

watchOS 26.2 has four changes for Apple Watch, here's everything new

Summary

The article describes the new features and changes in watchOS 26.2. The update includes refinements to the Sleep Score classifications and notification controls, as well as enhancements to Safety Alerts. Additionally, the update addresses a bug where the Music app fails to advance to the next song.

[Ryan Christoffel](#) | Dec 3 2025 - 11:23 am PT



watchOS 26.2 is [almost here](#), and thanks to Apple's official release notes, we know exactly what's changing. Here's everything new coming to Apple Watch in watchOS 26.2.

watchOS 26.2 updates Sleep Score, adds Enhanced Safety Alerts, and more

Today Apple [debuted the RC](#) (release candidate) version of watchOS 26.2. With it, the full release notes are now available.

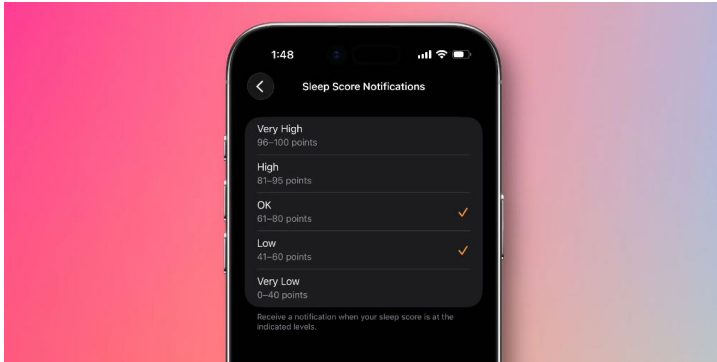
Apple says the update includes “improvements and bug fixes” and lists out the following:

- Refinements to sleep score classifications and notification controls
- An issue where the Music app fails to advance to the next song
- Enhanced Safety Alerts can inform you about imminent threats such as floods, natural disasters, and other emergencies, with rich information like a map of affected areas and links to additional safety guidance (available in the US)

So that's one new feature (Enhanced Safety Alerts), one updated feature (Sleep Score), and also one key bug fix (Music song advancement).

On the Sleep Score front, you can read about the changes Apple is making [in this in-depth explainer](#).

During the beta cycle, I've found Apple's Sleep Score changes [a solid improvement](#) that better match my own view of how I slept. New grade ranges can be seen below:



Beyond these three changes, one other known update in watchOS 26.2 has to do with Wi-Fi sharing between iPhone and Apple Watch for EU users.

To comply with the EU's [DMA](#), Apple is changing how Wi-Fi networks are shared between iPhone and Apple Watch. The change is effective with iOS 26.2 and watchOS 26.2, and [you can read more](#)

[about it here](#).

Which new watchOS 26.2 changes are you most interested in? Let us know in the comments.

...