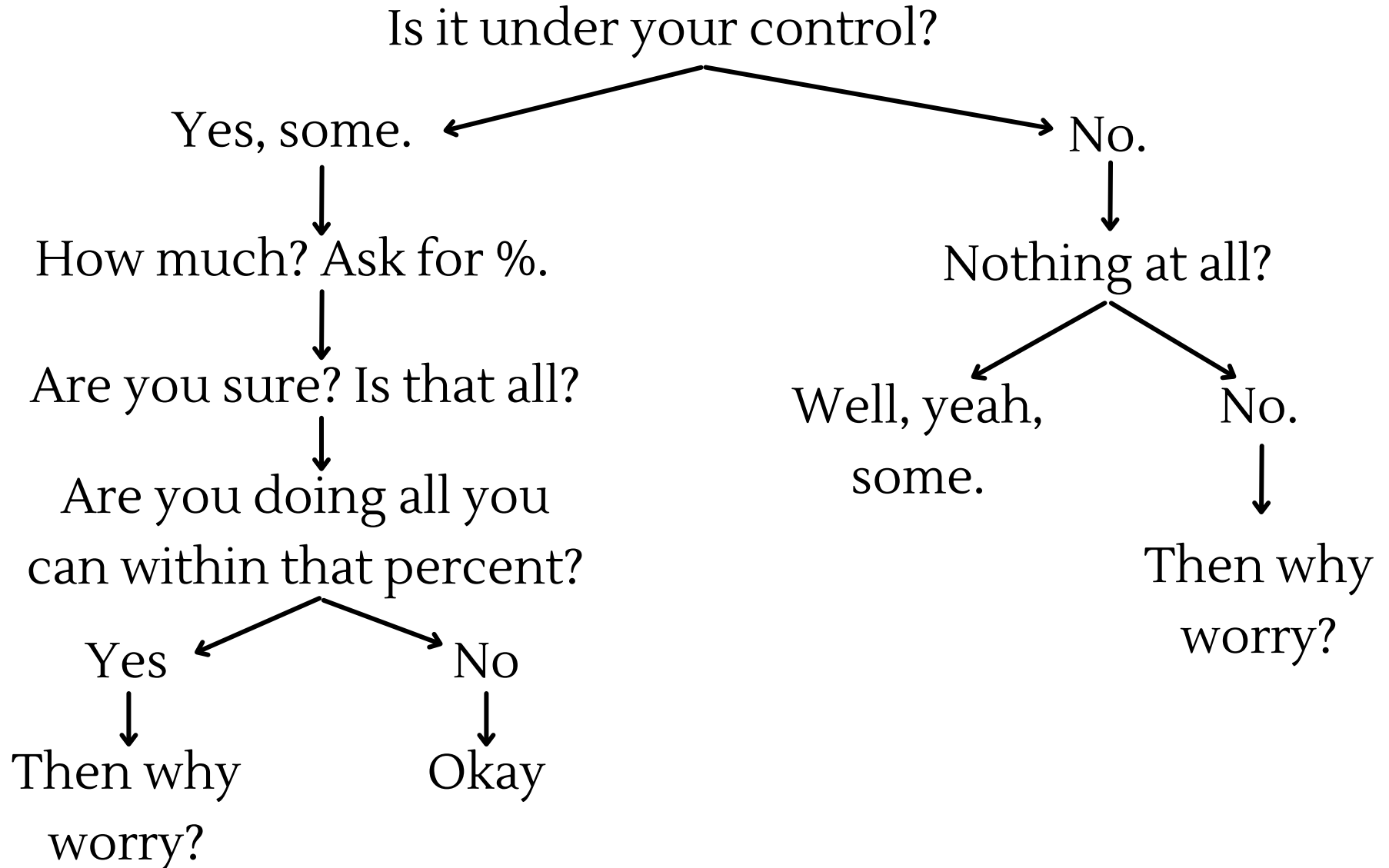


STEP 3: WORRIES/WANTS/NEEDS EXERCISE

(Discuss 2 of 3 worries)



