

Spotlight

Edwin



How has fatherhood changed you?

“I became a father about a year after my father died. I wished that my kids would have know my father because I looked up to him so much.

A friend shared that my father was in me to share with my twin boys. The statement helped me to take better care of myself and to be more intentional about what I wanted them to learn.”

What's your favorite part of being a dad? “My favorite part of being a dad is hearing the word ‘Dad’ and seeing them smile, laugh, and get excited about the little things in life. Seeing the world through their eyes is never a dull moment.”

What's your favorite activity to do with your kids? “My favorite activities are reading to and with them, baking, and playing catch.”

What's one value you hope to pass down to your kids? “To be kind to other people and especially each other.”

What's a dad hack you'd share with other parents? “Keep a to-go backpack in the car in case plans change, like deciding to go to the park or an unplanned trip to the mall to walk their energy out.

I keep fruit snacks, graham crackers, and water around. I have twin 4-year-olds, so I can be flexible with our together time.

While driving, I point out different street signs, streets we’re on, types of cars (because one of them loves cars), so they not only learn the streets that get us home, but they also know some of the street signs.”

How do you create meaningful memories with your family? “I try to think about making the little things memorable - not just the big trips or museum visits, etc.

I give them a horsey ride on Mondays, Wednesdays, and Fridays on their way to bed. They read the calendar and look forward to the next day when Dad gives them a horsey ride. Some other memorable experiences are riding bikes at a metropark, and playing hide & seek with Mom and Dad at home.”



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