

BORREGO SENIORS COMMUNITY CENTER

FREE SEPTEMBER 2026

DONATIONS
ACCEPTED

Monday	Tuesday	Wednesday	Thursday	Friday
31 CLOSED	1 10 AM DVD EXERCISE	2 8 AM QIGONG FOR HEALTH 12 PM CRAFTS	3 10 AM MEALS ON WHEELS DELIVERY/PICKUP	4 12 PM CRIBBAGE/GAMES
7 CLOSED FOR LABOR DAY	8 10 AM DVD EXERCISE 12PM DEMENTIA GROUP	9 8 AM QIGONG FOR HEALTH 12 PM CRAFTS	10 10 AM MEALS ON WHEELS DELIVERY/PICKUP	11 12 PM CRIBBAGE/GAMES
14 12 PM MATINEE MOVIES	15 10 AM DVD EXERCISE	16 8 AM QIGONG FOR HEALTH 12 PM CRAFTS	17 10 AM MEALS ON WHEELS DELIVERY/PICKUP	18 12 PM CRIBBAGE/GAMES
21 12 PM MATINEE MOVIES	22 10 AM DVD EXERCISE 12 PM DEMENTIA GROUP	23 8 AM QIGONG FOR HEALTH 12 PM CRAFTS	24 10 AM MEALS ON WHEELS DELIVERY/PICKUP	25 12 PM CRIBBAGE/GAMES
28 12 PM MATINEE MOVIES	29 10 AM DVD EXERCISE	30 8 AM QIGONG FOR HEALTH 12 PM CRAFTS	SEE YOU SOON!	

M-F 10AM - 2PM
760-767-3116

580 CIRCLE J DRIVE, BORREGO SPRINGS CA

ALL ARE WELCOME