



recovery • rest • renewal • recreation • relationships

June 2019

R Place Peer Recovery Center

Open
Monday-Friday

1 - 5pm

Saturdays
11am - 3pm

10 East Benton St
Iowa City, Iowa
52240
319-354-3455

RPlacePeerCenter
@gmail.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*All calendar events may be subject to change without notice.</p>		<p>CRSG = Connection Recovery Support Group</p>	<p>Wellness Recovery Action Plan</p>	<p>HVSM= Hearing Voices / Special Msgs Group</p>		<p>0 1 Open 11am - 3pm</p>
<p>0 2</p>	<p>0 3 2:30pm Mindful Moments</p>	<p>0 4 2pm Change Your MCO 5:30 CRSG</p>	<p>0 5 1:30pm Ask the Pharmacist</p>	<p>0 6 2pm Role Play Games 5:30 HVSM</p>	<p>0 7 2:30pm Journaling w/ Loren</p>	<p>0 8 Open 11am - 3pm</p>
<p>0 9</p>	<p>1 0 2pm Drum Circle with Gayla Drake</p>	<p>1 1 2pm Pet Therapy w/ Denali 5:30 CRSG</p>	<p>1 2 2:30pm WRAP</p>	<p>1 3 2pm Seeking Safety w/ Jackie H-C</p>	<p>1 4 2:30pm Haiku Poetry</p>	<p>1 5 1pm Improv Comedy</p>
<p>1 6</p>	<p>1 7 2:30pm Mindful Moments</p>	<p>1 8 2pm Intro to DBT 5:30 CRSG</p>	<p>1 9 2:30pm Community Engagement</p>	<p>2 0 4pm Hearing Voices / Special Msgs</p>	<p>2 1 2:30pm Journaling w/ Loren</p>	<p>2 2 Open 11am - 3pm</p>
<p>2 3 / 3 0</p>	<p>2 4 2-4pm Sound Healing</p>	<p>2 5 Adult Coloring 5:30 CRSG</p>	<p>2 6 2:30pm WRAP</p>	<p>2 7 2:30pm Gardening</p>	<p>2 8 2:30pm A2I Advocacy Workshop</p>	<p>2 9 Open 11am - 3pm</p>