




Family & Caregiver Peer Support Group

A FREE, virtual group for Ohio families and caregivers who have children and youth with special health care needs.

Join Ohio Family to Family to ask questions, get support, give support, and be encouraged by peers in a safe environment. Each session is open-ended. Topics are flexible.

3rd Wednesday each month
Noon - 1 pm via Zoom

Please Register

August 19, 2026
Back to School Reset

September 16, 2026
Caring for Ourselves While We Care for Others

October 21, 2026
Harvesting Solutions Together: Problem-solving Session

November 18, 2026
Less Stress, More Thanks: Holiday Prep Session

December 16, 2026
Reflect and Renew: Closing the Year Together

Questions? Contact: OhioF2F@cchmc.org

UCCEDD
University of Cincinnati Center for Excellence in Developmental Disabilities

Cincinnati Children's
changing the outcome together

University of CINCINNATI

OHIO Family to Family

OHIO P2P
Ohio Parent to Parent Statewide Mentoring & Support Program