

April 9, ROUND 1

9:30-10:45am

Demonstration #1 (9:30am-10:00am) (engaging youth, engaging staff)
Indiana University - Purdue University Indianapolis (IUPUI)

CYC Competency: Professionalism

Description: IUPUI has multiple opportunities for programs serving K-12 students. This session will highlight Indiana Kids, a 6th-12th grade online tutoring/mentoring/college & careers program, ideal for secondary afterschool programs. Come hear about professional development supports by the Office of Family, School, and Neighborhood Engagement for learning and youth development through family, school, and community partnerships.

Demonstration #2 (10:15am-10:45am) (engaging youth)
ICRF - Build Your Future

Grade Level(s): 6-12

CYC Competency: Developmental Practice Methods

Description: Plan it, build it, finish it. Students need opportunities to plan for their future and afterschool settings are just the place to do it. Demand is needed for students who have skills in various trades. 80% of trade skilled jobs only require less than one year of post-secondary schooling. Come learn about an alternative career path that might ignite your students' passions.

Spin the Wheel Game Show: Featuring OST Organizational Management Stars (engaging staff)

Facilitator: Ben Johnson, Carmel Clay Parks & Recreation
Sherri Silcox, Michigan City Area Schools, Safe Harbor
Derek McKillop, Evansville Vanderburg School Corporation
Tony Stidham, Crothersville Community Schools
Michelle Watts, Austin Community Learning Center
Irene Szakonyi, The Starke County Youth Club, Inc.

CYC Competency: Professionalism

Description: Do you need ideas to motivate your team? To budget smarter? To balance work and personal life? This fun and interactive Talk Show session will give you the chance to generate the questions that the Game Show Stars will be answering. Come ready to laugh and learn!

Step Right Up: Circus Arts Comes to Afterschool! (engaging youth)
Ann Dorwin, RINGS Circus Education

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Jump on the bandwagon! This spectacular session offers afterschool and summer program professionals the opportunity to learn and instruct circus skills in a hands-on workshop. You'll learn a variety of basic circus skills, including juggling, balancing, plate spinning, devilsticks, diabolos, and stilt walking, along with teaching methods and tips. We'll also discuss the exciting brain science of circus skills and their applications in addressing physical and cognitive development in K-12 students. Circus skills are undeniably fun and the holistic aims of circus education are global: to teach and support crucial life skills in perseverance, responsibility, organization, communication, teamwork, confidence and courage; to encourage creative practice and process. So come one, come all and join the circus!

Engaging the Faith Community ([engaging staff](#))

Sarah Deans Adams, Cornerstone Youth Center

CYC Competency: Professionalism

Description: Volunteers are a priceless resource for any afterschool program or organization! Faith based organizations and houses of worship are seeking opportunities to engage with others that are outside of the faith community. Come find out how to recruit, support, and sustain volunteers from your local faith community while still being able to stay within the guidelines of church and state separation. Learn practical ideas, tactics and strategies for building a strong and diverse volunteer group for your organization or program.

OST Grant Management Tracking Systems ([engaging staff](#))

Herb Higgin, Higgin and Associates Consultants

Al Walus, Christopher Burke and Associates

Jonathan Jones, City of South Bend Venues Parks & Arts

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: The ability to track effective outcomes that tell your program's stories is very important as we fine tune the needs of our youth and our communities. This workshop will show you how to use our tracking software to track your progress, gains, challenges and also show methods of collecting the program stories that you want others to know about. We believe this is what the OST field has been waiting for!!!

Free Take-Home Financial Fitness Tech for Your Program ([\\$, engaging youth](#))

Kelly Griese, The Indiana Secretary of State

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Who doesn't love FREE stuff? It's especially helpful when trying to educate kids about saving money. In this session, you'll learn about how to incorporate free financial fitness tech into your programming. From creating animated cartoons online to making your own escape room, there's no shortage of take-home goodies

and ideas for attendees of this session. We'll even visit Hogwarts to hang out with some magical creatures!

The Five Elements of Student Engagement (engaging youth)

Connie Minich, F.O.R.T.E. Services

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: Curiosity, Interest, Optimism, Passion, Attention... do these words describe students in your program? Come explore these five elements of student engagement, as well as other strategies that you can utilize to increase student engagement and student retention, in your afterschool program.

High Yield Literacy Learning Activities (engaging youth)

Lee Ann Powell, Boys & Girls Clubs of Wayne County

Grade Level(s): K-8

CYC Competency: Developmental Practice Methods

Description: Come learn innovative and creative ways to involve K-8 kids in literacy learning. This session will provide participants with the knowledge to lead youth in engaging high-yield learning activities that will help to improve their language arts skills utilizing everyday items and common classroom supplies. Participants will be up, moving, and engaging in activities, as well as receive a game guide to take back to their afterschool program.

Emotional Intelligence as a Key to Leadership (Focus on U)

Erika Petrelli, The Leadership Program

CYC Competency: Professionalism

Description: We spend a lot of time training on the "hard" leadership skills... but are we paying attention to the impact of emotional intelligence on our leadership? Growing studies show that perhaps above all else, our emotional intelligence determines our effectiveness as leaders. Come learn what emotional intelligence is all about and how it has a direct impact on your leadership and your organizational effectiveness.