MRT FREEDOM LADDER

STEP 13-16

EVALUATE RELATIONSHIP BETWEEN INNER
SELF AND PERSONALITY

STEP 12

CHOOSING MORAL GOALS

STEP 11

KEEPING MORAL COMMITMENTS

STEP 10

MAINTAIN POSITIVE CHANGE

STEP 9

COMMITMENT TO CHANGE

STEP 8

SHORT-TERM GOALS AND CONSISTENCY

STEP 7

LONG-TERM GOALS AND IDENTITY

STEP 6

HELPING OTHERS

STEP 5

HEALING DAMAGED RELATIONSHIPS

STEP 4

AWARENESS

STEP 3

ACCEPTANCE

STEP 2

TRUST

STEP 1

HONESTY

GRACE

FEW PERSONS REACH THIS STATE WHERE A PERSON SEES OTHERS AS AN EXTENSION OF SELF. REACHING GRACE MEANS ONE MUST GIVE ONESELF TO A MAJOR CAUSE. IN THIS STAGE, A PERSON'S IDENTITY FUSES WITH OTHERS AS WELL AS A SOCIAL CAUSE. DOING THE RIGHT THINGS, IN THE RIGHT WAYS, FOR THE RIGHT REASONS IS A PRIMARY CONCERN. VALUE IS PLACED ON HUMAN LIFE, JUSTICE, DIGNITY, AND FREEDOM. GHANDI, KING, AND MOTHER TERESA ARE A FEW EXAMPLES.

NORMAL

PEOPLE WHO EXPERIENCE THIS STATE HAVE INCORPORATED THEIR IDENTITY INTO HOW THEY LIVE THEIR LIVES. THUS, THEY HAVE THEIR NEEDS FULFILLED WITHOUT A GREAT DEAL OF EFFORT, TO SOMEONE IN THIS STAGE, WORK IS NOT WORK. HOWEVER, THEIR IDENTITY NEARLY ALWAYS INVOLVES THE WELFARE OF OTHERS, WHETHER IT IS THE WELFARE OF THEIR EMPLOYEES OR FAMILY. THEY OFTEN BECOME INVOLVED IN SOCIAL CAUSES AND HAVE GENUINE CONCERN FOR OTHERS. THEY GIVE GREAT CONSIDERATION TO THEIR OWN CONDUCT AND ARE NOT QUICK TO JUDGE OTHERS. THEY ATTEMPT TO KEEP ALL THEIR RELATIONSHIPS ON HONEST, TRUSTWORTHY LEVELS WHERE THEY ARE HELD ACCOUNTABLE. IT IS CLEAR THAT PEOPLE IN THIS STAGE HAVE CHOSEN THE RIGHT IDENTITY (SET OF GOALS). MORAL COMMITMENTS ARE BASED ABOUT HALF AND HALF ON SOCIETAL AND ETHICAL PRINCIPLES.

EMERGENCY

A SENSE OF URGENCY IN COMPLETING THEIR GOALS DOMINATES THIS STAGE BECAUSE THE INDIVIDUAL IS TOTALLY COMMITTED TO FULFILLING THEIR PERSONAL GOALS. THE GOALS OF A PERSON IN THIS STAGE ARE MORE BROAD AND INVOLVE THE WELFARE OF OTHERS, RATHER THAN BEING NARROW AND SELF-SERVING. THEY FEEL IN CONTROL OF THEIR LIVES, BUT OFTEN FEEL THEY HAVE OVER-COMMITTED AND ARE IN RISK OF FAILURE IF THEY SLOW DOWN. MOST OF THEIR DECISIONS ARE BASED ON WHAT IS BEST FOR SOCIETY AND THEIR ORGANIZATIONS, BUT THEY SHOW MUCH HIGHER, IDEALIZED ETHICAL PRINCIPLES, AS WELL. IN ADDITION, THEY SOMETIMES "SLIP" TO LOWER LEVELS OF REASONING AND ATTEMPT TO RECTIFY THIS AS SOON AS THEY REALIZE IT.

DANGER

THE MAJOR DISTINCTION BETWEEN DANGER AND NON-EXISTENCE IS THAT THOSE IN DANGER HAVE COMMITTED TO LONG-TERM GOALS. THEY FEEL THE RISK OF DANGER AND HAVE COMMUNICATED THEIR DESIRES TO OTHERS. THEY FEEL A DEFINITE DIRECTION IN LIFE AND SEE RELATIONSHIPS AS NECESSARY, IMPORTANT, AND SATISFYING. THEY USUALLY GAIN THEIR IDENTITY FROM THEIR LONG-TERM GOALS AND RECOGNIZE THE REQUIREMENTS OF SITUATIONS QUICKLY. MOST OF THESE PEOPLE MAKE THEIR MORAL JUDGMENTS FROM THE SOCIETAL CONTRACT LEVEL AND LAW AND ORDER. MANY OF THEM "SLIP" TO LOWER STAGES OF REASONING AND FEEL A SENSE OF PERSONAL LET-DOWN WHEN THIS OCCURS.

