burnet location for this appointment. GO PAST the main hospital entrance of 3333 Burnet, Cincinnati Children's Hospital Medical Center. Continue ONE BLOCK NORTH through the intersection of Burnet and Erkenbrecher. Turn RIGHT on NORTHERN AVENUE. The Cincinnati Children's Medical Office Building 3430 Burnet location visitor parking will be on your right. Enter the parking garage from Northern Ave. Once you enter the Visitor's garage, please park in the first available spot. Take the GARAGE ELEVATOR to the 3rd floor. Proceed to Check 2 for registration.

Visit Type may vary depending on your appointment

Most visits will be at the Medical Office Building

 **Children's**
changing the outcome for



Packing For Your Appointment

If you are coming for an autism or developmental evaluation, plan to be with us for several hours. We recommended bringing:

- Your child's favorite toys, activities or snacks
- Diapers, change of clothes for young children
- Your child's insurance card
- Your debit or credit card for any insurance co-pays
- Another adult (to help with keeping the child busy while the provider speaks to the caregiver, or an extra set of ears to hear the information)

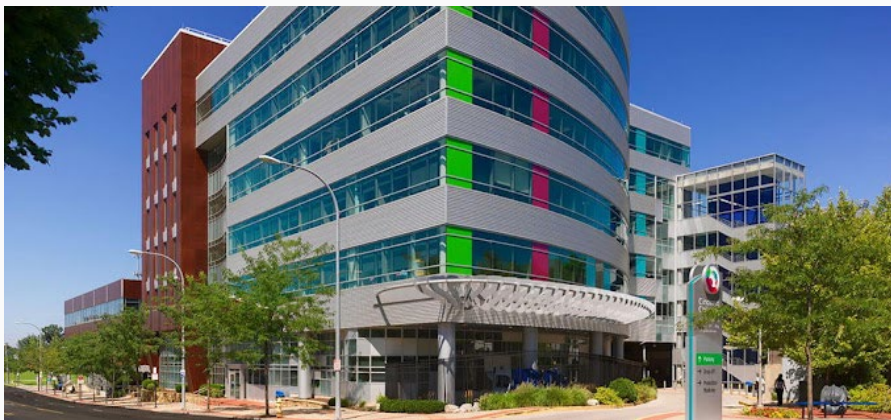
Some visits with only one provider, like a developmental-behavioral pediatrician, nurse practitioner or therapists may be an hour or less. Evaluations for autism or developmental disorders will last multiple hours. You and your child will likely be seen by many providers.



Appointment Location

Your child's appointment will likely be scheduled at **3430 Burnet Avenue**. This building is across the street from the Ronald McDonald House on Burnet Avenue.

DDBP appointments may also be scheduled at other locations. Please check your appointment instructions closely.



Additional Locations



Anderson



Eastgate



Liberty



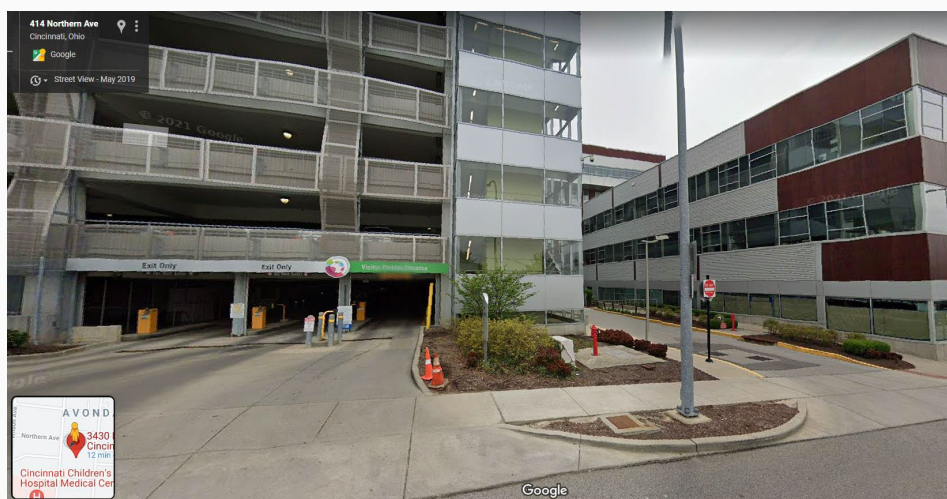
Mason

For additional help with parking and check-in at neighborhood locations, please review your appointment instructions.