Creative Drama Activities to Engage Youth (engaging youth)

Andrea Lott Haney, The Sapphire Theatre Company

Bonnie Mill, The Sapphire Theatre Company

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Drama is a process-centered technique designed to get kids moving and participating while encouraging teamwork and discouraging exclusion and status disputes. This workshop provides the tools to facilitate drama and theatre games for youth of all ages in any size group with basic techniques and rules of applied improvisational theatre. Participants will leave with the skills and instructions to lead improvisational drama games for all ages.

Communicate and Lead like Hogwarts Headmasters (engaging staff, Youth, Focus on U)

Aimee Scott, John Boner Neighborhood Centers
Sarah Daniel, John Boner Neighborhood Centers

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: Allow the sorting hat to work its magic and sort you into your Hogwarts House! Join your house proudly and learn why you were chosen and what that means for you as a headmaster (leader). We will also explore how to work with and lead wizards in not just your house, but others. This workshop is not just for Harry Potter fans! It is for anyone looking to increase their ability to lead and communicate. We will focus on various personality traits and communication styles and explore best practices for all communicators. This workshop will include ideas for how to use lessons and themes from Harry Potter and the wizards of Hogwarts to increase communication and learning at your program and among your team.

The Value of Art (engaging youth)

Michelle Winkelman, Indianapolis Art Center

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: In addition to learning practical tips for implementing arts programming in afterschool, let's make adults aware of the benefits of a well-rounded art education. Everyone knows that making art is lots of fun for kids, but many people struggle to articulate why it's important. We will explore both the inherent and instrumental value of art education for youth and share the real impact of the arts in our communities and lives. The Indianapolis Art Center has been a local leader in out-of-school-time visual arts programs for decades. Learn the best practices of our award-winning programs and creatively explore how to make art education flourish in your afterschool program.

April 9, ROUND 2 **11:15am-12:30pm**

Demonstration #1 (11:15am-11:45am) (engaging staff, Focus on You)
IN Academy-Cypherworx, Inc.

CYC Competency: Developmental Practice Methods

Description: Are you looking for affordable professional development opportunities? The IN Academy for Out-of-School Learning includes 38+ interactive courses specifically for out-of-school youth workers. Plus, 5-10 NEW modules will be added this year! Come see how individuals and programs can fulfill requirements and improve quality in the most efficient way.

AWESOME TIP: You can use these modules to help with CYC Certification and CCDF requirements.

Demonstration #2 (12:00pm-12:30pm) [\(engaging youth\)](#)

ThinkStretch

CYC Competency: Developmental Practice Methods

Description: All young people are at risk of having learning setbacks of up to 1.5 to 3 months in math and reading over the summer, but our under-resourced children experience the greatest loss. Research shows that this is where the achievement gap starts and grows every year. Come hear about the latest research on summer learning loss and strategies that can easily be integrated into your summer programs.

Panel: Diversify Your Dollars - How Can State Funding Help? [\(engaging community\)](#)

Participants:

Facilitator: Dan Diehl, Diehl Consulting

Cole Dietrich, Indiana Department of Education, 21st Century Community Learning Centers

Christy Berger, Indiana Department of Education, Title IV

Marc McAleavey, Serve Indiana

Laura Sullivan, Office of Early Childhood and Out of School Learning

CYC Competency: Professionalism

Description: The price of running high quality, out-of-school-time programs is more challenging each year. Finding dollars that can stretch for operations, student services, programming and long-term sustainability can feel daunting--but with the help of some state funding partners you might just find what you are looking for. This session is being presented in a panel format, so come ready with your questions!

Games Galore to Save Your Sanity and Theirs [\(engaging youth\)](#)

Meredith Clipp-Rodriquez, YMCA of Greater Louisville

Amber Ridings, YMCA of Greater Louisville

Ashley Schmidt, YMCA of Greater Louisville

Grade Level(s): K-6

CYC Competency: Developmental Practice Methods

Description: Looking for some new games to get your kiddos active during the after school time? This workshop will offer some great icebreakers, team building, and group games. Many will require just basic supplies. This workshop will be active so be ready to participate in the fun! If you have been to our workshops before you will want to join us for a whole set of new activities to add to your box of tricks.

Lesson Planning for Everyone ([engaging staff](#))

Ryan Steuer, Magnify Learning
Keith Monfreda, AYS, Inc.

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: You need a plan! Your whole program needs a plan! We know we don't have a ton of time to sit and plan, but we also can't come in and wing it every day. Come find out how to use a lesson plan template built by Indiana practitioners. This session will have work time where you can learn how to plan with help from experts. Leave with the theory and practical application to have you and your whole program using a practical boots on the ground FREE lesson plan template that can start working tomorrow!

STEM All Day! Extending Quality STEM Experiences into the Afterschool World ([engaging staff](#), [engaging youth](#))

Vera Vander Kooy, The STEM Connection
Angela Fitzgerald, The STEM Connection

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: Science, technology, engineering and math have an ever-increasing role in our world, and afterschool STEM programming provides an opportunity to engage students early in their academic journeys. Hands-on, minds-on and feet-on-the ground STEM activities that begin with what is both appropriate and appealing to youth insures success. Join us as we share our story of developing STEM clubs in a variety of settings. Consider ways to assess learning in the afterschool world including DoS (Dimensions of Success). A tool used to develop and maintain quality STEM curriculum and programming. Try out some favorite activities and get ready to infuse afterschool with STEM. Best practices, expert tips and a model that connects the new 2016 Indiana science standards with Indiana Afterschool Specialty STEM standards will be shared!

