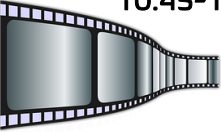











**ACTIVITY SCHEDULE**  
 760-767-3116 call/text  
 Tues, Wed, Thurs  
 10-1pm

# Borrego Seniors Community Center

## June 2026

**ACTIVITY SCHEDULE**  
 At 580 Circle J Dr.  
 Entrance faces Cahuilla Rd  
 All are welcome, FREE  
 Donations Accepted

TUESDAY	WEDNESDAY	THURSDAY
<p>2</p> <p>10 DVD EXERCISE</p> <p>10:45-1 MATINEE MOVIES NEW</p> 	<p>3</p> <p>11:00-1:00</p> <p>Rock Painting, Scrapbook, Crafts</p> <p>Roots for Remembrance</p> 	<p>4</p> <p>10 STRETCH</p> <p>11:30 FASCIA MOVEMENT SILVIA</p> <p><b>FAMO</b> Fascia Movement</p> <p>11-1 Cribbage, Puzzles, Games</p>
<p>9</p> <p>10 DVD EXERCISE</p> <p>12:00 Dementia Caregiver Support Group</p> 	<p>10</p> <p>11:00-1:00</p> <p>Rock Painting, Scrapbook, Crafts</p> 	<p>11</p> <p>10 STRENGTH</p> <p>11:30 FASCIA MOVEMENT SILVIA</p>  <p>11-1 Cribbage, Puzzles, Games</p>
<p>16</p> <p>10 DVD EXERCISE</p> <p>10:45-1 MATINEE MOVIES NEW</p> 	<p>17</p> <p>11:00-1:00</p> <p>Rock Painting, Scrapbook, Crafts</p> <p>Roots for Remembrance</p> 	<p>18</p> <p>10 FLEXIBILITY</p> <p>11-1 Cribbage, Puzzles, Games</p> 
<p>23</p> <p>10 DVD EXERCISE</p> <p>12:00 Dementia Caregiver Support Group</p> 	<p>24</p> <p>11:00-1:00</p> <p>Rock Painting, Scrapbook, Crafts</p> 	<p>25</p> <p>10 CARDIO</p>  <p>11-1 Cribbage, Puzzles, Games</p>
<p>30</p> <p>10 DVD EXERCISE</p> <p>10:45-1 MATINEE MOVIES NEW</p> 	<p>June</p> 