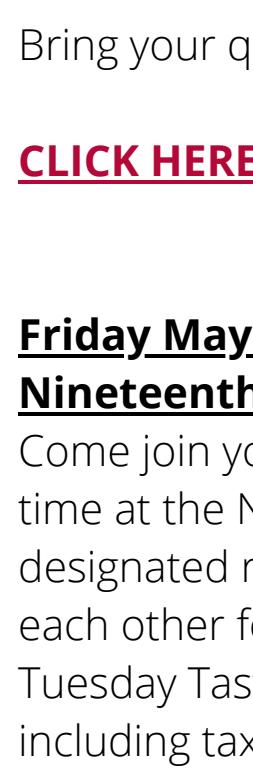


Every spring we turn our attention to supporting our Health & Wellness businesses and invite the community to join us at our annual H&W Fair. This year more than ever our own health and wellness is top of mind, and we have a community filled with professionals who are thinking about your health too! Throughout April check out our resources to get you connected in with our huge range of our local providers.

#chamberLOVE

Liz Holt
Executive Director



Tuesday April 27, 2-2:30pm - Ribbon Cutting at the Daly Bagel

Celebrate with us at the **Daly Bagel** celebrating their 1-year anniversary, taking pictures of the actual ribbon cutting with the staff, partaking in cookies and coffee, and enjoying a great networking opportunity!

[CLICK HERE](#)

Wednesday April 28, 11:30am-12:30pm - Ribbon Cutting at The Sheridan at River Forest

Celebrate with us at The Sheridan at River Forest, taking pictures of the actual ribbon cutting with the staff, photos of their "first dollar", visiting the inner workings of the business, and a great networking opportunity!

[CLICK HERE](#)

Wednesday May 5 - Ribbon Cutting at Hit It! Fitness

Celebrate with us at Hit It! Fitness celebrating their reopening at their new location, taking pictures of the actual ribbon cutting with the staff, and enjoying a great networking opportunity!

[CLICK HERE](#)

Thursday May 6, 1-2pm - Nonprofit Affinity Group Virtual Meetup

Come join the Chamber's new nonprofit affinity group for our monthly gathering. This month, visiting expert Cathy Kestler discusses "The Abundant Nonprofit ? A Mindset Shift to Greater Impact". She will talk about the abundance vs scarcity mindset in nonprofits, and outline ways organizations can move beyond their limiting beliefs to have more impact.

Bring your questions, ideas, and observations for the discussion!

[CLICK HERE](#)

Friday May 7, 12-12:30pm - Takeout Stakeout lunch pickup at the Nineteenth Century Club

Come join your fellow Chamber members for our next Takeout Stakeout, this time at the Nineteenth Century Club! In this event, we convene at a designated restaurant to pick up our takeout lunch choices, and get to see each other for a bit while we're at it in a socially-distanced meetup. Like our Tuesday Tasting lunch series from which this springs, lunch is a flat \$15 including tax and tip. Pick your choice lunch at registration.

[CLICK HERE](#)

Tuesday May 11, 5-7pm - Business After Hours at the River Forest Park District

Join us for a night of networking, drinks, and hors d'oeuvres with the River Forest Park District! Great people and good food will make for a fine spring celebration - please join us!

[CLICK HERE](#)

2021 Online Showcase

[CLICK HERE](#)
for the online showcase

For local businesses in Oak Park, River Forest and surrounding communities!

REGISTER at one of the locations below to reserve your pack of 50 cloth masks.