The IU MoneySmarts Game: Making Budgeting Slightly Less Boring ([\\$, engaging youth](#))

Phil Schuman, Indiana University Office of Financial Literacy

Grade Level(s): 6-12

CYC Competency: Developmental Practice Methods

Description: Let's be honest: presentations on budgeting and financial decision-making aren't the most exciting thing in the world for the listener or the presenter--why not try to make it as interactive and entertaining as possible? The IU Office of Financial Literacy built the IU MoneySmarts Game to create a fictional world that allows youth to make financial decisions that are likely to be relevant in their lives. Complete with student debt, technological decisions, terrible 90's references (*Demolition Man*, anyone?), the IU MoneySmarts Game provides a template that will get students to actively think about making smart financial decisions.

The Biology of Trauma: Understanding A Trauma Informed Approach ([engaging youth](#))

Robin Donaldson, Indiana Youth Services Association

Grade Level(s): Appropriate for Any Age

CYC Competency: Applied Human Development

Description: To have a positive impact, you need a true understanding of the youth with whom you are working. This workshop will help facilitate that understanding with an introduction of the biological impact of trauma. The workshop will explore trauma and its impact on development and the brain, youth behaviors explained in the context of trauma, how trauma impacts attachment, self-regulation and competencies, and provide practical examples of trauma-informed interactions in youth work.

Putting the 'P' in Word Play: Building Language & Word Knowledge Through Interactive Games ([engaging youth](#))

Tracy Swinton, MSD of Pike Township

Donielle Jones, MSD of Pike Township

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Don't you just love playing party games?! This interactive, hands-on workshop will have participants playing while learning how to engage students in fun ways as they learn academic language & vocabulary needed for success in school, college, and career. Be ready to learn about and practice effective, multi-sensory, interactive word games that can unlock the secret language of "school talk." Playing while learning is integral in motivating and engaging high poverty and English learner students. Learn research-based practices that help learning "stick." Warning: If you want a "sit-and-get" session, choose a different workshop because we will be having a word party!

Building Strong Families through Creative Collaboration ([engaging community](#), [engaging youth](#), [engaging staff](#))

Ellen Kyes, Robinson Community Learning Center, University of Notre Dame

Velshonna Luckey, Robinson Community Learning Center, University of Notre Dame

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: Come learn how a best-practice model is collaborating and building strong families. Participants will learn conflict resolution techniques that are effective with school-age youth and adults. We will discuss self-care techniques for family members, emotional intelligence approaches, and how building relationships with program families creates stronger bonds.

The Power of Facilitation: Its Impact on Your Students and You ([engaging youth](#), [Focus on You](#))

Erika Petrelli, The Leadership Program

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: The power of effective facilitation is not to be underestimated. It has an impact not just on the youth

or staff that you are facilitating to, but on you-- the facilitator. Come to this workshop to learn dynamic facilitation techniques and unlock the amazing facilitator that lies within.

Mirror, Mirror, On the Wall - What's the Most Beautiful Question of All? ([engaging youth](#))

Micah DeLong, uLEAD, Inc.

Grade Level(s): 6-12

CYC Competency: Developmental Practice Methods

Description: How often do you see your reflection on a given day? Some studies have shown that people see their reflection as many as 60 to 70 times a day. Whether intentional or not, looking into a mirror can be a powerful experience. You receive immediate feedback on your present state and can then make choices based on what you see. Do I like what I see? Should I change something before moving on? While we can often find our physical reflection with little effort, taking a reflective look at our experiences can be something we either avoid or don't make time for. Stopping to process isn't something that comes naturally to most people, but the benefits are well documented. This workshop will explore how to help students become more present and engaged by developing a lifestyle of reflection.

Disability Not Inability: How to Engage and Include Youth With and Without Disabilities ([engaging youth](#))

Aimee Rich, Carmel Clay Parks and Recreation

Jennifer Brown, Carmel Clay Parks and Recreation

Grade Level(s): Appropriate for Any Age

CYC Competency: Applied Human Development

Description: Is it really possible for a youth who uses a wheelchair to play kickball? Can you really play Grocery Store with a youth who does not communicate with words? Can a youth with ADHD make it from point A to B without getting in trouble or losing focus? You bet they can! This session will teach you what inclusion really looks like and how to put modifications in place to ensure that all youth are engaged and included in activities during your program. With or without a disability, every youth has the capability to be safe, have fun, and succeed! Join us and discover that inclusion is within everyone's ability!

April 9, ROUND 3

2:30pm-4:00pm

Demonstration #1 (2:30pm-4pm)

Clever Crazes for Kids Website: FREE, Fun, STEAM-based, Academic Enrichment

Grade Levels: K-8

CYC Competency: Developmental Practice Methods

Description: Participants will be introduced to an Always FREE, Always FUN, STEAM-focused website designed to

inspire and empower young scholars and athletes! Clever Crazes for Kids (CCK) is available on computers and tablets. In this workshop we will demonstrate how our learning games integrate academic enrichment, literacy, mathematics, summer learning incentives, technology, careers, problem solving, the arts, critical thinking, and self-esteem. We will explore Clever Crazes for Kids' physical fitness component "Step It Up and Kickstart Your Brain." Come learn how after-school programs can win cash prizes, and kids can win gift cards, backpacks, gym shoes, hoodies, and headphones! Attendees will receive a COOL backpack and training materials.

