

Group Mission Trips- Charleston, SC

June 26-July 1

Lodging

We will be staying, eating, sleeping, showering, and having programs at a local church in Charleston. **Students will need to bring air mattresses, sleeping bags, pillows, and other bedding to sleep on floors.** Often church facilities do not have adequate indoor showers. **Please remember to bring swimsuits and shower shoes**, so you are ready for any situation. It may also be good to bring a fan for comfort in the SC heat!

How You'll Serve

Some of our projects include:

- Several Assisted Living Senior Centers: Participants will get to help out the Activities Department and participate in activities and interact with residents. They love to hear your stories and share their stories!
- Help lead and present a VBS style kids day camp at an apartment ministry. Participants will lead games, Bible lessons, memory verses, and any other activities for a kid's camp age K-5th grade. There may be other opportunities to serve the housing communities after the camp around the grounds.
- Help at a summer camp for neighborhood kids by organizing and implementing sports, activities, active play, songs and movement, and games.
- Brighten up the day for patients at a rehabilitation and care center--they love crafts, bingo, sing-a-longs, snacks, word trivia, exercises, socializing and room visits.
- Assist at senior citizen homes! Help them out with yard work and chores that they cannot complete themselves.
- Help 1st-7th grade kids at a youth program by leading devotionals, serving lunch, and interactions.

Code Of Conduct

To Provide The Best Experience, All Trip Participants Agree To The Following:

- I will respect the spiritual growth and work goals of the mission trip and participate in all scheduled activities, which are designed to make the most of my mission experience.
- I will not act or behave in a way that creates significant distractions or disruptions to other participants or staff.
- I will respect others' privacy by not entering into areas of the lodging facility that are assigned to females if I am a male or areas assigned to males if I am a female. I will also follow the designated adult and youth-only shower times.
- I will dress and behave modestly to show respect for the community, its people, and the other participants.
- I will respect the local community and those we live with for the mission trip by not damaging the lodging facility or other property.
- I will respect those around me by not using obscene or abusive language or engaging in reckless behavior that could cause harm to others or myself.
- To help the mission trip time be focused on interacting with God and others, I will not bring electronic video devices, computers, or toy guns. I understand there is no security for valuables.
- In order to build relationships with participants and residents at the mission trip, I will not use my cell phone or iPod, etc. on work sites or during worship programs.
- For my safety, I will not leave the lodging facility or project sites without an adult if I am under 21.
- I will not change room assignments, so my location will be known if I need to be contacted in an emergency.
- To respect other participants and so all can get the rest needed, I will respect the scheduled lights-out time.
- I will not have in my possession or use fireworks, firearms, illegal drugs, or alcohol. I will obey all the laws of the community and state in which I am serving. I know that illegal activity will not be tolerated and that local police will be called if necessary.
- I will respect and follow the directives of my adult leaders, other adult participants, and GMT staff.

- To respect others, I will not use tobacco, e-cigarettes, or vape pens in vehicles, at the project site, at the lodging facility, or in neighboring residents' yards. I understand it is illegal to use tobacco on most school grounds.
- I will respect others by avoiding inappropriate sexual activity. I will not engage in sexual misconduct, which can include inappropriate comments, gestures, or physical contact.

It is out of respect for God, ourselves, and others that we abide by these rules. If you violate these rules, you may be denied the privilege of participating in the mission trip.

You may be asked to leave (without reimbursement of expenses or registration) at the request of your youth leader or GMT staff.

Your signature, or your parent's signature, on the participant info form verifies that you have read, understand, and agree to this Code of Conduct.

Liability And Release Agreement

Thank you for your participation in the ministry of Group Mission Trips, a nonprofit 501(c)(3) organization. You have the opportunity to discover the rewards of providing care through service and outreach to a community. Group Mission Trips (GMT) works with many vendors and subcontractors, such as schools, material suppliers, local community agencies, and churches.

As a GMT participant, you may participate in activities such as carpentry, patching and installing drywall, roofing, digging, building steps and wheelchair ramps, insulating, painting, flooring, replacing windows and doors, and other miscellaneous types of home repair. Other projects could include yard work, cleaning, working with the elderly, children, and/or animals.

You may be using cleaning products and hand tools such as hoes, rakes, shovels, paint brushes, and rollers. You may be using a drill to drive screws and, if you're over the age of 16, you may be using a drill for drilling holes. If you're over the age of 18, you may be using power saws such as a circular saw. You may also be climbing up and down ladders with and without tools and materials, and working in high places such as on ladders or scaffolding. Please understand that you are not required to do any work that you consider to be unsafe.

