



recovery • rest • renewal • recreation • relationships

June 2019

R Place Peer Recovery Center

Open
Monday-Friday
1 - 5pm
Saturdays
11am - 3pm

10 East Benton St
Iowa City, Iowa
52240

319-354-3455

RPlacePeerCenter
@gmail.com

Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All calendar events may be subject to change without notice.		CRSG = Connection Recovery Support Group	Wellness Recovery Action Plan	HVSM= Hearing Voices / Special Msgs Group		0 1 Open 11am - 3pm
0 2	0 3 2:30pm Mindful Moments	0 4 2pm Change Your MCO 5:30 CRSG	0 5 1:30pm Ask the Pharmacist	0 6 2pm Role Play Games 5:30 HVSM	0 7 2:30pm Journaling w/ Loren	0 8 Open 11am - 3pm
0 9	1 0 2pm Drum Circle with Gayla Drake	1 1 2pm Pet Therapy w/ Denali 5:30 CRSG	1 2 2:30pm WRAP	1 3 2pm Seeking Safety w/ Jackie H-C	1 4 2:30pm Haiku Poetry	1 5 1pm Improv Comedy
1 6	1 7 2:30pm Mindful Moments	1 8 2pm Intro to DBT 5:30 CRSG	1 9 2:30pm Community Engagment	2 0 4pm Hearing Voices / Special Msgs	2 1 2:30pm Journaling w/ Loren	2 2 Open 11am - 3pm
2 3 / 3 0	2 4 2-4pm Sound Healing	2 5 Adult Coloring 5:30 CRSG	2 6 2:30pm WRAP	2 7 2:30pm Gardening	2 8 2:30pm A2I Advocacy Workshop	2 9 Open 11am - 3pm