Division of Developmental & Behavioral Pediatrics (DDBP)

Family Advisory Council (FAC) Tips "(FAC)ts Every Family Needs To Know"

***Please report errors or problems with links to: DDBPFamilySupport@cchmc.org

Connect with DDBP

Resources, education, and sensory-friendly family activities posted on a routine basis.

Website Event Calendar: https://cincinnatichildrens.org/ddbp
Email Newsletter (1st and 3rd Monday/Month)sign-up https://bit.ly/DDBPNews
Dropbox (Free App Available): https://bit.ly/DDBPflyers
Facebook: https://facebook.com/DDBPatCC
Instagram: https://instagram.com/cincykidsddbp
Linktree: https://linktr.ee/ddbpatcc
Check-Ins 1 and 2 on Third Floor: Posted Flyers



Sharing HOPE Booklet

The "Sharing HOPE" booklet was created by the DDBP Family Advisory Council in 2017.Many patients and caregivers shared their stories for inspiration and encouragement.
https://files.constantcontact.com/d8026fa7801/64b0895f-e10c-4ec6-a3c2-920349feca21.pdf

DDBP YouTube Channel and

https://www.youtube.com/playlist?list=PLi-7CrjHWbqj3sFzFZ1OJQ7glE0LB9KNh

DDBP Caregiver Education Program

https://sites.google.com/view/ddbpcaregiverclasses/home

Social Work Living Resource Documents

Safety resources, recreation, summer camps, community providers (ABA, behavioral and allied health) and more.
https://sites.google.com/view/ddbpsocialworkresourceguide/home

Managing Your Child's Appointments and Medical Records

DDBP Scheduling Center

513-636-4611 or 1-800-344-2462 ext. 4611

Cincinnati Children's MyChart

MyChart is an online tool and phone app that allows patients and families to view portions of their Cincinnati Children's medical record, schedule some appointments, upcoming appointment reminders, request prescription refills, and communicate with care providers, access test results, pay medical bills and more.

Help signing up or using MyChart: 513-636-5019 or 1-877-508-7607 and mychart@cchmc.org
https://www.cincinnatichildrens.org/patient-resources/mychart
MyChart Online Access: https://mychart.cincinnatichildrens.org/mychart/Authentication/Login?
MyChart app is available in the App Store and Google Play™.

Therapy Options and Research Participation

Therapy can be for an individual or a group. Psychology, OTPT, and speech may offer group therapies. Content and qualifications vary and a referral is needed.

DDBP research studies vary. Most studies are shared in the DDBP email newsletter and through our social media channels. Check-ins 1 and 2 (3rd Floor) have a research board on the wall with tear-off flyers.

The DDBP Family Advisory Council has created a list of available group therapies (may change at any time). We encourage you to speak with any DDBP provider about potential group therapy options and research participation. Partner for progress and revisit the topics as needed.

Special Services: No Referral Needed

Behavior Consult Service by Neurodevelopmental & Behavioral Psychology Division of Behavioral Medicine and Clinical Psychology (BMCP)

513-803-1600

New and existing patients can schedule a 45-minute virtual consult appointment with the next available NDBP Psychologist to discuss specific behavioral interventions for one targeted behavior. Insurance pre-authorization may not be availbale. Ind and Ky medicaid NOT accepted. This consult is NOT for crisis management and should not be used when there are concerns for safety.

Psychiatric Intake Response Center

513-636-4124

Please call this number for guidance if your child is in crisis or there are concerns for safety.

OTPT be.well

OTPT.be.well@cchmc.org

Be.well is a community-based wellness activity program for children with chronic or complex medical needs guided by therapists, administered by local community partners, and supported by philanthropic agencies. Sign up for their email newsletter and monitor our DDBP connection options for announcements: **https://confirmsubscription.com/h/r/B9B855335D64D7562540EF23F30FEDED**

DDBP Family Resources and Supports

DDBP Family Support Professionals and Family Navigators

513-636-2158 or DDBPFamilySupport@cchmc.org

Family Support Professionals are family members who also have a child with a disability and provide family-to-family support and guidance. They can answer questions and find resources related to healthcare, education, community living, recreational activities and more. Family Navigators are family members of a child with a disability. The Family Navigator's role is to encourage families to learn to be proactive versus reactive along with supporting families in discovering their "next steps" in meeting their child's healthcare needs.

DDBP Social Work Team

513-803-7949 or DDBP_social_work@cchmc.org

Our social work team can provide or connect your family with resources regarding emergency needs (clothing, food, shelter, and transportation), education (individual education plans – IEP, 504), treatment, support, and counselings ervices including crisis intervention.