Wed. April 28, 11am-1pm @ Hemingway District

Pick up at OPRF Chamber Office, Oak Park Ave

****Supplies are limited and can be reserved through registration only.**

****Pick-up will be in-person only. No deliveries.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask when picking up your order.**

****Please wear a mask**



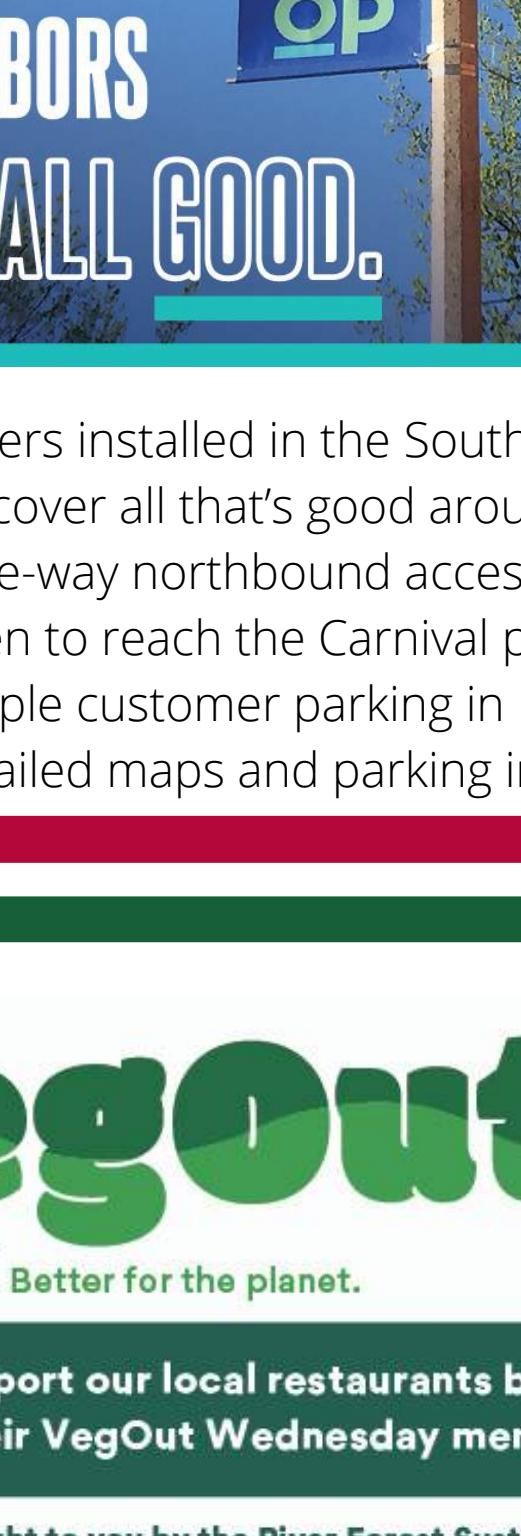
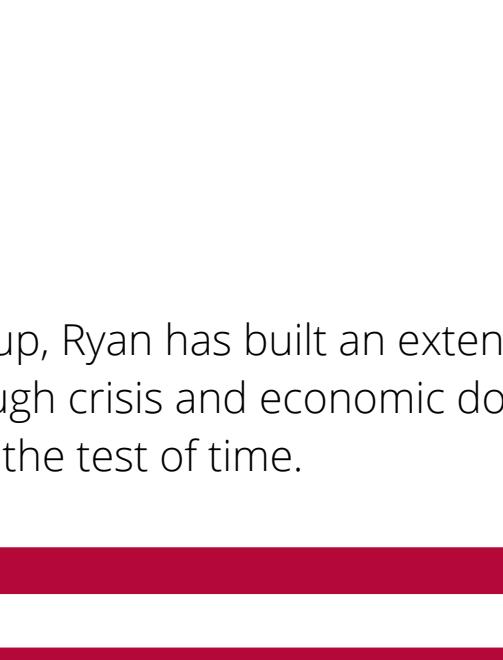
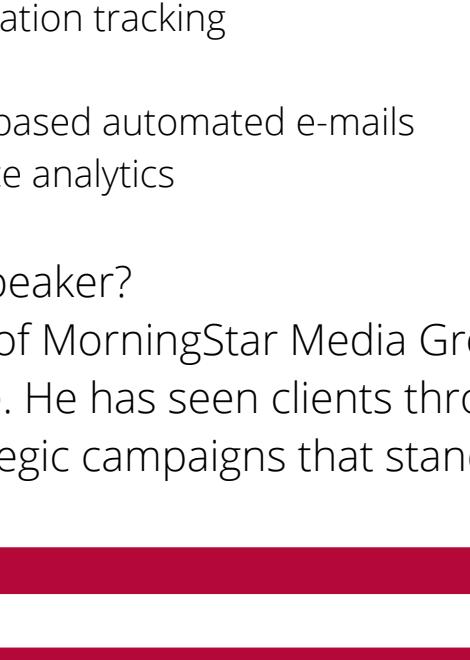
MOTHER'S DAY & END OF YEAR TEACHER'S GIFTS