The State of the Child: Implications on Youth Well-Being for Afterschool Programs ([engaging staff](#))

Sarah Mihich, Indiana Youth Institute
Katie Kincaid, Indiana Youth Institute
Ingrid Arreola, Indiana Youth Institute

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: What are the top challenges for kids in Indiana? How do I access the data on kids that I need? Having access to and understanding the data on youth is essential for action and impact. This session will provide the data from the 2018 KIDS COUNT® in Indiana Data Book and County Snapshots, as well as the best practice research on successful approaches to key issues. Participants will be provided with data, insights, and tools to help them with their efforts to address youth development issues in their afterschool programs. The session will include a robust discussion on both problems and solutions.

Communicating on the Spot: How Improv Skills Can Help in Everyday Life ([engaging youth](#), [engaging staff](#))

Andrea Lott Haney, The Sapphire Theatre Company
Nick Carpenter, The Sapphire Theatre Company

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: Come learn why Fortune 500 Execs and A-List actors alike are flocking to improv comedy class. When learning how to make comedic scenes up on the spot, much like 'Whose Line is it Anyway?', the brain learns communication skills, active listening, thinking on the spot before reacting in haste, working as a group, and presentation skills. In this active participatory workshop, participants will learn the basic rules of improv while playing improvisational comedy performance games and how they apply to life, communication, and educational skills.

Best Practice for Conducting High Quality Local Evaluation ([engaging community](#))

Dan Diehl, Diehl Consulting Group

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: Evaluation is a critical component leading to high quality out-of-school time delivery. Meaningful local evaluation serves to inform program improvement and drive sustainability. This session will review best

practices associated with conducting high quality local evaluation and provide a forum for discussing common evaluation strategies based on these best practices. Whether or not you are currently involved in using local evaluation, this session is for you!

Low-Cost, No-Tech Computer Science ([engaging youth](#))

Emmy Brockman, WonderLab Museum of Science, Health and Technology
Miranda Barnett, WonderLab Museum of Science, Health and Technology

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: The research is in! Computer Programming is a highly desirable skill for students, parents, and employers. Teaching computer science is valuable, but computers and tech tools can be expensive with a steep learning curve. This session focuses on low-cost, no-tech activities that teach the fundamentals of computer science (CS) to a wide variety of ages. Participants will try out hands-on computer-free CS activities, and take home materials and curricula to use in their own programs. You'll discover you don't need to know how to program anything in order to teach the fundamentals of computer science, sometimes all it takes is pipe cleaners!

Making Economics and Personal Finance Fun: Stand Alone Lessons for Everyone ([\\$, engaging youth, Focus on You](#))

John Kruggel, Brownsburg Community School Corp.
Grade Level(s): 6-12

CYC Competency: Developmental Practice Methods

Description: Economics and personal finance can be intimidating and boring for many people. This session will give you the tools to help people gain an understanding of how to make better economic decisions by using pop culture based activities. Personal finance decisions can be some of the most important decisions people can make, this session will give you the tools needed to create meaningful lessons that will positively impact your community.

Children's Public Policy ([engaging community](#))

Julie Whitman, Commission on Improving the Status of Children in Indiana

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: Have you ever heard of the Commission on Improving the Status of Children in Indiana? This three-branch Commission of the State government studies issues pertaining to vulnerable youth and promotes best practices, policies, and information-sharing. Come and hear about the Commission's three-year strategic plan and give your input on policy priorities from your perspective as a service provider, parent, or youth. This session will also include a run-down of bills passed in the recent legislative session that will have an impact on children and families.

Literacy & Math on the Go for Families! ([engaging youth, engaging community](#))

Karen Routt, School on Wheels

Erin Brown, School on Wheels

Grade Level(s): K-6

CYC Competency: Developmental Practice Methods

Description: Learning on a walk? Learning at the bus stop? Learning in the grocery store? Yes to all of these! This session will give afterschool providers ideas on how to best connect parents with literacy and math curriculum for elementary-aged students. Specifically targeting low-income families, these activities are designed with little to no resources required, and can be done in the places families might visit in a regular week! Additionally, we will discuss the obstacles many of our underserved families face when trying to get involved in their child's education, and some solutions for overcoming those obstacles.

The Pursuit of Excellence - Free Support from School Age Specialists Across Indiana ([engaging staff](#))

Indiana Child Care Resource and Referral School Age Specialists

Grade Levels: K-5

CYC Competency: Professionalism

Description: Do you desire more for your afterschool or summer program but struggle with where to begin? Meet the Indiana CCR&R School Age Specialists. We build quality by meeting you where you are. Hear about Indiana's Child Care Resource and Referral System and evolving school age supports across the state through a fun, interactive activity. Connect to the free mentoring, coaching, and professional development opportunities near you. You'll leave this session with a book of ideas to inspire growth, and other great resources!

Applying a Best Practices Framework for Out-of-School Time Program Parent & Family Engagement ([engaging community](#))

Jim Grim, IUPUI

Chrystal Struben, AYS, Inc.

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: AYS recently initiated a Best Practices Framework for Parent & Family Engagement based on IAN Specialty Standards for Family Engagement. This presentation will explain the five-step framework and how all programs can adapt it to their own community. We will focus on engagement status, identification of best practices and improvement targets, alignment with evidence-based activities, strategies to address improvement targets, and evaluation considerations.

