



CONDITIONING SUMMER CAMP

COACH JONES OLY



FITNESS/CONDITIONING SUMMER CAMP

Keep active/ improve performance during the summer months.

Student athletes get an introduction on what it is like getting in shape for any sport! It is open to everyone at any fitness level!

(parents welcome to join \$80 per session)

\$200
PER SESSION
PER ATHLETE

Camp Information:



5-8th grade students



9am - 11am



St. John Paul II

Session 1

**13-22 JUNE
2023**

T,W, TH 9 - 11AM

Session 2

**11-20 JULY
2023**

T,W, TH 9 - 11AM

Payment information

Zelle : Laverne Jones/405-532-9099

Check / cash

Confirm participation before June 12th
to Coach Jones @ 405-532-9099