DDBP Child Life Specialists, Adaptive Care Team and Behavior Support Team

Child Life Specialists: 513-636-8364
Adaptive Care Team: 513-803-2327 or adaptivecareteam@cchmc.org
Child Life Specialists help make the clinical experience easier and less stressful for patients and families. They are professionally trained with degrees in child development or related fields and provide a range of services for children and families. Child Life helps optimize the patient's coping through preparation, play, and procedure support. The **Adaptive Care Team (ACT)** is a team of child life specialists specifically serving the unique needs of patients with developmental disabilities and/or behavioral disorders at Base, DDBP, and Liberty campus. ACT can work with eligible families to create individualized coping plans.
https://www.cincinnatichildrens.org/patient-resources/child-life

DDBP Outreach and Caregiver Education

513-636-2158 or DDBPFamilySupport@cchmc.org

Topics include positive behavior supports and interventions, managing anxiety, toilet training, executive functioning, and more.
https://www.cincinnatichildrens.org/service/d/developmental-behavioral/patients/outreach

Jack H. Rubinstein Library

513-636-4626 or matthew.cooper@cchmc.org

The Rubinstein Library is the place for patients and families to turn for extensive health-related information on developmental and behavioral issues and related children's health conditions. We are a free service open to the community. The library is on the 3rd floor. Hours vary daily.
https://www.cincinnatichildrens.org/service/d/developmental-behavioral/patients/rubinstein-library

University Center for Excellence in Developmental Disabilities Education, Research, and Service (UCCEDD) & Leadership Education Neurodevelopmental Disabilities (LEND)

The **UCCEDD** facilitates and leads several family support activities, workshops, and training on many important topics.
The **LEND** Program is a training program with an overall mission of improving the health of infants, children, and adolescents with, or at risk for, neurodevelopmental and related disabilities. A family member can participate as a family trainee, parent mentor, or guest speaker. **https://www.ucucedd.org**

Ohio Family to Family (F2F) & Ohio Parent to Parent (P2P)

OH Family to Family: 844-644-6323 or ohiof2f@cchmc.org
OH Parent to Parent: 513-636-1245 or ohiop2P@cchmc.org
Family-to-Family Health Information Centers (F2F) are family-staffed organizations that assist families of children and youth with special health care needs and the professionals who serve them. They provide support, information, resources, and training around health issues. **Ohio Parent to Parent (Ohio P2P)** matches parents and caregivers with a family member, of any age, with a disability or special health care need, with an experienced, trained, volunteer support parent. The support parent provides support on needs and issues related to parenting and providing care to a loved one with a disability or special healthcare need.
https://www.ucucedd.org/ohio-f2f-p2p/

Cincinnati Children's Hospital Family Resources and Supports

Cincinnati Children's Financial Advocates

513-636-4427 ext 2 or **ffa@cchmc.org**

Financial Assistance at Cincinnati Children's helps both uninsured and insured families. They will help you create an individualized plan of action.

https://www.cincinnatichildrens.org/patient-resources/billing/financial-assistance

Cincinnati Children's Family Resource Center: Burnet, Liberty, and College Hill

513-636-5009 or concierge@cchmc.org

The Family Resource Center is a place to relax and get assistance with many non-clinical amenities and supports whether your child is an inpatient or outpatient.

https://www.cincinnatichildrens.org/patient-resources/family-resource-center

Cincinnati Children's Hospital Sibling Support Options

Sibshops are 3-4 per year and managed by the Perlman Center. Sibling Symposium is once per year. Additional resources are listed on the page.

https://www.cincinnatichildrens.org/patients/child/special-needs/family-support/sibling

Cincinnati Children's App

The Cincinnati Children's app can make your visits to Cincinnati Children's Burnet, Liberty and College Hill campuses as easy as possible. The Cincinnati Children's app gives you access to real-time updates about your patient's surgery status, a parking spot reminder, directions, Urgent Care wait times/scheduling, cafeteria and room service info, and more. You can download the Cincinnati Children's app from the App Store or on Google Play™. Search for "Cincinnati Children's." The app is available in English, Spanish and Arabic.

https://www.cincinnatichildrens.org/patient-resources/app

Cincinnati Children's CincyKids Health Connect

Virtual urgent care is here for you. You can access care 24/7 with video visits from your smartphone or computer. It's a great option for those times when your doctor isn't available, and you need a quick answer. You don't need an appointment. You just need to be in Ohio, Kentucky, or Indiana at the time of service. Virtual urgent care visits have a short wait time. There is a small fee for the service.

https://www.cincinnatichildrens.org/locations/cincykids-health-connect

Cincinnati Children's Behavior Safety Team (Inpatient): Burnet and Liberty

The Behavior Safety Team is a 24/7 consultation service with the mission of helping patients with behavioral risk access the medical care they need while keeping patients, families and staff safe. We work with any patient, regardless of diagnosis, who needs behavior support to access care and to prevent trauma during invasive care. We collaborate with Child Life and the Adaptive Care Team as well as all of our staff and typically support patients with significant behavioral risk. **Important Note:** Being in the hospital can be stressful! If your child may struggle with behavior or coping during the hospitalization, please let your nurse and admitting physician know what your concerns are and how they might struggle. They will help identify the appropriate resources to assist during your stay, such as Child Life, the Behavior Safety Team, Psychiatry or Behavior Medicine Psychologists.