"You're Welcome"—Tapping into the Power of Belonging in Your Work and Life ([Focus on You, engaging staff](#))

Tom Plake, Creative Edge/The Journey

CYC Competency: Professionalism

Description: If your goal is to be successful with young people, if you want to attract and keep talented youth workers in your organization, if you would like to feel great about your work and life—enough to keep at it for a few more years, then come explore how the ideas of extending welcome and fostering a sense of belonging are critical to success in the field. This concept is as key to established leaders as it is to front-line staff. This session will include both assessment and planning for future success.

Teenage State of Mind (engaging youth)

Brigitte Gurden, Boys & Girls Club of Lawrence County
Chris Hubbard, Boys & Girls Club of Lawrence County

Grade Level(s): 6-12

CYC Competency: Applied Human Development

Description: Are you having trouble engaging your teen population? Do teens seem like a mystery? This is session will give you quick tips on engaging teens on all levels. From teens coming on a daily basis to engaging teens in programs and community projects, we will cover it all!

April 10, ROUND 4

9:00am-10:15am

Demonstration #1 (9am-9:30am) (engaging staff, Focus on You)

IN Academy-Cypherworx, Inc.

CYC Competency: Developmental Practice Methods

Description: Are you looking for affordable professional development opportunities? The IN Academy for Out-of-School Learning includes 38+ interactive courses specifically for out-of-school youth workers. Plus, 5-10 NEW modules will be added this year! Come see how individuals and programs can fulfill requirements and improve quality in the most efficient way.

AWESOME TIP: You can use these modules to help with CYC Certification and CCDF requirements.

Panel: Transformational Advocacy - Building Relationships and Engaging Local and State Leaders (engaging community)

Participants:

Facilitator: Brent Wake, Indiana State Alliance of YMCAs

Brigitte Gurden, Boys & Girls Club of Lawrence County

Mindi Goodpaster, MCCOY

Abby May, Safe Harbor in Michigan City

Clint Kugler, Wabash County YMCA

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: Your voice is one of the most effective tools in transforming public policy to benefit youth in your community. Join us to dig into the ways that your stories and data can have a transformational impact on policymakers and program resources. Our panelists will provide real life success stories, best practices and a wealth of resources to find the data and people who can impact the future sustainability of afterschool funding and quality. Bring your questions and walk out with the confidence and resources you need to share, advocate and succeed in building relationships essential to program growth.

Power of Play (engaging youth)

James Barenbaum, Playworks

Joshua Rice, Playworks

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: The Power of Play workshop introduces the importance of play and lays the foundation for creating a safe, healthy, and respectful environment for youth. With Playworks Power of Play we give you and your staff the introductory tools needed to create safe and inclusive play opportunities for all students. It also includes a discussion of the various barriers youth may face and how adults can help youth navigate and overcome these challenges. Participants walk away understanding how to select and initiate games that support the physical, social, and emotional development of your students.

Youth Engagement through Community Partners (engaging community)

Ryan Steuer, Magnify Learning

Cal Bureson, RightFit

Derrin Slack, ProAct Indy

Major Lorenzo Lewis, Indianapolis Police Department

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Community partners can drastically improve the engagement in your out-of-school time program! The first benefit comes in the form of youth engagement as community partners bring authenticity to the work you are doing. The second big benefit is exposing your youth to professionals they might not get to meet. When our youth meet people in careers, they can begin to see themselves in those positions. This session is going to show participants how to bring community partners into their programs without having a giant network of contacts. Hear directly from community partners on how to best invite your own community partners. Time will be available for participants to create a list of community partners for their specific context while out-of-school time experts are in the room.

Computer Science For Everyone (engaging youth)

Ayana Carter, Microsoft

Kayla Hulen, Microsoft

Grade Level(s): K-8

CYC Competency: Developmental Practice Methods

Description: Technology is one subject that interests kids of all ages. Schools and youth programs are challenged to teach computer science that students need for life and careers in today's world. This workshop provides valuable first steps to integrating computer science in your OST program.

Mini Economy: Motivation for Better Money Management ([\\$, engaging youth](#))

Jeff Sanson, Indiana Council for Economic Education

Grade Level(s): K-8

CYC Competency: Developmental Practice Methods

Description: The Mini-Economy is a versatile program that simulates a real-world decision making activity. It combines Personal Finance Instruction, Behavior Management, Application of Basic Skills, and Money Management practice into one flexible strategy. In the Mini-Economy students fill out job applications, interview, perform jobs daily/weekly, get paid, save, spend, and develop responsibility as citizens and consumers. Whether you want to start using a Mini-Economy in your afterschool program or you are looking for new ideas to engage your kids, this session will provide you with plenty of ideas and resources to take home and implement!

Reduce Your Stress in 90 Seconds ([engaging youth, Focus on You](#))

Andrea Lott Haney, The Sapphire Theatre Company

Nick Carpenter, The Sapphire Theatre Company

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: Current neuroscience shows that just 90 seconds of relaxation at a time can mitigate the physiological effects of stress over time. Breathing techniques, physical stances and theatrical relaxation exercises can help the body recover from daily stresses even when available in only small bursts. This workshop teaches the fundamentals of separating the mind from the body through breath, balance and brain breaks, and learning how to reintegrate them with active but contained exercise techniques that apply to all ages. Leave the workshop with takeaway exercises as well as tips and techniques for creating your own.

