ECHO for Families

During the Spring 2026 learning series we will introduce the Charting the LifeCourse framework, designed to help individuals with disabilities and families at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Each session will include a presentation on one of the key life domains, followed by time for participants to complete some of the tools focused on supporting their child or family's goals, strengths, and needs.



ECHO for Families meets biweekly on Wednesdays from 12:00pm-1:00pm MT

Upcoming Session Dates:

- January 21: Charting the LifeCourse Framework Overview
- February 4: Daily Life and Employment
- February 18: Community Living
- March 4: Healthy Living
- March 18: Safety and Security
- April 1: Social and Spirituality
- April 15: Advocacy and Engagement
- April 29: Charting the LifeCourse in Action

- In-person host sites available in Basin, Cheyenne, Laramie, Rawlins, Saratoga, and Thermopolis
- Lunch is provided at host sites!

Scan the QR code on the left to register and learn more about ECHO for Families sessions!

Email: projectecho@uwyo.edu

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