

Meet Our Instructors



PUBLIC SAFETY PSYCHOLOGY GROUP

Our instructors are passionate about their teaching and are here to help First Responders navigate their careers. They bring a wide variety of knowledge and experience in order to provide the best instruction possible to reach and impact as many First Responders as they can.

Dr. Troy Rodgers

Troy is a police and public safety psychologist, practicing in the Southwest for the last 20 years. He is the Agency Director for Public Safety Psychology Group LLC (PSPG) since 2004. He works as a consultant/psychologist for over 500 local, state, and federal law enforcement, fire, dispatch/communications, and corrections agencies.

Paul Bearce

Paul retired from the fire service after 25 years. He started as a volunteer firefighter and EMT and spent his last 3 as chief of Rio Rancho Fire. Currently he serves as the vice-chair of the New Mexico Suicide Prevention Coalition & teaches across the country on suicide prevention and the importance of peer support.

Jesse Cash

Jesse is a retired U.S. Navy Senior Chief Petty Officer and former New Mexico law enforcement officer with expertise in targeted violence intervention. He holds a doctorate in Strategic Intelligence/Sociology and is trained in investigations, counterterrorism, negotiations, and leadership.

Dr. Gina Crean

Gina is a licensed Clinical Social Worker, Certified Trauma Professional, and Certified First Responder Counselor with experience in severe trauma. Practicing since 2013, joined PSPG in 2024, and also serves as a therapy director, national consultant, and adjunct faculty member at multiple universities.

Roger Foster

Roger has over 20 years of experience, primarily serving in Indian Country. His career has been deeply rooted in community engagement and building relationships that will have a positive and lasting effect. He is currently serving as the Chief of Police for the Pueblo of Jemez.

Jen Rodgers

Jen is the Special Programs Director at PSPG, overseeing non-clinical operations. With over 18 years of experience, she leads statewide peer support efforts, facilitates critical incident debriefings, and provides training on mental health, crisis intervention, and law enforcement topics locally and nationally.

Mason Blinstrub

Mason has worked in Crisis Intervention for the city of Rio Rancho for over ten years. He holds a Master of Law through UNM School of Law, and completed his Doctorate of Criminology and Criminal Justice through Pennsylvania Western University.

Juan Cordova

Juan is a retired New Mexico law enforcement officer with over 20 years of experience. He specialized in Crimes Against Children investigations, Commercial Vehicle Enforcement, and Crisis Intervention Training, and also worked in the Advanced Training Bureau developing Virtual Reality-based training programs.

Jordan Eldredge

Jordan has her Bachelor's Degree in Studio Art with a focus in Photography from UNM. She is the Special Programs Coordinator for PSPG. She manages curriculum development and spearheading new projects. She also manages actors for live scenarios, partakes in trainings, debriefings, and is a Certified Critical Incident Responder.

Bailey Grundhoffer

Bailey is the Clinical Director at PSPG. She has her bachelor's in Psychology from Hastings College and her master's in Social Work from NMHU. She joined PSPG in 2016 and has experience working with individuals across the lifespan in schools, hospitals, homes, and outpatient settings.

Joscelyn Lister

Joscelyn received her Master's in Social work from New Mexico Highlands University, a Bachelors in Criminal Justice, and an Associates in Sociology from New Mexico State University. Ms. Lister has worked within New Mexico's judicial system, juvenile justice reintegration centers, and tribal communities. Joscelyn works extensively with first responders who experience trauma at a profound level, offering a safe, honest space for them to be seen and heard drawing from her direct, empathetic style.

Jan Olstad

Jan retired as a Lieutenant from Albuquerque PD after 21 years of service. He led the Crisis Intervention Team and Crisis Negotiation Team for over four years and he responded to nearly 200 SWAT activations.

Nick Sanders

Nick retired as a Commander from the Albuquerque Police Department in November 2025 after 23 years of service. While with the Albuquerque Police Department, Commander Sanders oversaw the Real Time Crime Center and the Scientific Evidence Division.

Sean Wallace

Commander Sean Wallace is the Director of the Office of Emergency Management for the Albuquerque Police Department. With more than 20 years of law enforcement experience, he has led operations in emergency management, homeland security, investigations, and special operations.

Mizel Garcia

Mizel Garcia is a retired law enforcement executive with more than 30 years of experience. He served as a Commander with the Albuquerque Police Department and later as Chief of Police for the Española Police Department. He is a certified Master Instructor in crisis negotiations, crisis intervention, critical incident response, and undercover operations.

Dr. Mariah Lester-Sway

Mariah earned her Doctor of Nursing Practice in Psychiatric Mental Health from Washburn University in 2024. Her doctoral research at PSPG focused on telehealth and improving access to mental health care in rural communities. She provides training and supervision for clinicians and also works locally in Albuquerque as a registered nurse.

Mike Martinez

Mike retired from Bernalillo County SO in 2021 after 23 years of service. He worked in the Field Service Division, Criminal Investigations Division, Professional Standards Division, and the Administrative Services Division. Mike retired as the Homicide/Violent Crimes Sergeant and the Crisis Intervention Unit Supervisor.

Kristina Romero

Kristina is a licensed Mental Health Counselor in New Mexico, practicing since 2020. She earned her bachelor's and master's degrees from the University of Phoenix and specializes in trauma-focused therapy. Ms. Romero is EMDR certified and trained in Accelerated Experiential Dynamic Psychotherapy (AEDP).

Lawrence Saavedra

Lawrence retired as a Detective from Albuquerque PD, with 30 years in Law Enforcement. His experience includes Patrol Officer, Field Training Officer, Violent Crimes Impact Team, Crisis Intervention Detective, Crisis Negotiations Team Primary Negotiator, and School Resource Officer.

Dr. Jack Williams

Jack is a licensed mental health clinician (LPCC) in New Mexico with a Doctor of Behavioral Health (DBH). He served in the U.S. Air Force, began his counseling career in an Albuquerque clinic, and worked with the New Mexico CYFD in juvenile justice facilities.



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