

Lifewire **How to Transfer Data From iPhone to iPhone**

Summary

The article describes three methods to transfer data from one iPhone to another. The first method involves using Quick Start, which allows you to transfer data by scanning a code on the new iPhone. The second method involves using iCloud backup, where you can restore your new iPhone from an existing backup. The third method involves using a computer (Mac or Windows) to transfer data from an old iPhone to a new iPhone.

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There are three ways to move data; Apple's Quick Setup is the easiest

The Download



Tinh Khuong/Unsplash

Make sure both iPhones have a full charge or are otherwise connected to power.

Move iPhones close together to initiate Quick Setup mode. Use the old iPhone to scan the new iPhone's screen.

Once the new iPhone is logged in to Apple ID/Apple Account, select **Transfer from iPhone**.

This article shows you how to transfer your data and apps from one iPhone to another using three different methods.

How to Transfer Data From iPhone to iPhone

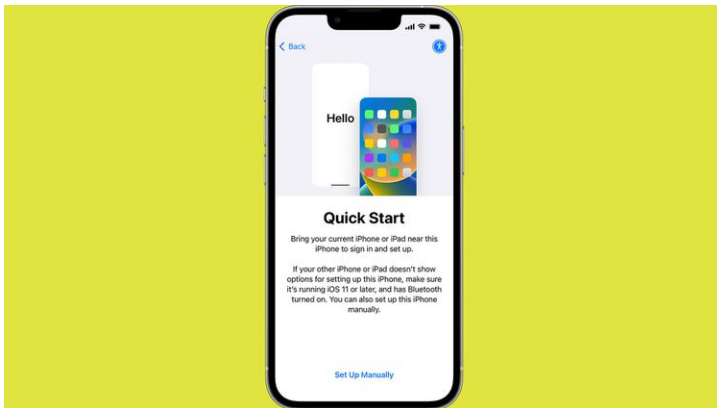
Apple has made moving to a new iPhone a lot easier over the years, and there are now three easy ways to complete the process and get all your apps and data over to your new iPhone. We'll take a look at:

- Quick Start: iPhone to iPhone
- iCloud Backup to iPhone
- iPhone backup from a computer

Each of these is pretty easy, but the one from iCloud is likely the fastest. But the iPhone to iPhone would be your best bet if you don't use iCloud.

Transfer Data to iPhone Using Quick Start

Perhaps the easiest method to transfer data from one iPhone to a new iPhone is to use the Quick Start system that Apple released with the update to iOS 16.



Apple

1. On the old iPhone, turn on Wi-Fi and Bluetooth. Now, bring the new, powered-on iPhone close to the old one.
2. Tap **Continue** on the prompt when it appears at the bottom of the old iPhone's screen.
3. Use the camera on your old iPhone to scan the image that appears on the new iPhone. This will connect the devices.

4. Enter your passcode or Apple Account password if asked, and then set up Face ID if you want.

5. Select **Transfer From iPhone** and then keep the devices close together to complete the process. This may take several minutes.
6. Once this process finishes, your new iPhone will be set up, and your data and apps should have been moved over.

You may need to redownload some apps, and you'll likely need to log back in to your most used apps again.

Transfer Data to a New iPhone Using iCloud

You can use your iPhone's backup from iCloud to transfer that backup data to your new iPhone. Apple's terminology for that is called "Restore from Backup."

It's best to make one last backup right before restoring so you are sure every bit of data gets copied over.

If you haven't done that yet, you can follow the steps outlined below.

iCloud storage is sold in tiers, and if you haven't bought enough, don't worry. Apple has a special exception if you've recently purchased a new iPhone. [Apple explains how to get temporary iCloud storage](#) to backup and restore.

Once you have a backup of your old iPhone on iCloud, you'll want to restore your new device to that backup.

1. Proceed through the setup process on your new iPhone until it asks you to connect it to Wi-Fi.
2. Select your Wi-Fi network and enter the password.
3. Wait until you see the **Apps & Data** screen and select **Restore from iCloud Backup**.
4. Sign in to iCloud, choose the latest backup, and wait for the restore to finish. It might take a while, so we recommend plugging your iPhone into a power outlet.

Transfer Data from Your Computer to Your New iPhone

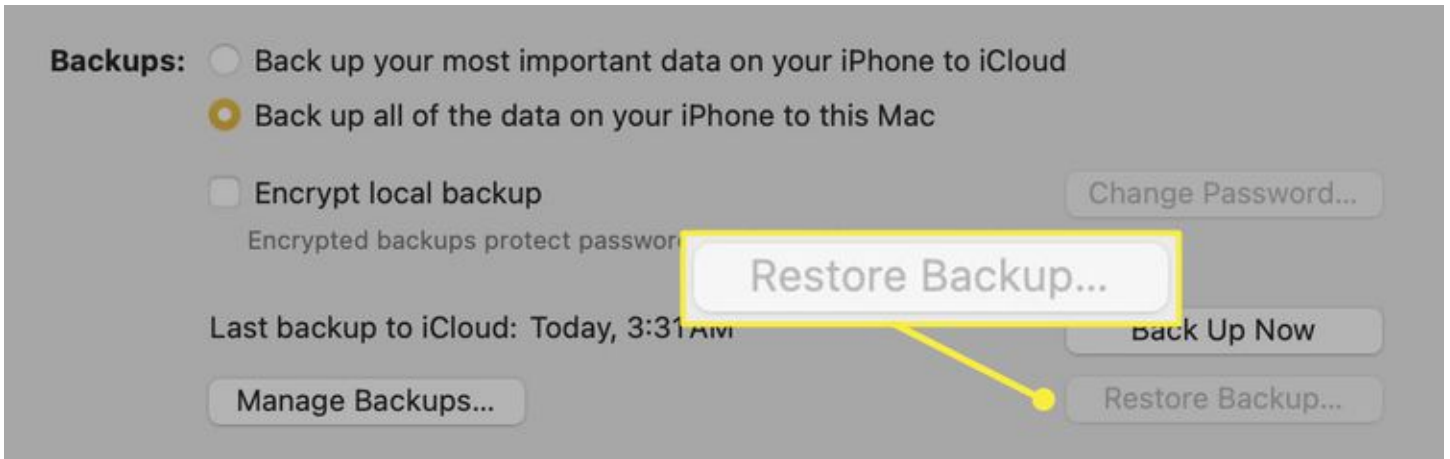
Your Mac or Windows-based PC can also restore your data onto your new iPhone. On Windows, you'll use iTunes. On a Mac, you'll use iTunes or Finder.

The difference on a Mac is that Apple discontinued iTunes in favor of the Music app and moved all the iPhone syncing tasks to Finder. Older Macs running macOS Mojave (10.14) and older still use iTunes—macOS Catalina (10.15) and newer use the Finder method.

Using the Finder

First, have a backup on your Mac via Finder. We have an article on [How to Back up an iPhone to a Mac](#). Once you complete that process, follow these steps:

1. Unplug your old iPhone from your Mac and plug in your new iPhone.
2. Click your iPhone in the sidebar of a Finder Window.
3. Click Restore Backups and follow the prompts.



Using iTunes

It's not all that different on Windows or a Mac when using iTunes, as the interface is similar.

We have an article that explains [How to Restore an iPhone from Backup](#). A section titled How to Restore an iPhone Backup From iTunes on a Computer will lead you through each step.

[How to Effortlessly Transfer Your Messages from One iPhone to Another](#)