Parking at 3430 Burnet Avenue

Please park in visitor parking. The entrance is off of Northern Avenue. There are two entrances, a staff and a visitor entrance. The visitor parking is closest to Burnet Avenue.

You may park on any floor. Your appointment will be on the third floor.



Parking

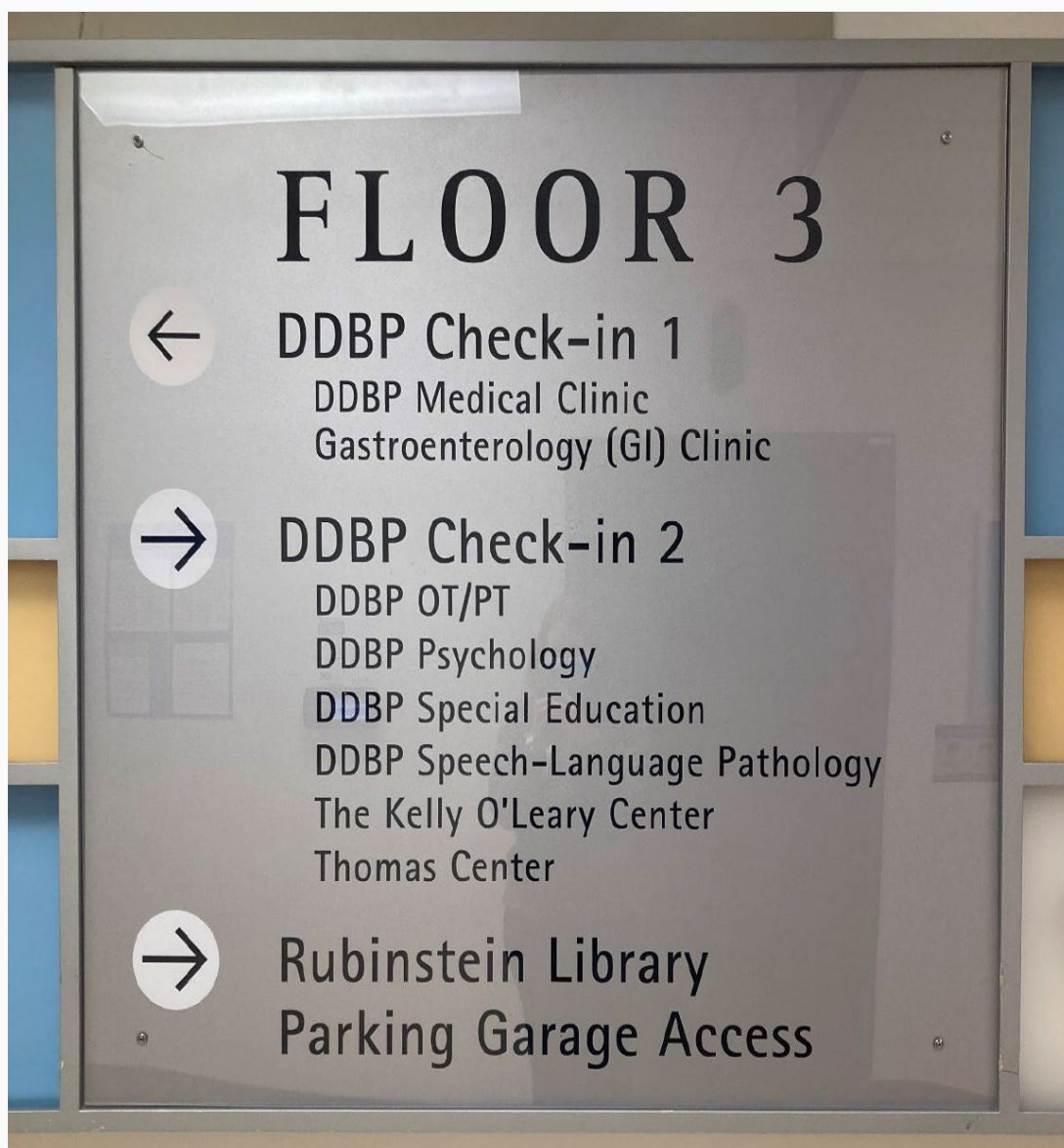
Park on the second or third floor, enter the building and take the inside elevators up to the third floor. Avoid the garage elevator.

