



November 2018

R Place Peer Recovery Center

Open
Monday-Friday

1 - 5pm
Saturdays
11am - 3pm

10 East Benton St
Iowa City, Iowa
52240

319-354-3455

RPlacePeerCenter
@gmail.com

Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	HVSM = Hearing Voices / Special Msgs Group	CSSG = Connection Signature Support Group	Wellness Recovery Action Plan	0 1 2pm Walking Gtoup 5:30pm HVSM	0 2 2:30pm Journaling Workshop	0 3 Open 11am - 3pm
0 4	0 5 2:30pm Mindful Moments	0 6 2:30pm Community Engagement	0 7 2:30pm WRAP	0 8 2pm UofI Nurses: Fibromyalgia	0 9 2:30pm Painting with Leann	1 0 Open 11am - 3pm
1 1	1 2 2:30 Intro to Sound Healing	1 3 2pm Short Story Reading	1 4 2:30pm WRAP	1 5 2:30pm Zentangle Drawing 5:30pm HVSM	1 6 2:30pm Journaling & Writing	1 7 1pm Improv Comedy
1 8	1 9 2:30pm Mindful Moments	2 0 2-3:15pm Pet Therapy w/ Denali	2 1 2:30pm WRAP	2 2 CLOSED	2 3 for THANKS	2 4 GIVING
2 5	2 6 2:30pm Mindful Moments	2 7 2pm Adult Coloring	2 8 2:30pm WRAP	2 9 2:30pm Writing Poetry	3 0 2:30pm A2I Advocacy Workshop	*All calendar events may be subject to change with- out notice.