

PSRS SPEAKERS & TOPICS



Dr. Troy Rodgers

Leading the Pack: 15 Ways to Survive & Thrive During a Public Safety Career



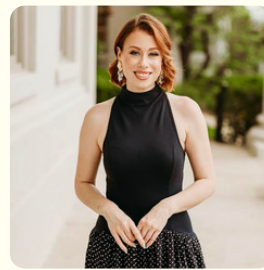
Katherine Boyle

Strengthening Law Enforcement Families & How the Job Can Affect Your Kids



Dr. Shawna Baron

Daily Habits to Build Resiliency: The Little Things Add Up!



Mackenzie Alcorn LCSW

From Search to Structure: Building Systems that Prevent Suicide in First Responders



Chief Jason Corthell

Shift: Perspectives From the Frontlines



Sgt. Lindsey Javins

From Search to Structure: Building Systems that Prevent Suicide in First Responders



Nathan E. Bearfield

Resilient: The Story of How I Got Here



Dr. John Nicoletti PhD

Understanding & Mitigating Your Own Brand of Misery



Ret. Lt. Van Eldredge

Life is Like a Bicycle: In Order to Stay Balanced you Must Keep Moving



Sherri Martin

Behing the Badge: What 3400 Officers Say About Stress, Culture, & the Future of Policing



Deb Garrison

Traumatic Grief & Vicarious Trauma



Ret. FF Greg Flynn

The Yellow Rose Campaign: Advancing Organizational Health in Public Safety



Ret. Sgt. Daryell Harmon

Disciplined: The Life that Performs Under Pressure



Ret. US Army Alex Bonilla

Escaping Survival Mode: Everyone Sees the Warrior...Few Understand the War Inside



Eric Brenneman

Autonomic Regulation, Mental Health, & the Path to Recovery



Ret. LEO David Berez

Tactical Storytelling



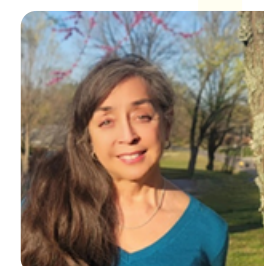
Linda Hudson NLP

Emotional Mastery & Overcoming Limiting Beliefs



Dr. Gina Crean

Whent the Call Stays With You: Vicarious Trauma in Child Involved Cases



Lani Ramos MA-LPC

Whent the Call Stays With You: Vicarious Trauma in Child Involved Cases



Dr. Jack Williams

Autonomic Regulation, Mental Health, & the Path to Recovery



Brian Box

Building Finanical Strength in First Responder Families



Leslie Weisman

Trauma & Stress: Cumulative Effects on First Responders



Captain Joshua Lackey

The Hidden Injuries of Service: Compassion Fatigue, Burnout, Stress & Moral Injury



RESILIENT



