



*"I pray that you may have the power to comprehend, with all the **saints**, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God."* - Ephesians 3:18-19

The amazing, expansive, powerful love of Christ is already at work in all of us. Together, with all the saints, we continue to grow into this understanding, comprehension, and acceptance until all are filled with all the fullness of God.

### Questions for Reflection:

- How does this passage of scripture influence the way you picture God?
- When have you felt overwhelmed by the love of God?
- What does it mean to be filled with all the fullness of God?
- Reflect on the phrase "**with** all the saints." Saints refers to both living disciples AND to those who have died. How do we gain strength to live as God calls us to live in the with?
- Who are the saints, both living and deceased, who have impacted your faith journey?
- In what ways can you strive to be a living saint for others?

**All Saints' Day** – In the United Methodist Church, All Saints' Day is celebrated on the first Sunday in November. All Saints Day is a day to remember the saints of the church and in our lives who have made a difference in our faith journey. All Saints' Day is also a day to remember church members who have died in the last year. During worship, a bell is rung, and a candle is lit as the name of each person is read.

Try one or more of the following spiritual practices as you remember and honor the people in your life who inspire and encourage you as you grow in faith.

- Draw a picture of or write about the people in your life who help you learn about God, inspire and support your faith journey.
- Light a candle or ring a bell in memory of the special people in your life and in our church who passed away this year. Share a special memory about them. Pray, thanking God for the ways they have made a difference in your life and in the world.
- Make a Family Faith Tree: <https://aprilfiet.com/theology-culture/sermon-meditation/teaching-saints-day-children>
- Family of Saints: Write your name at the bottom of a large sheet of paper. Begin creating a family tree by moving up the page and adding parents and grandparents. Add members of your church family and chosen family and friends. Continue until the page is full. Talk about what makes each person an important part of your family.