THE COUNSELOR'S CORNER

WESTBURY CHRISTIAN
EST. 1975

"Building Teen Resilience" Presentation by Kate Sykes from Menninger Clinic



TOPICS TO COVER:

- Why do teens give up so quickly?
- Teaching teens to push through challenges and set backs.
- How can parents encourage resilience without rescuing?

OCTOBER 14TH

8:00AM-9:00AM

JOIN US

RSVP WITH MRS. DEMOSS

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