Using the Scholar Success Program to Help All Students ([engaging youth](#))

Barbie Martin, Indiana Commission for Higher Education

Grade Level(s): 6-12

CYC Competency: Developmental Practice Methods

Description: Afterschool programs can play a vital role in helping students think about their future. The Scholar Success Program can help. The Scholar Success Program is valuable for all students who are thinking about their post high school plans. Many of the activities can be integrated into afterschool programs. In the fall, ScholarTrack for All was launched, allowing students aged 13 and older to create ScholarTrack accounts, regardless of their status as a 21st Century Scholar. This session will explore ways the resources built into the Scholar Success Program can be used in afterschool programs. We will also discuss additional ways that program leaders can help students to begin exploring college and career possibilities for after high school.

Connecting School and Afterschool Leaders for Better Student Learning! ([engaging staff](#), [engaging community](#))

Dr. Karen Goeller, Vigo County School Corporation

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: OST program leaders and school leaders must build stronger partnerships to prepare students for the college and career challenges ahead. School leaders should be the biggest cheerleaders for high quality programs, but, oftentimes, school leaders are left out of the leadership loop. Afterschool programming and daily classroom learning must be seamless for all students to reach their highest learning goals. This session will give school leaders and OST leaders the confidence and the motivation to improve the quality of afterschool programming. School leaders and OST leaders will glean creative ideas and concrete strategies to align OS programming with daily classroom learning and skyrocket student learning!

Developing a Winning Team ([engaging staff](#))

Patrick Johnson, Ascension

CYC Competency: Relationship & Communication

Description: Strong teams are usually composed of good athletes. But a team is only as good as its' coach. A great coach knows how to motivate and mold a cohesive team. In any organization, the most important relationship is between an employee and his/her direct supervisor. Whether it is your workplace, professional sports or your local community, team building requires an understanding of people, their strengths and what gets them excited to work with others. This session will focus on developing youth workers through intentional coaching: individualized guidance, feedback and direction. Come explore your coaching strength areas and discover new strategies to implement. If you are leading a team – this session is for you!

Leadership That Builds Engaged and Joyful Staff ([engaging staff](#))

Ritch Hochstetler, uLEAD, Inc.

CYC Competency: Relationship & Communication

Description: Every leader desires a staff team that is engaged, productive, and happy. The latest science on team development says that the most effective teams possess three important dimensions. These include: high energy levels, a deep sense of engagement, and a cohesiveness that fuels a spirit of exploration and learning from others. The question is, "What can leaders do to create the conditions for these dimensions to grow and impact their team?" What if your leadership approach or style is actually a barrier to this kind of growth? This workshop for Executive Directors and Management Leaders will unpack the science of team building with practical action steps

for strengthening team engagement and effectiveness.

Outdoors Afterschool with Project Learning Tree (engaging youth)

Donna Rogler, IN DNR Division of Forestry

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Beyond the classroom, opportunities for science, math and language arts abound. Project Learning Tree's engaging hands-on lessons and activities help afterschool educators teach children important concepts about science and the environment, and get kids outside! PLT provides ready-to-use lessons that use the environment as the context for teaching and incorporate literature, scientific investigations and technology. The environment is ideal for STEM education and children love learning with PLT. Participants will have the opportunity to sample Project Learning Tree activities in a fun and encouraging forum and receive a sample of PLT activities.

April 10, ROUND 5

1:30pm-2:45pm

Demonstration #1 (1:15pm-1:45pm) (engaging youth)

Indiana Commission for Higher Education: Navigating ScholarTrack

Grade Level(s): 6-12

CYC Competency: Professionalism

Description: ScholarTrack is Indiana's unified system for all state financial aid. The system integrates all state financial aid systems into one student-focused system that is more efficient and designed with security in mind. This session will demonstrate how afterschool partners can use this system to help both 21st Century Scholars and non-Scholars prepare for college and career success.

Demonstration #2 (2:00pm-2:30pm) (engaging community)

Afterschool Alliance

CYC Competency: Professionalism

Description: Join Stephanie Rodriguez the Director of STEM Policy from the Afterschool Alliance, Indiana's national advocacy partner in engaging public will to increase public and private investment in quality afterschool program initiatives. This session will provide you the latest in depth updates around federal afterschool and summer learning policy. In addition, Stephanie will provide advocacy ideas and answer your questions about how you can best support local, state and federal support of your program.

Spin the Wheel Game Show: Featuring Programming Stars (engaging youth)

Facilitator: Amy Marsh, MGT Consulting Group

Desiree Frederick, Boys & Girls Club of Huntington

Mariah Alexander, Communities in Schools of Clark County

Romona Smith, MSD of Decatur
Heather Richard, Blue River Services, Inc.

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Are you looking for great ideas? Need help with managing large groups of kids? Thinking about starting something new? This fun and interactive Talk Show will give you the chance to generate the questions that the Game Show Stars will be answering. Come ready to laugh and learn!

Wear Flip Flops and Make Summer Learning Memories ([engaging youth](#))

Karin Gilbert, Early Childhood Alliance

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: Author Kellie Elmore says it best, “Some of the best memories are made in flip flops.” Summer is a time that evokes special feelings and vivid memories in all of us. For kids, summers are full of promise and possibilities. Join me as we reflect, discuss, and explore learning experiences that meet kids’ needs and build knowledge and new interests. Leave with summer plans that will leave lifelong memories. Flip-flops allowed.

That's the Fact, Jack!: Making Your Case for Charitable Donations ([engaging community](#))

Bill Stanczykiewicz, The Fund Raising School, IU Lilly Family School of Philanthropy

CYC Competency: Professionalism

Description: This fun and interactive session will help you develop your case for charitable gifts. You will leave this workshop with a strong first draft of a fundraising case statement to improve with your board and staff and then utilize with donors. You also will learn how to involve your board, staff, volunteers and donors in a comprehensive fundraising effort.