NON-EXISTENCE

THOSE IN NON-EXISTENCE DO NOT HAVE A FIRM SENSE OF IDENTITY AND DO NOT FEEL CONNECTED TO THE WORLD. THEY OFTEN FEEL LITTLE PURPOSE IN THEIR LIFE, BUT DO FEEL RESPONSIBLE FOR WHAT HAPPENS TO THEM. WHILE THEY FEEL SOMEWHAT ALIENATED, THEY CAN HAVE SATISFYING RELATIONSHIPS. MORAL JUDGMENTS CAN BE MADE FROM "LAW AND ORDER," PLEASING OTHERS, RECIPROCITY, OR PLEASURE/PAIN.

INJURY

PEOPLE IN THIS STAGE KNOW WHEN THEY HAVE HURT OTHERS OR THEMSELVES AND FEEL RESPONSIBLE FOR IT. LOW SELF-ESTEEM, GUILT, AND FEELINGS OF INADEQUACY OFTEN PREDOMINATE. WHILE THEY SEEM TO "LET-DOWN" OTHERS AND SELF FREQUENTLY, THEY RECOGNIZE THAT THEY ARE THE SOURCE OF THE PROBLEM. THIS IS THE FIRST STAGE THAT POSITIVE RELATIONSHIPS CAN OCCUR. PEOPLE IN INJURY HAVE TROUBLE FOLLOWING THROUGH ON THEIR GOALS AND COMMITMENTS. MORAL JUDGMENTS ARE BASED ON PLEASING OTHERS, PLEASURE/PAIN, AND RECIPROCITY.

UNCERTAINTY

A PERSON IN THIS STAGE MAY LIE, CHEAT, AND STEAL, BUT THEY ARE UNCERTAIN IF THEY SHOULD. THEY TYPICALLY HAVE NO LONG-TERM GOALS AND USUALLY DON'T KNOW IF THERE IS A DIRECTION THAT IS RIGHT FOR THEM. THEY SHOW RAPIDLY CHANGING BELIEFS AND A BASIC UNCERTAINTY ABOUT OTHER PEOPLE. THEY SAY, "I DON'T KNOW" A LOT AND SOMETIMES ARE UNCERTAIN WHETHER THEY SHOULD OR CAN CHANGE. THIS STAGE TYPICALLY DOESN'T LAST LONG. THEIR MORAL JUDGMENTS ARE BASED ON PLEASING OTHERS, PLEASURE/PAIN AND RECIPROCITY.

OPPOSITION

PEOPLE IN OPPOSITION ARE QUITE SIMILAR TO THOSE IN DISLOYALTY. HOWEVER, THOSE IN OPPOSITION ARE SOMEWHAT MORE HONEST ABOUT IT; THEY PRETEND LESS. THOSE IN OPPOSITION TEND TO BLAME SOCIETY, THE RULES, OR THE UNFAIRNESS OF OTHERS FOR THEIR PROBLEMS AND STATE IN LIFE. THEY ARE IN OPEN OPPOSITION TO ESTABLISH ORDER. THEY TEND TO BE RIGID AND UNADAPTABLE AND ARE MORE CONFRONTATIONAL, HOSTILE, AND OPENLY MANIPULATIVE. CONSTANT CONFLICT IS OFTEN SEEN. MORAL JUDGMENTS COME FROM PLEASURE/PAIN AND RECIPROCITY

DISLOYALTY

THE STAGE OF DISLOYALTY IS THE LOWEST MORAL AND BEHAVIORAL STAGE IN WHICH A PERSON CAN FUNCTION. LYING, CHEATING, STEALING, BETRAYING, BLAMING OTHERS, VICTIMIZING, AND PRETENSE (PRETENDING) ARE THE BEHAVIORS CHARACTERIZING IT. NEGATIVE EMOTIONS INCLUDING ANGER, JEALOUSY, RESENTMENT, HATRED, AND DEPRESSION DOMINATE. RELATIONSHIPS ARE EXPLOITATIVE. PEOPLE IN DISLOYALTY VIEW THE WORLD AS A PLACE THAT CANNOT BE TRUSTED AND BELIEVE THAT EVERYONE ELSE LIES, CHEATS, STEALS AND FEELS NEGATIVE EMOTIONS. MORAL JUDGMENTS ARE MADE ON THE BASIS OF PLEASURE/PAIN AND RECIPROCITY.