SIGN UP NOW to be a SHOP LOCAL OPRF vendor as we will promote to purchase and redeem gift cards end of April and all May!

\$7600+ cards sold to date. \$5000+ still to be redeemed. SIGN UP NOW!

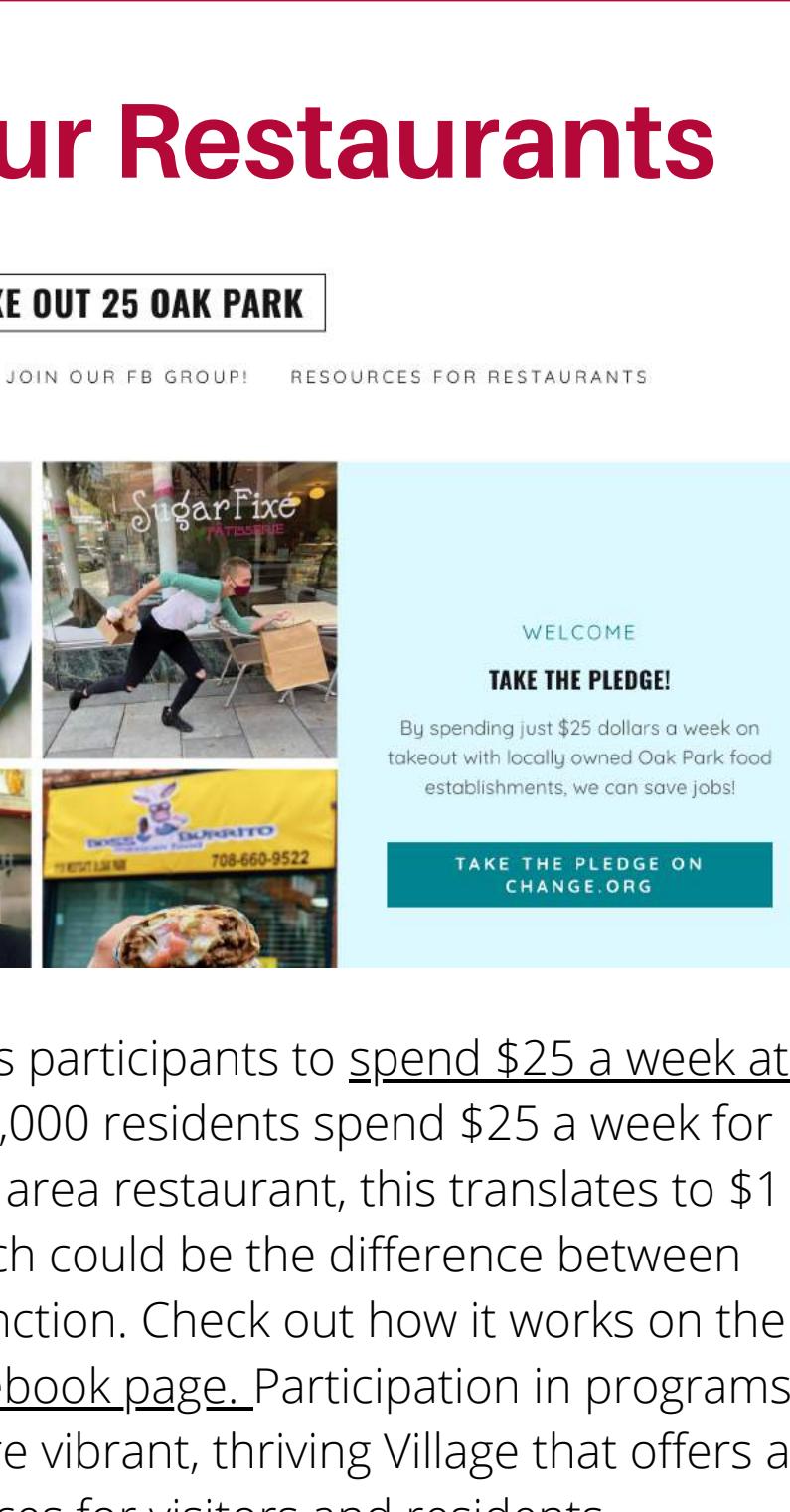


How to be a Participating Vendor in the Shop Local OPRF Digital Gift Card? CLICK BELOW.



Welcome to our 2021 Professional Development Webinar Series. We are thrilled to be able to bring you this series of monthly webinars with helpful and practical tools to navigate the new normal.

Experts in their fields will show you all you need to know – from legal considerations to best practices in digital advertising; from brand identity to effective sales techniques; from actionable advice on marketing and communication best practices to help your small business succeed in 2021 and beyond.



May 2021 Webinar Topic
Register [HERE](#)

Marketing is more than just surface level, it's data and creating a strategy that reflects your business in order to reach your intended audience. When done right, marketing can translate to a stronger brand as well as more profit for your business.

Ryan Weckerly will discuss how the right technology tools, combined with human interaction to develop more powerful leads, profitable sales, and long-term relationships for your brand. Attendees will learn how these takeaways will help you effectively market your business:

- Dynamic web content
- Strong SEO
- Lead scoring and nurturing
- Lead destination tracking
- A vital CRM
- Behavioral based automated e-mails
- Performance analytics

Who is our Speaker?

As president of MorningStar Media Group, Ryan has built an extensive clientele base. He has seen clients through crisis and economic downturns by creating strategic campaigns that stand the test of time.

Restaurants, participate in VegOut Wednesdays!
Starting on April 28, 2021

How do you participate?

- Sign up by emailing Sustainability@vrf.us.
- Send Hi-Res jpeg or png logo to be displayed on our webpage with a list of participating restaurants.
- Display the window cling (Sent when you sign up).
- Have a vegetarian special on Wednesdays. The special can highlight current menu item or create something new.

Restaurants will get:

- Permanent place on webpage with logo and info.
