



# December 2018

## R Place Peer Recovery Center

Open  
Monday-Friday

1 - 5pm

Saturdays

11am - 3pm

10 East Benton St

Iowa City, Iowa

52240

319-354-3455

RPlacePeerCenter  
@gmail.com

| SUNDAY   | MONDAY                            | TUESDAY   | WEDNESDAY                                   | THURSDAY  | FRIDAY                                  | SATURDAY  |
|--|-----------------------------------|---|---|---|---|---|
| <p>*All calendar events may be subject to change without notice.</p> |                                   | <p><b>CSSG = Connection Signature Support Group</b></p> | <p><b>Wellness Recovery Action Plan</b></p> | <p><b>HVSM= Hearing Voices / Special Msgs Group</b></p> |   | <p>0 1<br/>11am - 3pm<br/>Coffee &amp; Conversation</p> |
| 0 2  | 0 3<br>2:30pm<br>Mindful Moments  | 0 4<br>2pm<br>Glitter / Sensi Bottles                   | 0 5<br>2:30pm<br>WRAP                       | 0 6<br>Fiber Arts: Knit/Crochet                         | 0 7<br>2:30pm<br>Therapeutic Journaling | 0 8<br>11am - 3pm<br>Coffee & Conversation              |
| 0 9  | 1 0<br>2pm<br>Calligraphy & Cards | 1 1<br>2:30pm<br>Cocoa & Caroling                       | 1 2<br>2:30pm<br>WRAP                       | 1 3<br>2:30pm<br>Role Playing Games                     | 1 4<br>2:30pm<br>Painting with Leann    | 1 5<br>1pm<br>Improv Comedy                             |
| 1 6  | 1 7<br>2:30pm<br>Mindful Moments  | 1 8<br>2pm Pet Therapy w/ Denali                        | 1 9<br>2:30pm<br>WRAP                       | 2 0<br>Adult Coloring                                   | 2 1<br>2:30pm<br>Therapeutic Journaling | 2 2<br>CLOSED   |
| 2 3  | 2 4                               | 2 5   | 2 6<br>2:30pm<br>WRAP                       | 2 7<br>2:30pm<br>Therapeutic Reading                    | 2 8<br>2:30pm A2I<br>Advocacy Workshop  | 2 9<br>11am - 3pm<br>Coffee & Conversation              |
| CLOSED   | FOR                               | HOLIDAY   |   |   |   |   |