By signing the participant info form, you acknowledge these activities have inherent dangers that no amount of care, caution, instruction, or expertise can eliminate. Upon recognition of the inherent risks like the work involved and for the opportunity to participate in a mission trip, by your signature, you release and discharge GMT, and its directors, officers, employees, vendors, and agents from liability. You further release and discharge all partner organizations from liability associated with serving at their organization as part of the mission trip experience. You covenant with them that you will never, individually or as legal guardians of participating individuals, institute any action at law or in equity for any personal injuries, or injuries to property, real or personal, caused by, or arising out of mission trips and other related activities sponsored by GMT, its successors, and legal representatives. You further agree to indemnify and hold GMT harmless against any and all costs, damages, and expenses, which may be incurred by them as a result of any lawsuit you might file against them.

By signing the participant info form, you acknowledge that you (and your child, if applicable) have read and agree to abide by our Code of Conduct. You further permit you/your child to be transported in vehicles for mission trip activities and to receive professional healthcare if necessary.

By signing the participant info form, you also hereby authorize GMT to use or disclose you or your child's protected health information for the purposes of treatment, payment, health care operations, or any other disclosures as allowed by law in connection with an accident, medical incident, or claim made. (Please note: as a participant, you are responsible for your own health insurance needs and are advised to bring your personal health insurance information with you on your trip.)

Photographs and/or video and sound recordings of yourself or your child may be made during the trip. You authorize the use of such material by GMT and our partner organizations for its purposes.

The laws of the State of Colorado will govern any dispute arising out of the trip. We are grateful for you/your child's willingness to minister together with us.

Disciplinary Procedure:

- GMT staff will process any illegal activity or sexual misconduct situation with input from GMT leadership and the local authorities.
- GMT staff is the final authority on any trip disciplinary actions, he/she is instructed to immediately remove participants who pose a danger or threat to others, who participate in illegal activity, or who create significant distractions or disruptions to the other participants or staff
- First-time minor offenses against the Code of Conduct will be brought to the attention of the youth leader (or contact person). It will be up to the youth leader to devise actions, if any, to notify leadership.
- Second-time minor offenses will be processed by the youth leader and GMT staff. GMT staff will have final authority on actions to be taken. If a participant is removed from the trip, the youth leader will be responsible to carry out the details.

Schedule

Sunday

3–4 p.m. Check-in
4:30 p.m. Adult meeting
5:30 p.m. Dinner gathering
6:30 p.m. Kick-off program. Meet your crew and get project assignments
8:00 p.m. Chapel. Youth group devotions
11 p.m. Lights-out

3:30 p.m. Check-in at lodging facility.
Free time: dinner and devotions on your own
8:00 p.m. Lodging facility is back open
8:30 p.m. Movie night (optional)
10:30 p.m. Bedtime stories (optional)
11 p.m. Lights-out

Monday

6:30 a.m. Breakfast crew begins
6:45 a.m. Wake-up call
7–7:45 a.m. Breakfast and pack lunches
8:45–3 p.m. Serve at project sites. Lunch and crew devotions
3:30 p.m. Return to lodging facility.
Camp store is open
5 p.m. Dinner crew begins
5:30 p.m. Dinner gathering
6:30 p.m. Hospitality tasks
7:00 p.m. Chapel team practice
8:00 p.m. Chapel. Youth group devotions
10:30 p.m. Bedtime stories (optional)
11 p.m. Lights-out

Wednesday

6:30 a.m.–11 p.m. Same as Monday

Thursday

6:30 a.m. Breakfast crew begins.
6:45 a.m. Wake-up call
7–7:45 a.m. Breakfast and pack lunches
8am. Morning program
8:45–3 p.m. Serve at project sites. Lunch and crew devotions
3:30 p.m. Return to lodging facility.
Camp store is open
5 p.m. Dinner crew begins
5:30 p.m. Dinner gathering
6:30 p.m. Hospitality tasks
7:00 p.m. Chapel team practice
8:00 p.m. Chapel. Youth group devotions
9:30 p.m. Lip-Sync battle
11 p.m. Lights-out

Tuesday

6:30 a.m.–3 p.m. Same as Monday

Friday

7–8 a.m. Breakfast
7–9 a.m. Room check-out. Groups depart

Sample Menu

(All meals are subject to change at any time)

Food will be prepared by cafeteria staff at your lodging facility. It's going to be great, but keep in mind, it's cafeteria-style food. It's not a fancy made-to-order restaurant.