- Social Media highlights.
- Local media and organization highlights.

For more info, please contact Sustainability@vrf.us

vegout
local restaurants
VegOut Wednesday
menu special

1 eat less meat. Better for the planet.
making 1 single meatless choice at least once a week
It takes 10 bathtubs worth of water to produce a quarter pound of beef.

4X animal agriculture is responsible for about 17% of all greenhouse gas emissions.

18% for lowering your carbon footprint
by 18% you can be all the difference.

Scan QR code or [click here](#) to get to website.

Support our Restaurants

TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Takeout 25 Oak Park asks participants to spend \$25 a week at a local establishment. If 10,000 residents spend \$25 a week for carryout or delivery at an area restaurant, this translates to \$1 million per month—which could be the difference between economic survival or extinction. Check out how it works on the [Takeout 25 Oak Park Facebook page](#). Participation in programs like this help create a more vibrant, thriving village that offers a wide array of choices for visitors and residents.

Please support Takeout 25 Oak Park and help sustain our beloved Oak Park businesses and those in the surrounding areas.

CHAMBER TAKE OUT STAKE OUTS

12-12:30pm \$15 lunch options

Friday May 7, 12-12:30pm

Register [HERE](#)

Support our Restaurants

TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Continue to look to us as we provide critical information & connect you to business & community events.

Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)

Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

Connect to our community calendar

Community Calendar

Support our Restaurants

TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Continue to look to us as we provide critical information & connect you to business & community events.

Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)

Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

Connect to our community calendar

Community Calendar

Support our Restaurants

TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Continue to look to us as we provide critical information & connect you to business & community events.

Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)

Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

Connect to our community calendar

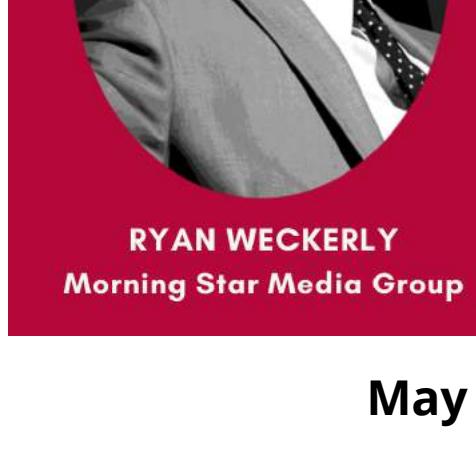
Community Calendar

Support our Restaurants

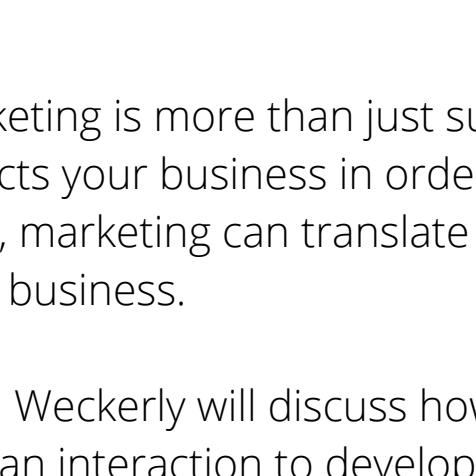
TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Continue to look to us as we provide critical information & connect you to business & community events.



Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)



Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

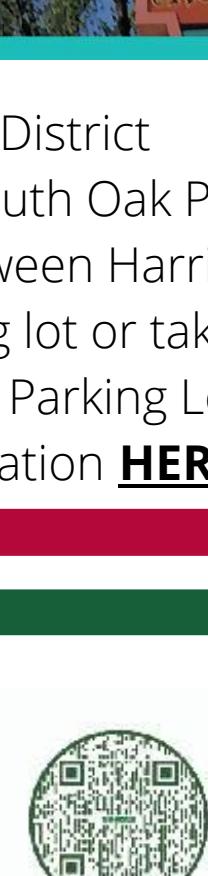
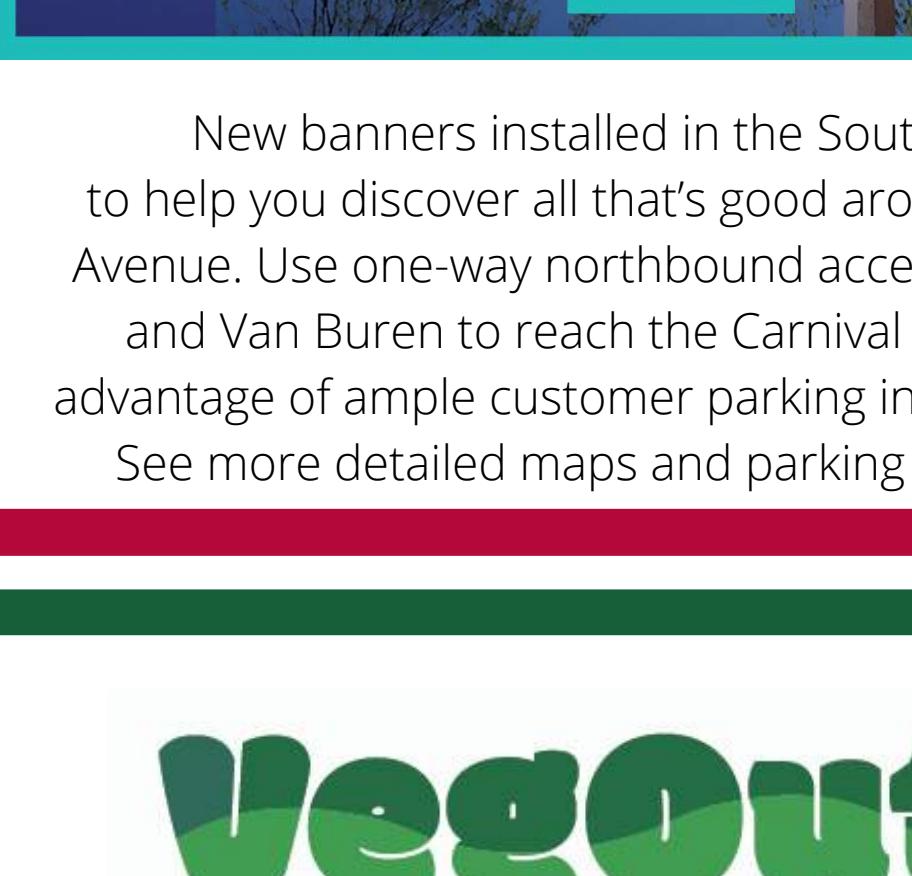
Connect to our community calendar

