Packing List for Freshmen Retreat

- Bed Linens: twin size sheet set and blanket or sleeping bag
- Pillow
- Bath Towel
- Toiletries: body soap, shampoo/conditioner, toothbrush, toothpaste, deodorant
- Clothing: a change of clothes for each day, as well as extra sets
- Tennis Shoes or Closed Toed Shoes
- Closed Toed Lake Shoes: water shoes that can get muddy/dirty
- Bible, Notebook, Pen
- Water Bottle
- Swimsuit
- Swim Towel
- Raincoat or Poncho
- Sunscreen
- Insect Repellent
- Flashlight
- Bag for Dirty Clothes (this can simply be a trash bag labeled with the camper's name)