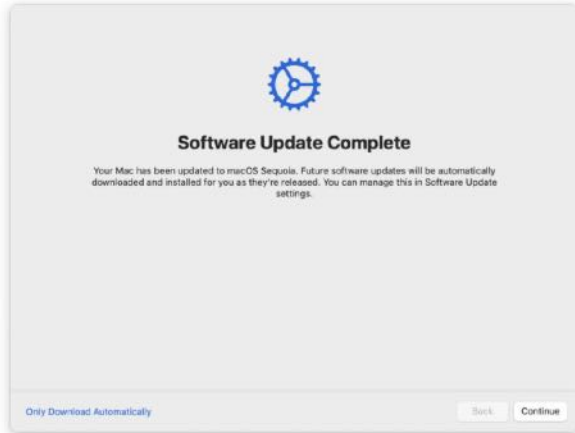


Apr 1, 2025



This is important and relevant to most Mac, iPhone, and iPad users: Installing the latest updates for [MacOS Sequoia 15.4 for Mac](#), [iOS 18.4 for iPhone](#), and [iPadOS 18.4 for iPad](#), will forcibly enable automatic software update for system updates on your device.

Some people may already have these auto-update features enabled on their devices and not mind this change (nor would they notice a difference), whereas there are many other people who intentionally disable automatic update and do not wish to have the auto-update feature forced upon their devices.

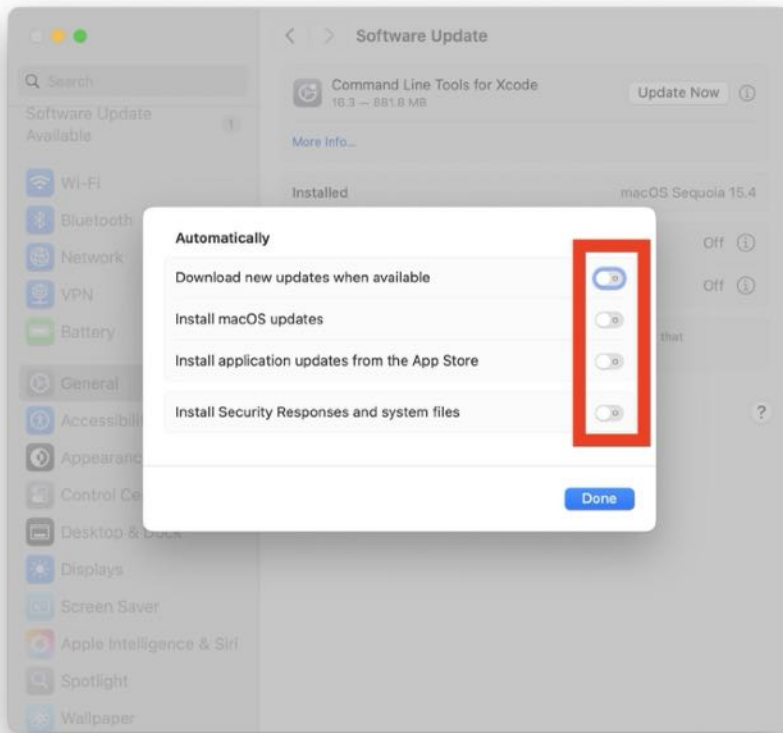
With Automatic Updates enabled, this means your Mac, iPhone, or iPad, will automatically download and install system software updates onto your device(s) as they become available, without your approval or prompting.

Automatic Updates can be problematic for many reasons. For one, not everyone has the bandwidth available to automatically download huge software updates. Additionally, not everyone wants to install the latest software updates when they become available, many users prefer to wait a little while to see if there are any critical bugs or issues discovered before putting the latest system software on their device (and this is a reasonable caution, though it's not common, Apple has dumped out some bad software updates in the past that had to be pulled due to various issues). And of course, many Mac, iPhone, and iPad users, just simply prefer to manually update and manage their devices on their own, without the computer or device doing it for them.

But your personal computing behaviors and your opinion is irrelevant, as Big Cupertino knows what is best for you, your iPhone, your Mac, and your iPad. Apple has decided that you will have automatic updates enabled on your devices, and your installation of iOS 18.4, MacOS Sequoia 15.4, or iPadOS 18.4 was apparently used as an agreement to that setting change. If you don't like that, you can change it back and disable automatic system software updates.

## How to Disable Automatic Update on Mac

We have covered this before but now we'll cover it again since Microsoft err Apple is foisting this change upon its users:



1. From the **Apple** menu go to **“System Settings”**, then go to **“General”**
2. Go to **“Software Update”**
3. Click on the tiny (i) button next to **“Automatic Updates”**
4. Toggle the switches for all automatic options you wish to disable

## How to Disable Automatic Updates on iPhone & iPad



1. Open the **“Settings”** app then go to **“General”** and to **“Software Update”**
2. Tap on **“Automatic Updates”** and toggle the settings OFF for Automatically Install and Automatically Download

Similarly, these updates will [also re-enable Apple Intelligence automatically](#) on compatible devices, even if you already turned this feature off at some point in time.

This type of forced system settings changes might be unfamiliar with lifelong Apple users (though in fairness Apple has [done this before with iOS](#)), since Apple used to really respect the user and their preferences, but things change, and now Apple knows what is best for you and your devices. You will have automatic software updates and you will like your automatic system software updates! But if you don't, thankfully we can still turn these settings off... for now.

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