Community Calendar

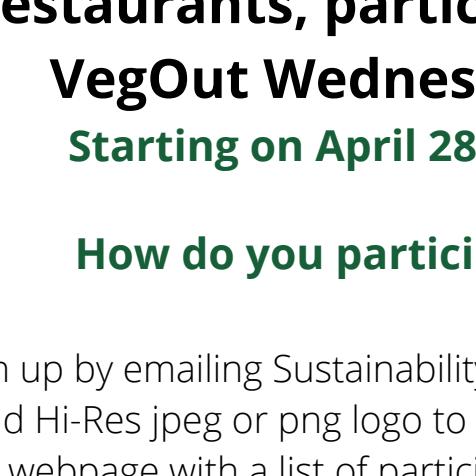
Support our Restaurants

TAKE OUT 25 OAK PARK

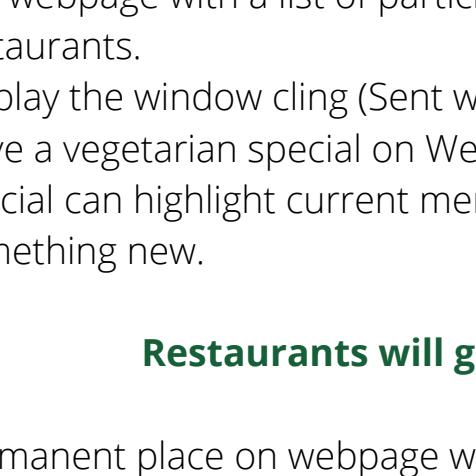
[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)



Continue to look to us as we provide critical information & connect you to business & community events.



Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)



Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

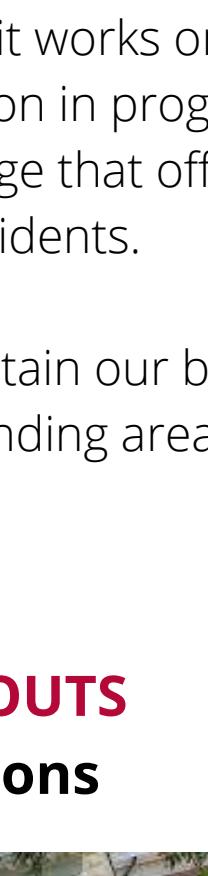
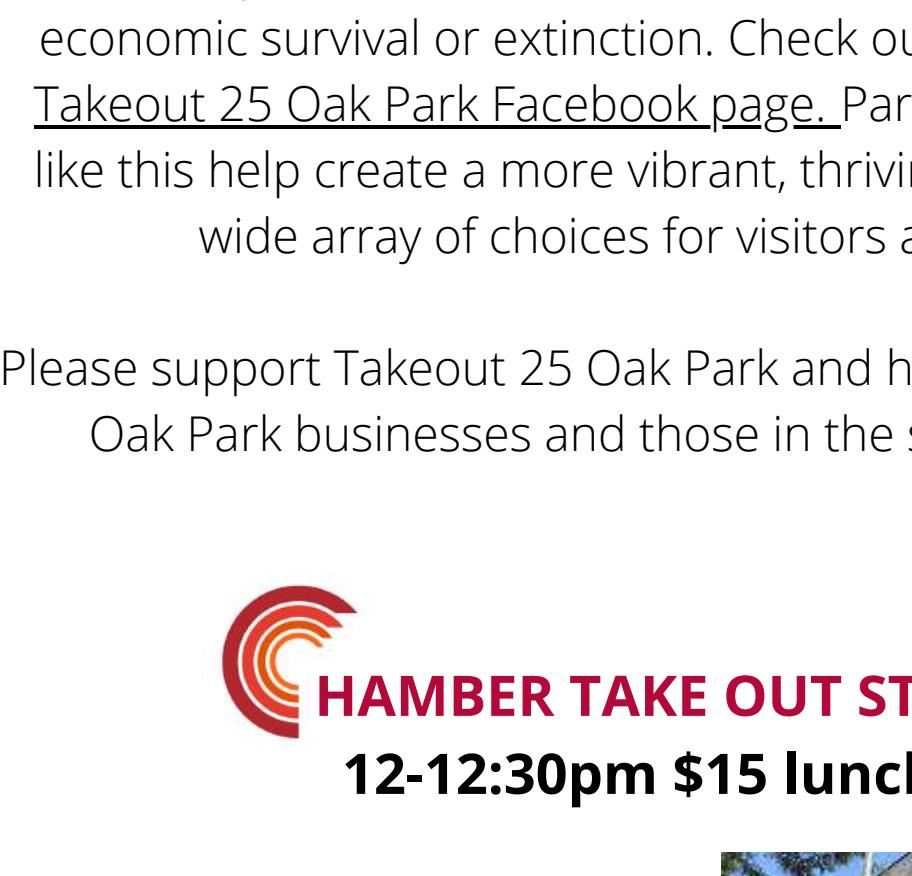
Connect to our community calendar

Community Calendar

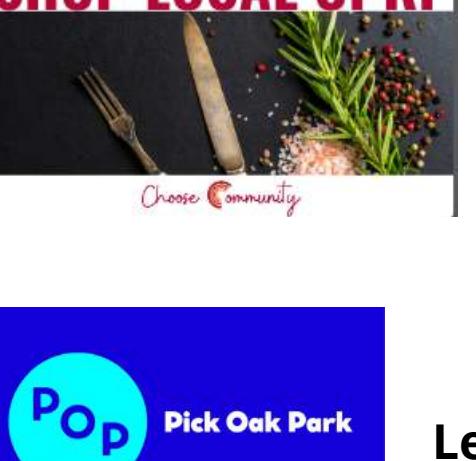
Support our Restaurants

TAKE OUT 25 OAK PARK

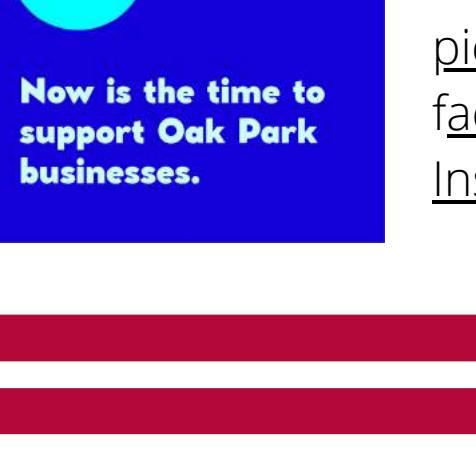
[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)



Continue to look to us as we provide critical information & connect you to business & community events.



Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)



Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

Connect to our community calendar

Community Calendar

Support our Restaurants

TAKE OUT 25 OAK PARK

[HOME](#) [WHAT IS THE PLEDGE?](#) [JOIN OUR FB GROUP!](#) [RESOURCES FOR RESTAURANTS](#)

Continue to look to us as we provide critical information & connect you to business & community events.

Timeless member emails
sign up for our [weekly newsletter](#) & [checkout our website](#)

Facebook [facebook.com/pickoakpark](#) [facebook.com/pickoakpark](#) [Instagram](#) [Instagram.com/pickoakpark](#)

Connect to our community calendar

Community Calendar