

EmpowerMind Workshop

Optimize performance, activate learning strengths, and improve memory retention

EmpowerMind helps maximize individual performance by discovering how each participant uniquely learns and performs best from a mind, body, spirit perspective. Unlike a leadership or time management workshop, EmpowerMind is more specialized and unique to each participant. EmpowerMind doesn't just teach and educate, but rather participants actually *experience* their personal success, outdoing any of their past performances, *in* the actual workshop.

TUESDAY, JULY 9
10:00- 11:30 AM

Lakes Area Chamber of Commerce
305 N. Pontiac Trail, Ste. A
Walled Lake 48390

Free to LACC Members
Light Refreshments / Reservations Required

The results of the workshop are:

- Increasing memory retention
- Reducing stress
- Greater confidence by learning HOW you learn
- Reinforce capability and accountability
- Polish overall communication skills—learning how to meet others where they are
- Decrease limiting belief systems

Sign Me Up!

Business: _____

Name: _____

Email: _____

Phone: _____

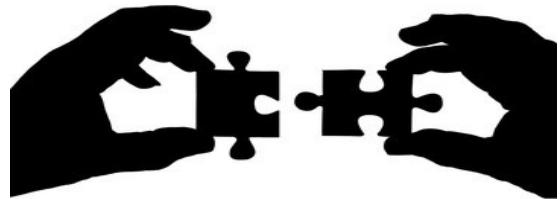
Lakes Area Chamber of Commerce

Phone: 248.624.2826 / Fax: 248.684.2892

Email: info@lakesareachamber.com

Register Online at:

<https://lakesareachamber.com/events/event-registration-form/>



Kimberly's system transcends the work environment and has been successfully applied in participants' personal lives. Our team members share how EmpowerMind has enabled them to learn very complex processes within a short period of time. Participants walk away with tools they can apply immediately thereby boosting their confidence levels and increasing morale. Many participants rank her workshop #1 compared to all the workshops they have attended throughout their careers. I highly recommend Kimberly, as Continental will be offering EmpowerMind workshops on a national scale.

**Ed Grabowski, Senior HR Specialist
Continental Automotive Systems**



EmpowerMind

Kimberly Kassner-Earley

Learn More, Less Time, Long Term