



# SEDONA ACTIVITIES

A LIST OF ADVENTURES CATEGORIZED BY SEDONA'S FOUR BRAND THEMES:  
ARTS & CULTURE, OUTDOOR ADVENTURE, SPIRITUAL & WELLNESS AND SUSTAINABILITY

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## ARTS & CULTURE



### ART CLASSES

For decades Sedona has been the defining arts town of Arizona—an enclave of unmatched beauty pulsing with creative energy. Sign up for a Sedona art class and express yourself among the red rocks.

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### ART GALLERY & STUDIO VIEWINGS

Sedona is home to more than 500 artists and 80 unique shops & galleries. Discover every medium including fine art paintings, thought-provoking abstracts, Western bronzes and many more.

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### CULINARY EXPERIENCES & COOKING CLASSES

With over 50 restaurants and many specialty shops, Sedona offers a unique culinary experience unlike any other destination.

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### HISTORICAL LOCATIONS & TOURS

From historical ancient ruins to Sedona's vintage film-making days, there are many educational and fun experiences waiting among the soaring red rocks.

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### PERFORMING ARTS & LIVE MUSIC

Have fun after the sun goes down and take in a show or concert at one of Sedona's live entertainment venues. Many Sedona restaurants offer live music nightly as well.

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## SHOPPING EXPERIENCES

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Find truly unique and one-of-a-kind treasures in myriad shops and galleries throughout Sedona. Whether shopping for yourself, or looking for the perfect gift, Sedona's shopping experiences will be sure to inspire you.



## WINERIES, TASTING ROOMS & VINEYARD TOURS

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Local wines can be found in stores and on the menus of restaurants throughout the area. Visit the vineyards and try the tasting rooms. If you're concerned about driving, several local companies offer tours or transportation options. You can travel by limo, jeep and even kayak!

# OUTDOOR ADVENTURE



## AIR TOURS

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See the natural panoramic splendor of Sedona from the sky in a hot air balloon or helicopter. Early morning hot air ballooning is available throughout the year. Helicopter rides can be scheduled for both individuals as well as groups.



## ASTRONOMY & STARGAZING EXPERIENCES

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Sedona is one of only twenty communities on Earth with a 'Dark Sky' designation, making it a premium stargazing destination. Private stargazing guides are available almost every night of the week. Meteor Crater and Lowell Observatory are within easy driving distance from Sedona.



## ESCAPE ROOMS

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Experience great team building and group challenges with unique local twists. Multiple themed escape rooms are available within a short drive from Sedona.





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## GOLF

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Stroll verdant fairways and lush greens framed by crimson-hued monoliths. If you're a golf buff or just beginning, tee up at highly rated championship courses open to the public in Sedona and play 18 holes in the most beautiful place on Earth.



## GROUND, ATV & HUMMER TOURS

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For a 360 degree red rock experience, hit the trails with any of our experienced off-road guides. With tours for all tastes, from mild to wild, taking in the red rock spires and iconic formations from the seat of a custom off-road vehicle is one of the most thrilling ways to experience Sedona.



## GUIDED BIKE TOURS & RENTALS

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Whether just getting started with mountain biking, or an experienced rider, Sedona offers many world-class trails, guides and rental options.



## GUIDED HIKES

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Sedona occupies a slender stretch of habitable space, surrounded on all sides by national forest land. With a backyard full of wild country the urge to see it all is practically overwhelming. Maximize your time with a little help from local guides.



## JEEP & TROLLEY TOURS

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With multiple tour companies available, there are many great options for seeing the sights of Sedona from the comfort of a seated position. Sedona's trolley and jeep companies offer daily tours to all the highlights of Sedona.



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## KAYAKING & RAFTING ADVENTURES

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The Verde River has always been a major lifeline for the inhabitants of the Verde Valley. Enjoy the view of the valley landscape from a new perspective while floating through steady currents. Combine guided kayaking with stops at local wineries to make your Sedona experience truly memorable.



## OFF-ROAD VEHICLE RENTALS

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Surrounded by 1.8 million acres of national forest land and buttressed by four wilderness areas and two state parks, this is a landscape built for adventure. Angular formations, high mesas and rocky cliffs define the multi-terraced skyline.



## PARKS & FORESTS

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Immerse yourself in Sedona's many parks and forests. From quaint city parks to national forests, Sedona is surrounded by wonder. Be aware of forest service regulations and please respect the natural environment.



## RAILWAY TOURS

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See the splendor of Sedona and the surrounding Verde Valley by way of rail. Host your next private event on a well-appointed locomotive for an unforgettable Northern Arizona experience.



## SEGWAY TOURS

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Segways are a fun and fantastic option for touring Sedona. Combine your Segway experience with stops at local tasting rooms and breweries. This activity is available for both individuals as well as small groups.





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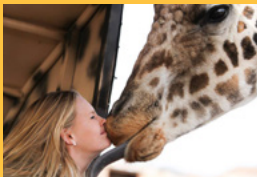
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## WESTERN EXPERIENCES & HORSEBACK RIDING

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Sedona's surrounding communities offer a handful of western experiences, from a chuckwagon dinner and entertainment to horseback riding on the dusty trails.



## WILDLIFE EXPERIENCES

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Just a short drive from Sedona, our surrounding communities offer amazing opportunities to learn more about the animal kingdom. Include stops in Cottonwood and Camp Verde on your itinerary to experience all of the Verde Valley.

## SPIRITUAL & WELLNESS

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Sedona's world-wide reputation as a spiritual mecca and global power spot has drawn some of our planet's most amazing healers, intuitives, artists and spiritual guides. Our Sedona Chamber of Commerce Affinity Group, the Sedona Metaphysical Spiritual Association, is a great resource for learning about the spiritual and metaphysical side of Sedona.



## AURA PHOTOS & SPIRITUAL STORES

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Many Sedona metaphysical shops offer a chance to see yourself in a whole new light. Aura photography is available for individuals as well as groups.



## READINGS & PSYCHIC EXPERIENCES

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Benefit from their intuitive skills and compassionate hearts as well as their intellectual training and hands-on experience. A visit to one of these dedicated practitioners could open up new worlds for you.



## RELIGIOUS & SPIRITUAL LOCATIONS

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Come to Mother Nature's red-rock temples to experience their life-transforming, soul-nourishing work in person. Sedona is a perfect place for spiritual and personal enrichment of the body and the soul.



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## SPA EXPERIENCES

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Sedona is a premier destination for relaxation and rejuvenation. From casual and comforting to opulent and luxurious, Sedona offers many different Spa experiences to help you feel renewed.



## SPIRITUAL CLASSES & TEACHING

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Living this close to the beauty of the land has inspired many profoundly holistic approaches to health. Our body-temples are complex multi-dimensional organisms, and Sedona healers apply their gifts to every level of the body/mind/spirit spectrum.



## SPIRITUAL & VORTEX TOURS

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The natural beauty of Sedona is extraordinary from any perspective, but the closer you get, the deeper your experience will be. Special Sedona guides can transport you through the physical landscape and into the heart of the wild. Let the spirits of the land speak to you.



## YOGA EXPERIENCES

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Sedona is rich in holistic medicine and practices. Find your inner harmony with Yoga and other fitness related activities in Sedona. Group Yoga experiences are available for your next visit.

# SUSTAINABILITY



## SUSTAINABLE & MINDFUL LIVING

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Sedona is quickly becoming a world leader in sustainable tourism. Our community residents and businesses hold the same values when it comes to preserving Sedona's natural beauty. Enroll in a class on sustainable and mindful living while you're in the most beautiful place on Earth.