Urgent Care

Save Your Spot wait up to 12 hours in advance online or by using the Cincinnati Children's app. Urgent Care is available at multiple locations.

https://www.cincinnatichildrens.org/locations/urgent-care

Cincinnati Children's Patient Advocates

513-636-4700 or **advocates@cchmc.org**

Patient Advocates are a link between you and the hospital staff. If you have a concern or compliment related to your experience at Cincinnati Children's, a Patient Advocate can help.

https://www.cincinnatichildrens.org/patient-resources/patient-advocates

Cincinnati Children's Ongoing Support Resources

Ongoing Support Resources connect you to local, state, national and international websites - no matter where you or your child are in your care journey.These resources identify and provide access to information, services and supports for patients and families, including children and youth with special health care needs (CYSHCN).

https://www.cincinnatichildrens.org/patients/child/special-needs

Cincinnati Children's Comprehensive Children's Injury Center

513-803-RIDE or carseats@cchmc.org

They have trained and certified staff who can help you determine the best device or way for your child to ride safely and securely in a car. No referral needed.

https://www.cincinnatichildrens.org/service/c/ccic

Cincinnati Children's Blog

The Cincinnati Children's blog features thoughts and perspectives from our experts on all things pediatric health. This blog does not provide medical advice, diagnosis, or treatment. You can visit the website for blog posts or subscribe to their email.

https://blog.cincinnatichildrens.org/

Cincinnati Children's Kids Health Uncomplicated

Join us for lively conversations about current health topics and issues that affect children today. This podcast is for informational and educational purposes only. Listen wherever you get your podcasts or watch the full episode on the Cincinnati Children's YouTube page.

https://www.youtube.com/user/CincinnatiChildrens

Cincinnati Children's Family Newsletter

Sharing expert tips and useful child health insights to your email inbox each month. We promise information you can use in the areas of tips and strategies to approach everyday parenting challenges, healthy habits and nutrition for babies and kids of all ages, child and teen mental health and wellbeing, stories of remarkable kids and their courage, and more from trusted Cincinnati Children's physicians and specialists.

https://www.cincinnatichildrens.org/contact/subscribe/subscribe-parent?fbclid=IwY2xjawFFNzVleHRuA2FlbQIxMAABHSbg2lQ5sxgKyCpMjDicxtqna6nKSO18V8TJjJTPyy0kDLg4lsoIeHhe6g_aem_rd-XFOUk-wdsM9X1sj_8kQ

Cincinnati Children's Division of Disability Services Vocational/Educational Planning

The purpose of our services is to work with patients (ages 16 and older) with intellectual disabilities, chronic conditions, traumatic injuries, rehabilitation issues, or other disabilities to generate a plan that addresses their vocational, educational, training, and employment goals. Program is individualized. Referral is required. **Please speak with your DDBP provider.**

Patient and Family Engagement Community

Cincinnati Children's Hospital

Here at Cincinnati Children's, our relationships with patients and their families aren't limited to the exam room or operating room. Just as you count on our team for pediatric medical care, we rely on you to stay connected and get involved—even if you or your child no longer needs treatment. Your partnership (and your voice) helps us provide the best care possible to as many families as possible.For example, you or your child can support Cincinnati Children's by:

- Serving on committees that seek feedback about our services. This helps us make improvements that ensure anyone who turns to us for care has a positive experience.
- Helping raise awareness of our services by sharing your child's story with families who may need the same type of care and with community members looking to support Cincinnati Children's.
- Joining a panel of caregivers and family members invited to speak about specific topics at medical meetings or conferences.

No matter where you live or how busy your family's schedule, there are ways to get involved with Cincinnati Children's. You can help with a single, one-time event or serve on a committee that meets monthly. You can volunteer in person or participate in certain activities remotely through videoconferencing technology. Our partnership opportunities fall into four main categories: Patient and Family Advisory Councils, The Champions Program, Research Participant Advisory Group, and Other One-Time or Ongoing Opportunities.

Learn more about specific opportunities on our web page and then, let us know how you'd like to get involved by filling out and submitting our electronic interest form (middle of page).

https://www.cincinnatichildrens.org/patient-resources/family-partner

Division of Developmental and Behavioral Pediatrics Family Advisory Council (FAC)

Our council was established in 2015 to enhance the partnership between the developmental and behavioral pediatrics team and the families it serves. The council brings family advisors together with division professionals to:

- Promote collaboration between clinicians and families
- Strengthen family-centered policies
- Increase awareness of services among families and community members
- Share information, needs, and concerns with administration and staff
- Provide input on policies affecting families

Learn more about our council at:
https://www.cincinnatichildrens.org/service/d/developmental-behavioral/patient-resources/family-advisory-council

Questions: DDBPFamilySupport@cchmc.org