How to submit your CEU request form:



Complete all fields **except** the **trainer signature** and **date** line



Email filled out form to **logan@ccimrt.com**



Logan will email the form back to you with the **trainer signature**



Once you receive the signed form, you will **mail it with a \$15 check to LSUS** (*address listed on form*)

For questions, email:
logan@ccimrt.com



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Dear Participant:

Thank you for your interest in receiving Continuing Education Units (CEUs) for your participation in Moral Reconciliation Therapy Training received from Correctional Counseling, Inc. We are pleased to offer Continuing Education Units for this training program. You will receive .1 CEU for each hour of training you received. Per SACS guidelines by which LSUS is accredited, one (1) CEU represents 10 contact hours of participation in an organized continuing education experience under responsible sponsorship, capable direction, and qualified instruction, "i.e., 32 hours of training equals 3.2 CEUs.

To receive your certificate, please complete the form below and return with a \$15.00 fee for each program you attend. This is in addition to any registration fees paid for the class. Make checks or money orders payable to LSUS and forward to:

Division of Continuing Education
Attention: Cecelia Autry
Louisiana State University in Shreveport
One University Place, Technology Center, 133, Shreveport LA 71115

Upon receipt of form and fee, a certificate will be sent via email. The certificate will indicate the total CEUs earned as well as the total number of contact hours for the program. If you have any questions, please contact LSUS at (318) 798-4177 or email Cecelia.Autry@lsus.edu.

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PLEASE PRINT CLEARLY the name as you would like it to appear on your certificate.

Name: _____ DOB _____

(Last) (First) (MI)

Address: _____

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Email address: _____ Daytime Phone _____

Agency: _____ State _____

Date

Begin: _____ End _____ NO. Days _____ Total Hrs. _____

MRT 32 hr. Training _____ DV 32 hr. Training _____ 8 hr. Basic Review _____

16 hr. Advanced MRT _____ 6.5 hr. Trauma Training _____ 13 hr. Trauma Training _____

13 hr. Battling Shadows-Veterans, Trauma & PTSD Training _____

8 hr. Guidelines for Adolescent MRT Groups Training _____

16 hr. Improving Outcomes for Anger Management Participants Training _____

(NOTE: Information must agree with information received and signed by presenting agency before certificate will be processed.)

Participant's Signature _____ Date _____

(I certify that I attended all hours of the Moral Reconciliation Therapy Training)

Instructor's Signature _____ Date _____

I certify that the above named student attended all hours of the Moral Reconciliation Therapy Training.)



It Works!

CORRECTIONAL COUNSELING, INC.

Moral Reconciliation Therapy®

ADULT & TRIBAL OFFENDERS

- *How to Escape Your Prison** (MRT)
- *Discovering Life & Liberty in the Pursuit of Happiness** (MRT)
- *Character Development*
- *Coping with Anger*
- *Staying Quit*
- *Taking the High Road*
- *Thinking for Good*
- *What Do I Do Now?* (opioid use)

VETERAN SPECIFIC

- *Winning the Invisible War** (MRT)
- *Battling Shadows** (Veteran trauma)
- *Coping with Anger*
- *Staying Quit*
- *Taking the High Road*
- *Thinking for Good*
- *What Do I Do Now?* (opioid use)

TRAUMA

- *Breaking the Chains of Trauma** (Trauma)
- *Battling Shadows** (Veteran trauma)
- *Breaking the Chains of Trauma Journal*
- *Self-Preservation*

JUVENILE OFFENDERS

- *How to Escape Your Prison** (MRT)
- *Character Development*
- *Coping with Anger*
- *Rules Are Made to Be Followed*
- *Staying Quit*
- *Something for Nothing*
- *Taking the High Road*

DOMESTIC VIOLENCE

- *Brining Peace to Relationships** (MRT-DV)

CO-DEPENDENCY

- *Untangling Relationships*

SUBSTANCE ABUSE & RELAPSE PREVENTION

- *Staying Quit*
- *Filling the Inner Void*
- *Taking the High Road*
- *What Do I Do Now?*
- *Clean & Sober Visualization* (CD)

ANGER MANAGEMENT

- *Coping with Anger*

PETTY CRIME/ MISDEMEANOR

- *Responsible Living*

PARENTING

- *Parenting & Family Values*
- *Family Support*

CRIMINAL THINKING

- *Thinking for Good*

DUI

- *Driving the Right Way*
- *Escaping a Bottomless Pit*
- *Clean & Sober Visualization* (CD)
- *Staying Quit*
- *Taking the High Road*

EMPLOYMENT

- *Job Readiness*
- *Getting a Job*

DRUG EDUCATION

- *Taking the High Road*

SHOPLIFTING

- *Something for Nothing*