BREAKFAST

- Participants will have one or more of the following options:
- Scrambled eggs, French toast, tater circles, sausage, pancakes, breakfast burritos, English muffins
- Accompaniments (each day): Cereal, yogurt, wheat bread, juice, coffee, tea, variety of fruit

LUNCH

Lunches are picnic-style at the work sites. There will be a variety of lunchmeat sandwiches, chips, a fruit or vegetable, and a treat like a granola bar or cookie. Peanut butter and jelly will be available each day.

Beverages on the work site:

- Participants will need to fill their water bottles that they brought with them before they leave the lodging facility each day
- Each crew will bring a full 5-gallon water container with them to the work site to refill their own bottles

DINNER

- Sunday: Hamburgers, hotdogs, baked beans, fries, and ice cream bars OR a cosponsor provided meal
- Monday: Chicken breast with gravy or BBQ sauce, mashed potatoes, side vegetable, rolls, and strawberry shortcake
- Tuesday: Taco bar with flour tortillas, taco shells, ground beef, tortilla chips, black beans, rice, lettuce, tomato, cheese, onion, and pudding
- Wednesday: DINNER ON YOUR OWN
- Thursday: Chicken tenders, mac and cheese, side vegetable, and brownies
- Friday: Baked ziti (one pan of vegetarian ziti), garlic bread, side vegetable, and ice cream

Salad bar (every evening): Featuring a variety of mixed greens, diced tomatoes, carrots, cucumbers, cottage cheese, beans, cheddar cheese, croutons, and choice of Ranch or Italian dressing

Beverages: Lemonade and iced tea will be available

If you have a participant that has to eat gluten-free, please let us know. We can have a few gluten-free options at camp, but we need to know in advance.

Please note that we do have peanut butter on our menu.

Packing List

PERSONAL ITEMS:

- Air mattress, cot, or foam pad (twin-size)
- Sleeping bag or sheets
- Blanket and pillow
- Towels and washcloths
- Swimsuit and shower shoes
- Toothpaste and toothbrush
- Soap and shampoo
- Any prescription medications
- Laundry/plastic bags (for dirty clothing)
- Long pants or jeans
- Shorts
- Work t-shirts
- Pajamas, socks, and underwear
- Work boots or sturdy shoes
- Water bottle (refillable, to be used at your work site)
- Personal health insurance card or copy
- Bible
- Tools from the Tool List
- Jacket
- Sunglasses
- Sunscreen
- Bandanas, a hat, or visor
- Insect repellent
- Mirror*
- Camera*
- GPS* (recommended for drivers)
- Rain gear*
- Snacks*
- Musical instruments*
- Fans* (most schools do not have AC)
- Flashlight*
- Alarm clock* (battery-powered)
- Spending money*
- Games for free time*
- Pen/pencil for program and devotions
- **1 mask per day (either disposable or enough cloth ones to get through the week without laundry- to be determined later in the spring)**

*Optional Items

WHAT NOT TO BRING:

- Alcohol, tobacco products, or illegal drugs
- Expensive clothes or jewelry
- Anything really valuable
- Fireworks, weapons, or toy guns

CELL PHONES/IPODS/LAPTOPS/ETC.

For security reasons, it's best to leave these items at home. However, we do understand that they are great for capturing moments, sharing life, and communicating back home. If you decide to bring any of these items, don't let them distract from your experience. How can you be tethered to your devices and expect God to work in unexpected ways? If you decide to bring them, be sure to put them away during the programs and on your work sites.

GROUP MISSION TRIP PARTICIPANT FORM

Week of Hope - 22SC12 | Charleston, SC - Sunday, June 26, 2022

Name: _____

Birthday: _____ Gender: _____

Participant Email: _____

Participant Address: _____

Participant Cell Phone: _____

I am over 18! You can communicate with me about other Group Mission services.

What Grade are you Entering in Fall 2022: _____

Have You Been to a Group Camp Before?: _____ Will you be a driver at camp?: _____

Have you ever been convicted of:

Sexual misconduct? Use or Distribution of Illicit drugs or controlled substances?

Violence against another person resulting in a felony conviction?

Property crime resulting in conviction?

If yes, please provide written explanation.

I have seen, read, and agree to every aspect of the Liability and Release Agreement and the Code of Conduct. By signing this form, I hereby authorize Group Mission Trips to use or disclose my protected health information for the purposes of treatment, payment, health care operations, or any other disclosures as allowed by law in connection with any accident, medical incident, or claim made.

Signature of Student: _____

Signature of Parent/Guardian: _____

Date: _____