



recovery • rest • renewal • recreation • relationships

# August 2019

## R Place Peer Recovery Center

Open  
Monday-Friday  
1 - 5pm  
Saturdays  
11am - 3pm

10 East Benton St  
Iowa City, Iowa  
52240

319-354-3455

RPlacePeerCenter  
@gmail.com

Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All calendar events may be subject to change without notice.	<b>HVSM= Hearing Voices / Special Msgs Group</b>	<b>CRSG = Connection Recover Support Group</b>	<b>Wellness Recovery Action Plan</b>	0 1 <b>5:30 Hearing Voices Special Msgs</b>	02 <b>2:30pm Therapeutic Journaling</b>	0 3 <b>Open 11am-3pm</b>
0 4	0 5 <b>2:30pm Mindful Moments</b>	0 6 <b>2:30 Glitter Mania! 5:30 CRSG</b>	0 7 <b>2:30pm Gardening</b>	0 8 <b>2pm Seeking Safety</b>	0 9 <b>2:30pm Haiku Poetry</b>	1 0 <b>Open 11am-3pm</b>
1 1	1 2 <b>2pm Drum Circle w/ Gayla Drake</b>	1 3 <b>2pm DBT InterPersonal Skills 5:30 CRSG</b>	1 4 <b>2pm TMS @ UIHC Infomation</b>	1 5 <b>CLOSED: MOVING to Kennedy Plaza</b>	1 6 <b>CLOSED: Moving to 702 Gilbert St Suite 111</b>	1 7 <b>Open 11am-3pm</b>
1 8	1 9 <b>2:30pm Mindful Moments</b>	2 0 <b>2pm Pet Therapy Denali 5:30 CRSG</b>	2 1 <b>2:30pm Choices in Genetic Testing</b>	2 2 <b>2pm Current Events</b>	2 3 <b>2:30pm A2I Advocacy Workshop</b>	2 4 <b>Open 11am-3pm</b>
2 5	2 6 <b>2-4pm Sound Healing</b>	2 7 <b>2:30pm WRAP 5:30 CRSG</b>	2 8 <b>2:30pm Adult Coloring</b>	2 9 <b>4pm Hearing Voices Special Msgs</b>	3 0 <b>2:30pm Read My Face</b>	3 1 <b>Open 11am-3pm</b>