Children of Indiana Nature Park: Land Restoration and Biodiversity ([engaging youth](#))

Melissa Moran, The Children of Indiana Nature Park
Kaitlyn Blansett, The Children of Indiana Nature Park

Grade Level(s): K-12

CYC Competency: Developmental Practice Methods

Description: We're taking kids to an amazing new place. It's called outside. The Children of Indiana Nature Park invites Hoosier youth to have a personal connection with the land. Young Hoosiers will be invited to participate and learn about the importance of biodiversity, native plant, and animal species. This land is your land. So get a deed. Our goal is to provide a deed to a piece of our park to every elementary, middle school and high school

student in Indiana. Come learn how to engage your kids!

You Want Me to Talk about What?! Building MY Financial Confidence ([\\$, Focus on You, engaging youth](#))

Schiela Pena, Regions Bank

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Discussing money matters with others is typically considered awkward and uncomfortable. During this interactive session, participants will address the largest financial stressors and discover ways to overcome them by utilizing practical tools to establish short-, medium- and long-term goals. The end result will not only empower you personally as you strive to achieve your personal and professional goals, but will also help you Build your Financial Confidence when having empowering conversations with the youth you serve.

Engaging Groups with Restorative Practices: Creating Meaningful Communities in Out of School Settings ([engaging youth](#))

Kristina Hulvershorn, Peace Learning Center

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: This session will encourage participants to focus on relationship building with youth, even when behaviors are challenging. Participants will learn specific ways of building community so that relationships and healthy communication can keep conflict and negative behaviors from taking over the afterschool day. We will discuss the impact of current behavior management and demonstrate some simple and common-sense approaches.

Make STEM Learning Fun with PBS Kids ([engaging youth](#))

Carly Weidman, WFYI Public Media

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: Incorporating STEM into your out-of-school programming can be scary--but it doesn't have to be! PBS Kids aims to make STEM learning FUN with educational and media resources for children ages 2-8. During this session, you'll learn about FREE high-quality curriculum, activities, and content from PBS Kids that can be used to integrate STEM into your program and you'll get hands on as you try out PBS Kids activities, apps, and games. We guarantee you'll leave this session saying, I love STEM!

Handing Over the Reins ([engaging youth](#))

Ben Rheinheimer, uLEAD, Inc.

Grade Level(s): Appropriate for Any Age

CYC Competency: Relationship & Communication

Description: Who doesn't love a good sense of control! Being the boss helps us plan and predict what will happen next in our programs. Unfortunately, research shows that holding all the power doesn't establish healthy learning environments for youth. So, what would it look like if we all did a better job of creating a culture of reciprocity and practice sharing power with our youth? From the Fred Rogers Center's encouragement to "form partnerships with children" to the Search Institute's challenge to "learn from young people", we have the opportunity as adult leaders to increase youth engagement and ownership in our programs by sharing the decision making reins with the very youth we serve. Together we will look at some research behind reciprocity, learn an activity or two to enhance reciprocity in our youth, and reflect on how we can find impactful moments of reciprocity within our own programs.

Family Engagement that Engages All Stakeholders! ([engaging community](#), [engaging staff](#))

Kathy Deal, Vigo County School Corporation

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: Looking for practical and entertaining ways to engage afterschool program families? Who isn't up for festive holiday fun? How about some warm weather outdoor activities such as parachute tosses, relay races, and games? The Vigo County School Corporation and the Vigo County YMCA team up to engage their families in educational fun. In this session, you will come away with practical ideas about how to make learning fun with Holiday Family Engagement Centers and Healthy Family Fun Centers. Family engagement and building strong collaboration are key components to these annual learning centers.

Raise Them Up! 5 Mindful Ways to Integrate SEL Into Your Program ([engaging youth](#))

Julia Gabor, kid-grit

Jeffrey Jordan, kid-grit

Grade Level(s): 6-12

CYC Competency: Applied Human Development

Description: This interactive session includes 5 fresh approaches, tips and tools that will help students learn how to build skills in self-regulation, self-awareness, empathy and build connection and build community in your program. We will take a dive into today's digital dilemma and provide new approaches so that students can make healthier decisions about how to use devices and social media. Further, we will review the power of reflection, so that students understand their potential to become thoughtful and kinder contributors to a larger society. You will leave with hands-on lesson plans that will increase student engagement in the social-emotional AND academic realm! Join us!

What is Your Endgame? Strategic Planning for Organizational Leaders ([engaging staff](#))

Marla Taylor, Hedges

Jodi O'Connell, Hedges

CYC Competency: Professionalism

Description: What are your organization's strengths and what are your untapped areas of excellence? What does success look like and how do you get there? In this unique strategic planning workshop, Hedges & Associates will

help you answer these questions as we take you through the fundamental elements of a strategic plan and help you maximize the impact of your afterschool program. Identifying how your organization can build capacity in the four pillars of organizational health, we will guide you through an interactive session focused on planning for a sustainable future. Hands-on workshop activities will help you develop actionable steps that you can implement immediately to strengthen your organization and provide more effective, meaningful programs for the students and families you serve.