If you are dropped off at ground level go into the building, turn right, take the elevator to floor 3.



Checking In

On the third floor, there are two check-ins: Check-In 1 and Check-In 2. The Check-In location that you should go to is listed in your appointment instructions.



Check-In 1

Check-In 1 is located across from the elevators. If you are seeing a developmental-behavioral pediatrician or nurse practitioner, you will likely go to Check-In 1.



Check-In 2

Check-In 2 is located down the hall, past the library, across from the bathrooms. If you are seeing a psychologist or speech-language pathologist, you will likely go to Check-In 2.



Checking In – Last Step

Once you enter the check-in room, go to the kiosk or desk to check in. After you check in, you will likely get paperwork to give to your provider. Your provider or a member of their team will meet you in the waiting room to take you back to your appointment.



Clinic Appointment

Your appointment could include different parts and providers, depending on the type of appointment. If you would like to learn more information about your provider(s), you can visit CincinnatiChildrens.org, DDBP under “[Meet the Team](#)”. Below are a few common appointment types and the activities you will complete in each visit:

Psychology Evaluation	Speech-Language Evaluation	Developmental-Behavioral Pediatrician or Nurse Practitioner Visit
<ul style="list-style-type: none">• Caregiver interview• Testing activities with your child• Caregiver completes rating forms	<ul style="list-style-type: none">• Caregiver interview• Testing activities with your child• Caregiver completes rating forms	<ul style="list-style-type: none">• Caregiver interview• Medical exam• Developmental Interview



Caregiver Interview

During the caregiver interview, the provider will ask questions to get background information about your child. It may be helpful to bring notes about your concerns to help you remember what you want to share with the provider during the visit.



Testing Activities with Your Child

- The provider may complete different evaluation measures with your child including:
 - developmental testing
 - cognitive testing
 - language testing
 - activities to evaluate for autism spectrum disorder
- This may include activities such as your child playing with toys, looking at pictures, or answering questions with the provider.



Caregiver Rating Forms

As the caregiver, you will be asked to fill out several forms to give more information about your child's day-to-day skills, communication skills, and social-emotional/behavioral skills. Your provider may also send similar rating forms home with you for your child's teacher to complete that they can send back to the provider.

CHILD BEHAVIOR CHECKLIST FOR AGES 1½-5

Please print. CHILD'S FULL NAME: _____ CHILD'S GENDER: Boy Girl CHILD'S AGE: _____ CHILD'S ETHNIC GROUP OR RACE: _____ TODAY'S DATE: _____ CHILD'S BIRTH DATE: _____

PARENTS' USUAL TYPE OF WORK: _____ FATHER'S TYPE OF WORK: _____ MOTHER'S TYPE OF WORK: _____

THIS FORM FILLED OUT BY: (print your full name) _____

Your relationship to child: Mother Father Other (specify): _____

Please fill out this form to reflect your view of the child's behavior even if other people might not agree. Read instructions and additional comments beside each item and in the space provided on page 2. Do a score to answer all items.

Below is a list of items that describe children. For each item that describes the child now or within the past 2 months, please circle the 2 if the item is very true or often true of the child. Circle the 1 if the item is somewhat or sometimes true of the child. If the item is not true of the child, circle the 0. Please answer all items as well as you can, even if some do not seem to apply to the child.

