

BORREGO SENIORS COMMUNITY CENTER

FREE AUGUST 2026

**DONATIONS
ACCEPTED**

Tues	Wed	Thurs
4 10 AM DVD EXERCISE 11 AM MATINEE MOVIES	5 8 AM QIGONG FOR HEALTH IS BACK! 11 AM CRAFTS	6 10 AM DVD EXERCISE 11 AM CRIBBAGE/GAMES
11 10 AM DVD EXERCISE 11 AM MATINEE MOVIES 12PM DEMENTIA GROUP	12 8 AM QIGONG FOR HEALTH 11 AM CRAFTS	13 10 AM DVD EXERCISE 11 AM CRIBBAGE/GAMES
18 10 AM DVD EXERCISE 11 AM MATINEE MOVIES	19 8 AM QIGONG FOR HEALTH 11 AM CRAFTS	20 10 AM DVD EXERCISE 11 AM CRIBBAGE/GAMES
25 10 AM DVD EXERCISE 11 AM MATINEE MOVIES 12 PM DEMENTIA GROUP	26 8 AM QIGONG FOR HEALTH 11 AM CRAFTS	27 10 AM DVD EXERCISE 11 AM CRIBBAGE/GAMES

760-767-3116

580 CIRCLE J DRIVE BORREGO SPRINGS CA

ALL ARE WELCOME