April 10, ROUND 6

3:00pm-4:15pm

Dance, Dance, Dance (engaging youth)

Meredith Clipp-Rodriquez, YMCA of Greater Louisville
Amber Ridings, YMCA of Greater Louisville

Grade Level(s): K-5

CYC Competency: Developmental Practice Methods

Description: Put on your dancing shoes and join us as we all show off some of our best moves. This workshop will be active and a lot of fun. We will take you through 45 minutes of dancing activities and games. Don't worry...we will do a little talking (along with some warm up and cool down), so all active levels will enjoy it. Back home you can keep the activities together or break them up into smaller blocks of enjoyment!

Decoding Computer Science Afterschool (engaging youth)

Courtney Lambert, TechPoint Foundation for Youth
Kenn Pascascio, Eleven Fifty Academy

Grade Level(s): K-8

CYC Competency: Developmental Practice Methods

Description: Join TechPoint Foundation and Eleven Fifty Academy to decode the mystery of computer science. This two-part session will include a 45-minute introduction to the fundamentals of computer programming with a qualified instructor (technology provided). The lesson will be followed by three hands-on activity demos complete with materials and instructions for participants to take home for future use.

Free Take-Home Financial Fitness Tech for Your Program (\$, engaging youth)

Kelly Griese, The Indiana Secretary of State

Grade Level(s): Appropriate for Any Age

CYC Competency: Developmental Practice Methods

Description: Who doesn't love FREE stuff? It's especially helpful when trying to educate kids about saving money. In this session, you'll learn about how to incorporate free financial fitness tech into your programming. From creating animated cartoons online to making your own escape room, there's no shortage of take-home goodies

and ideas for attendees of this session. We'll even visit Hogwarts to hang out with some magical creatures!

Mental Health Matters: How Can Your Program Help? ([engaging youth](#))

Calvalyn Day, CGDay Services, LLC

Grade Level(s): Appropriate for Any Age

CYC Competency: Applied Human Development

Description: Anxiety. Depression. Post-traumatic Stress Disorder. Research has shown us that as many as 20% of children have a diagnosable mental illness. Out-of-school programs can support the needs of youth and staff members. By increasing awareness of their needs and incorporating a few key strategies for mental health and wellness, OST programs can increase their positive effect on the community.

The Elephant in the Fridge: Conducting Useful and Fun Interviews ([engaging youth](#), [engaging staff](#))

Sarah E. Morin, Conner Prairie

Grade Level(s): 6-12

CYC Competency: Professionalism

Description: Don't dread the interview process - love it! Whether you are selecting youth participants, teen volunteers, or staff, this session will help you select the best candidates. Conner Prairie Museum has interviewed 1000 youth for volunteer positions in the past 16 years and we'll share our process. We'll walk through the steps of creating a truly useful written application and interview, how to set applicants at ease with the interview process, the questions you can and cannot ask, how to set up a great info meeting for applicants using your current youth as spokespeople, when to bring parents into the process, choosing individual or group interviews./ and preparing youth for successful failure. This session will also help you find teens and adults with the right skills and attitude to lead your program. You'll hear some of the funniest answers we've heard from young applicants. Every organization must go through the application process, but could interviewing even be...fun?

Youth LEAD: Innovative Ways to Prevent Substance Abuse ([engaging youth](#))

Lisa Scott, Geminus Corporation

Eric Evans, Geminus Corporation

Jenni Bell, Praxis Strategies & Solutions

Sharon Johnson, Go Resources

Teen Facilitators: Jessica Reardon, Alex Hayden, Laura Weaver of Bridges Outreach, Inc.

Grade Level(s): 6-12

CYC Competency: Applied Human Development

Description: You have choices—what's your style? Whether deciding what to eat for breakfast, how to handle a bully, how to say no to drugs, or what to be when you grow up -- there is more than one "right" answer. In this session, we will introduce Youth LEAD, an eight-session peer-led substance abuse prevention program that promotes positive development and prevents risky behaviors. This afterschool enrichment program is designed specifically for adolescents and its unique curriculum has a variety of hands on activities and lessons that gives

youth effective strategies to help them make healthy choices. Teen facilitators who recently completed the program will co-facilitate exercises from the curriculum, in which session participants will identify and discuss use of their own strengths to assist in emotional coping, decision making, and goal setting. Program developers will share the theory and best practices, outcomes and lessons learned.

Indiana Community Schools Network Face-to-Face (engaging community)

Jim Grim, Indiana Community Schools Network
Saedie Hawbaker, IUPUI Scholar

CYC Competency: Professionalism

Description: School communities from across the state are invited to join members of the statewide Indiana Community Schools Network in a face-to-face discussion focused on sharing of best practices like out-of-school time programs, peer communication and advocating for student and family supports to strengthen learning and youth development. Indiana Community Schools Network members represent Bloomington, East Chicago, Evansville, Jeffersonville, Lawrence, Muncie, Richmond, and Indianapolis.

Yoga and Mindfulness for Your Students (engaging youth)

Suzanne Bindley, Indy Yoga Movement

Grade Level(s): Appropriate for Any Age

CYC Competency: Professionalism

Description: Indy Yoga Movement brings the benefit of self soothing, calm, increased focus, reduction of maladaptive behaviors, increased strength, and compassion to your students. Attend and we will do a sample class, then you can hear about these changes and more that come about from the non secular practices of yoga and mindfulness.

21st Century Community Learning Centers Meeting

Cole Dietrich, IDOE
Erin Busk, IDOE
Christen Peterson, IDOE

Description: Join the IDOE's 21st CCLC team for program updates, networking, technical assistance, and an interactive training experience. This is a required annual meeting for all current 21st CCLC grantees.