0 = Not True (as far as you know) 1 = Somewhat or Sometimes True 2 = Very True or Often True

0 1 2 1. Aches or pains (without medical cause); do not include stomach or headaches)	0 1 2 30. Excessively jealous
0 1 2 2. Acts too young for age	0 1 2 31. Eats or drinks things that are not food—don't include sweets (describe): _____
0 1 2 3. Afraid to try new things	0 1 2 32. Fears certain animals, situations, or places (describe): _____
0 1 2 4. Avoids looking others in the eyes	0 1 2 33. Feelings are easily hurt
0 1 2 5. Can't concentrate; can't pay attention for long	0 1 2 34. Gets hurt a lot accidentally
0 1 2 6. Can't sit still, restless, or hyperactive	0 1 2 35. Gets in many fights
0 1 2 7. Can't stand having things out of place	0 1 2 36. Gets into everything
0 1 2 8. Can't stand having things on him/her	0 1 2 37. Gets too upset when separated from parents
0 1 2 9. Chews on things that aren't edible	0 1 2 38. Has trouble getting to sleep
0 1 2 10. Clings to adults or too dependent on other children	0 1 2 39. Headaches (without medical cause)
0 1 2 11. Constantly seeks help	0 1 2 40. Hiccups
0 1 2 12. Convinced; doesn't move toward (what not to do)	0 1 2 41. Holds his/her breath
0 1 2 13. Cries a lot	0 1 2 42. Hurts animals or people without meaning to
0 1 2 14. Cried in anger	0 1 2 43. Looks unhappy without good reason
0 1 2 15. Defiant	0 1 2 44. Angry moods
0 1 2 16. Demands must be met immediately	0 1 2 45. Nausea, belly kick (without medical cause)
0 1 2 17. Destroys his/her own things	0 1 2 46. Nervous nervousness or sweating (describe): _____
0 1 2 18. Destroys things belonging to his/her family or other children	0 1 2 47. Nervous, frightened, or tense
0 1 2 19. Doodles or loses objects (when not sick)	0 1 2 48. Nightmares
0 1 2 20. Disobedient	0 1 2 49. Overeating
0 1 2 21. Disturbed by any change in routine	0 1 2 50. Overstressed
0 1 2 22. Doesn't want to sleep alone	0 1 2 51. Shows panic for no good reason
0 1 2 23. Doesn't answer when people talk to him/her	0 1 2 52. Painful bowel movements (without medical cause)
0 1 2 24. Doesn't eat well (describe): _____	0 1 2 53. Physically attacks people
0 1 2 25. Doesn't get along with other children	0 1 2 54. Picks nose, skin, or other parts of body (describe): _____
0 1 2 26. Doesn't know how to have fun; acts like a little adult	
0 1 2 27. Doesn't seem to feel guilty after misbehaving	
0 1 2 28. Doesn't want to go out of home	
0 1 2 29. Easily frustrated	

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Vineland-3
Vineland Adaptive Behavior Scales™—Third Edition

Domain-Level Parent/Caregiver Form

Separate the outside pages (pages 1-2 and 15-16 containing the Scoring Criteria) from the rest of the booklet by gently pulling them off at the staples.

PEARSON PsychCorp

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Testing Activities with Your Child

- Depending on the nature of your appointment and your child's age, you may complete caregiver rating forms in the clinic room OR in the waiting room while your child participates in testing activities.
- These forms will help providers understand your child's skills compared to other children their age.



Physical Exam

If you see a developmental-behavioral pediatrician or nurse practitioner, they may complete a physical exam with your child including vitals and weight. If your child has a hard time being touched by others, we have support available for your family. Our child life team will help make this easier.



At the End of Your Appointment

Once your appointment is complete, your provider will talk to you about next steps. This may include upcoming appointments or any referrals. You will get an After Visit Summary (AVS) which includes your child's care plan and/or any upcoming appointments. You may also view your AVS on MyChart under the "Appointments, Visits, Admissions" section.



Contact your care team by calling the general DDBP phone line at (513) 636-4611, email us at DDBPFamilySupport@cchmc.org, or use [MyChart](#).

The Family Resources Page is available by using this QR code:

