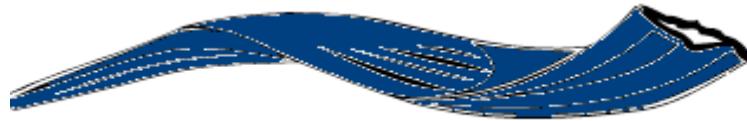


SHOFAR



Monthly Newsletter of the Monterey Peninsula Jewish Community
www.carmelbethisrael.org



Sunday, August 25 is the 32nd Jewish Food Festival

Planning and preparation for the 32nd annual Jewish Food Festival is well underway.

Don't miss out on the comradery of this wonderful event. See all the volunteer opportunities in the center fold of this Shofar. And if hands-on is not your thing, please consider a sponsorship. Or better still, both! We have something for everyone!

We have many new members this year and many have never been to the food festival. If you haven't been, it's a day not to be missed. It's when we, as Jews, get to show off. We celebrate our traditions, not only in food, but with storytelling, music, sanctuary tours, and a Jewish wedding reenactment. All this is new to much of the Peninsula Community. And there is no place on the Peninsula that you can get a homemade knish except in our backyard once a year. Join us and spread the word!

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Havdalah on the Beach July 6

Do you enjoy singing folk songs with Cantor Alisa Fineman? Is anything better than sitting around a campfire, enjoying s'mores as you watch the sun setting into the ocean? If this sounds like a great way to end your Sabbath, then join us on Saturday evening, July 6th. Look for Rabbi Greenbaum on the beach below 13th and Scenic Drive. He will bring a propane fire pit and fixings for those s'mores for a relaxing Havdalah evening on Carmel Beach. We begin at 7:00 p.m. but you can come early and enjoy a picnic dinner before our Havdalah service. Bring warm clothes, beach toys, something to sit on, and musical instruments. This is a great event for the entire family and even the family dog! Planning ahead? We will meet on the beach at 7 PM on August 3 and September 14, as well.



From the Rabbi's Desk...



I want to make a difference. I want to have a positive impact on those around me. I want to help others. At one time or another most of us have shared similar ideals. We want to do things that will hopefully leave a long term, positive impression on the world around us. I look at what others have accomplished to give me guidance. One of my Rotarian friends started a blood bank program that now saves thousands of lives every year in Africa. A Christian clergy friend started a food bank in his church that helps dozens of families every week. One Carmel Valley resident started collecting clothes and household items for farm labor families. Her efforts have grown into a program that now collects, each week, truckloads of items that support migrant workers.

What can I do? Can I make a difference? For her Bat Mitzvah project, one of our upcoming Bat Mitzvah students collected toiletries, socks, blankets, food and water and made over 300 what she termed 'blessing bags.' These bags were then handed out to individuals struggling in our community. With so many homeless in need, these bags were certainly a blessing to all who received them. I guess if a 12 year old can figure out how to have a positive impact on her community, I should be able to come up with some project.

At times I think the overwhelming need stops us from taking action. There are so many worthwhile causes and so many who need assistance. Can the effort of one person really change anything? When I find myself feeling powerless, I think of that old story of the child on the beach. When it is a low tide, he is busy picking up sand dollars (or starfish) that cover the beach and throwing them into the ocean. He is challenged by an adult about what he is doing. Told that there are thousands of starfish covering the beach that might die in the sun, he does not hesitate. He picks up another one, throws it into the water and tells the adult, "I made a difference for that one didn't I."

We cannot help everyone, but we can help someone. Recently the leadership of our local interfaith group, JCM United, decided to create a weekly soup kitchen. This small group of Jews, Christians and Muslims, here on the Monterey Peninsula (JCM United), has started the process of becoming a nonprofit corporation. A local church in Seaside has agreed to allow us to use their facilities every Thursday evening to serve a dinner for those who are hungry. One of our Muslim members who is a chef has offered to serve as the head cook every week. While we are still immersed in the paperwork and getting this soup kitchen started, I am proud to be part of this group.

It will take at least a couple months to get the soup kitchen up and running. Once it begins we will be asking members of our religious communities to take turns volunteering to help prepare, but mostly serve the meal. We hope each week we will have a mixture of Jews, Christians and Muslims all working together. Our goal is both to build bridges of understanding between our communities and at the same time help feed the hungry. Hopefully we will get local grocery stores to donate much of the food products needed to prepare the weekly meals. One of our members who is a lawyer is already helping us with the incorporation paper work. With everyone's support, soon, we will be making a difference here on the Monterey Peninsula.

My heart soars whenever I know that I am strengthening God's creation. I invite you to join me in this endeavor, bringing a little wholeness, a little Shalom into the world.





From our President *Cara Lieb, President Board of Trustees*

Our Jewish Stories . . . Some Reflections

For the last several months in this column, we shined the spotlight on specific members of Congregation Beth Israel. One of my main purposes in doing this is to showcase the diversity of our community. The mission of CBI is to be a welcoming and inclusive center of Jewish life in the Monterey Peninsula area. I have demonstrated our inclusiveness by highlighting members with different backgrounds, different ways of expressing their Jewish identity, and different ways of participating in the Jewish community. To wit:

- We have members who were born and raised in this congregation, and members who were born in foreign lands;
- Single members, married members, members with families of young children, members with grown children;
- Jews from birth and Jews by choice, and members with inter-faith families;
- Members from traditional to Reform Judaism, and everything in between—and members with more secular backgrounds.
- Members who have been with us for many decades, and members who have just joined us.

You get the picture. . . .

So, as you've been reading this (and besides realizing that we are a very interesting group of people!) I hope you've been thinking something like, "I am part of a vibrant, thriving Jewish community. I belong here. This is my spiritual home. There is a place for me to observe and participate in ways that are meaningful to me." And I hope it has motivated you to keep diving—and diving deeper—into all that CBI has to offer.

If you are not already a member, I hope you have seen an opening for yourself to become one. I encourage you to give us a try! As you may know, a few years ago we moved away from a Dues System and initiated a Pledge System for membership contributions. So, if you have been holding back due to financial considerations, you need not hesitate. We invite you to let your heart, and your finances, dictate your pledge. The bottom line is that **no one will be turned away and everyone who contributes something is considered a member of CBI**. Given this new approach, I hope you will join us! If you are interested in becoming a member of CBI, please contact Abby King in the CBI office 624-2015.

To those of you who are already members, we thank you for your generosity and your continuing support—both financial and spiritual. And spread the word! Invite your non-affiliated Jewish friends to join our dynamic congregation. Perhaps you can use my past columns to demonstrate our diversity and inclusiveness. And share with them your own experience of the benefits of being part of this life-enhancing, flourishing spiritual community.

This year, I upped my pledge



Up yours?!



Lunch with the Rabbi

Join Rabbi Greenbaum on **Thursday, July 11**, at noon at Baja Cantina, located about a mile east of CBI. Rabbi will lead one of his favorite sessions titled "Ask the Rabbi." The rabbi tries to answer any and all questions asked.

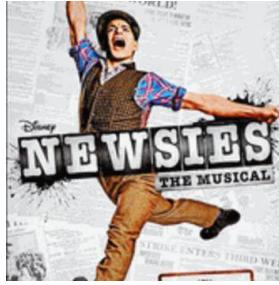
Suggested topics might include questions about Reform Judaism, Congregation Beth Israel issues, Israel today, and modern day events. Your questions can be about religion and spirituality, or what does Judaism say about... Ask about Kosher pigs or tattoos. Come prepared to question and offer your thoughts for this special open forum. Call the CBI office at 624-2015 to RSVP. Lunch costs \$20.



Guest Speaker Josh Lipsky July 26

While every Shabbat is uplifting at CBI, make sure to join us **Friday July 26** for a special evening. Since it is the last Friday of the month we will enjoy a delicious

Shabbat meal together starting at 6:30. After dinner Cantor Fineman will lead a shortened service (no sermon) before we welcome our guest-speaker Josh Lipsky. Josh served as the former aide to the Obama White House and special advisor at the State Department. In those roles he traveled with the President to Buchenwald Concentration Camp, Jerusalem, Afghanistan and many other places around the world. Josh, son of CBI members Sam and Gabriela Lipsky, will address insights he gleaned from his interaction with the Obama Administration and its connection with Judaism. After his brief talk there will be time for Q and A. Please call the CBI office to RSVP for the dinner.



Summer Fun at the Theater

For those who joined us for Theater Nights in the past, you know how much fun it is to gather as a group at one of our local theaters and enjoy a good

show together. This month we will be enjoying the show **Newsies** on **July 13th at 7:30**, at the Golden Bough in Carmel. As a group we get a slight discount on the tickets. Call the CBI office and order your tickets which are \$36 for adults and \$28 for seniors. Teachers and military tickets are only \$16. Student tickets cost \$11 and children tickets cost \$8. In the August bulletin we will share details about our outing to *Beauty and the Beast* which will be showing in the Forest Theater. By July 5, please call the CBI office for tickets as the theaters require us to make our group reservations well in advance.



Community Shabbat Dinner - Join us on Friday, July 26

Join us at **6:30 on Friday July 26th** for our monthly Community Shabbat Dinner. Seating starts at 6:15pm. In July, Malina Breaux and her entourage of assistants will prepare a delicious dinner. Savor a sense of community and food worthy of celebration. Join us as we offer blessings for the bread and wine and sing traditional songs to begin our gatherings. Children are welcome. Evening services follow at 7:30 and childcare will be provided. If you wish to attend **please call the CBI office for reservations.** Members: \$13 for Adults, \$5 for Children under 13. Others: \$23 for Adults, \$10 for children under 13.

We do our best to accommodate everyone. If you decide at the last minute you want to join us, we will do our best to make room. We only ask that you wait in the foyer until all the reservations have been seated.



Why Solar is a Jewish Thing

Our synagogue has solar panels as do the homes of several members of our congregation. So is solar a Jewish thing? One of our long-time congregants, Stan Semmel, is a leader in the local solar scene, and has been for almost 40 years. He says that when he first found out about solar energy, he "thought it was magic turning sunlight into electricity." Stan is an organic chemist by training, and his scientific mind was a great match for the field of solar energy.

Stan and Bari Tolliver came to CBI years ago, and Bari has been teaching in the religious school since their kids -- now in their 30s -- were students at CBI. By then, Stan had already been in the solar business since 1980. "I bought some property that was 2 miles past the PG&E lines, so I was looking for ways to generate electricity and discovered these solar panels... Back then the only use was to charge batteries. I journeyed to remote sites--Palo Colorado, Big Sur, Santa Cruz Mountains--to set up systems for people who were beyond the grid."

Things changed a lot for green energy in 2001 when PGE adopted net metering. This means they purchase electricity generated by consumers. Stan says, "they will buy back electricity at the same rate they sell it to you. The meter can go backwards or forwards. There's no difference in what they are buying or selling. That opened up a unique market for people who are connected to the grid."

About the same time, Chinese production of inexpensive solar panels made it much more affordable to purchase and install a solar system, and you didn't have to have a big battery to go with it, because the power utility would purchase the power from your house. The Monterey Peninsula turned out to be an ideal place for solar. "Because of our climate," Stan explains, "we don't need AC and so that's a huge savings right there. We get more money for our energy produced in the summer

because of high demand in hotter parts of the state."

Why should CBI members look into solar? Stan says that "Jewish people should get solar systems because our tradition is to heal the world. By generating your own electricity, you lower the amount the utility has to create in order to serve you. Because they would use fossil fuels for at least part of it that saves greenhouse gases and pollution." Saving energy is one reason CBI has solar panels on its roof. And if you need another reason, solar panels on most houses can cover your electric bills. Stan's company, Applied Solar Energy, can help you figure out the costs and paybacks of a solar system. You can save money and heal the world at the same time!

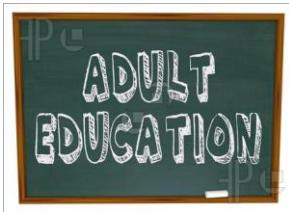
Laura Arnow & Donna Shore



Cooking and Connections 2 New Ways to Participate

Are you looking for an interesting and rewarding way to use your gifts and talents and become more involved here at Congregation Beth Israel? CBI is in the process of developing two new offerings: one is a mentoring program for new members and the other, quarterly classes on cooking for the holidays. We are looking for volunteers to participate in separate committees to help design and implement these programs. If either one sounds like something that would engage you, please contact Sandra Leader at 659-5528 or sandy@carmelbethisrael.com





New Adult Education Class Starting in October

Each year Rabbi Greenbaum teaches an adult education class, often with the assistance of another member of our community. Last year Rabbi Jeffrey Schulman joined Rabbi Greenbaum in teaching a Liturgy class. As we enter the middle of the summer, it is time to plan next year's adult education program.

It has been a while since CBI had an Adult Bar/Bat Mitzvah class. Since many of our CBI members did not participate in a B'nai Mitzvah program as children, is this the year to hold a class that will include both Hebrew reading skills along with Judaic learning? Participants will have the opportunity to help lead a service and read from the Torah at the conclusion of this class. Of course, for those who became a Bar or Bat Mitzvah years ago, this class would serve as a wonderful refresher for Hebrew reading skills as well as increase knowledge of our Jewish practices.

If you would like to join this class, please contact the CBI office to add your name to the student roster. If there is another class you would like offered at CBI, please offer your suggestions to Rabbi Greenbaum.



CBI Book Club

JUNE AND JULY: SUMMER VACATION

August 13, 1:30 PM, home of Karen Wiskoff (649-5110). Book: THE WOMEN IN THE CASTLE by Jessica Shattuck

September 10, 1:30 PM, home of Faye Mueller (fayemuel@pacbell.net). Book: ETERNAL LIFE by Dara Horn

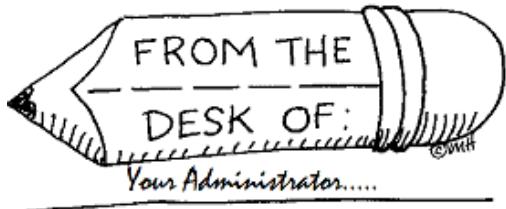
OCTOBER: EREV YOM KIPPUR, NO BOOK CLUB



We Thank Our Tzadakim Members

We are grateful for all our members who support CBI. At this time we offer a special thank you to those members who contributed at the Tzadakim level in 2018-19. Their extraordinary generosity allows us to provide the robust programming that we all enjoy.

Joel Aronowitz & Susan Simon
David Awerbuck & Astrid Holberg
Robert & Jenifer Block
Malina Breaux
Barry & Randi Brookstein
Michael Dicus & Catherine Winter
David & Lois Epel
Bee Epstein-Shepherd
Robert L. Fenton & Debra A. Givner
Ellyn Gelson
Diana Greenbaum
Jim Gumberg & Nina Patane
Ann Jory
Ronald & Darcie Kroll
Kenneth & Shelley Kroopf
Rosemary Lande
Laela Leavy
Michael Leavy & Susan Galvin
Alan Lefkof & Ann Gordon
Samuel & Beryl Levinger
Gadi & Marlene Maier
Tobi & Michael Marcus
Clark Miller & Cara Lieb
Robert Moskowitz & Jeannette Stern
Daniel & Beverly Nussbaum
Lawrence & Ruth Rosen
Corrina Joan Rucka
Stephen L. & Wendie A. Ryter
David Sabih & Anna Swartley
Jim & Natalie Sammet
Matthew Schuss & Charlene Webber-Schuss
Susan Schwartz
Dan & Ellen Weiner
Eby Wold
Ed Mona Zander



- We are very excited to welcome Potrero Canyon School to CBI. They will be using our classrooms and playground weekdays from 8 to 4. Both the wonderful energy of the children and the added revenue are terrific additions to our campus. A new door and gate are installed and new carpet should be here any day now.
- To be in compliance with the latest playground requirements, our playground equipment is being replaced and we are sharing the expense with Potrero. **You guessed it! Our next fundraising adventure is to raise \$7000 to cover our half of the new playground.** Any and all contributions are welcome.
- Please remember to return your membership pledge forms. The deadline to be included in the 2019-20 Member Directory is July 31. If you have any questions about your account or about our pledge system please call me at 831 624 2015 or email me at juliec@carmelbethisrael.org.
- I know I'm repeating myself but here's one more shout out for checks and auto-bill-pay. CBI paid more than \$9000 in credit card fees during the last fiscal year. If you are able to pay your pledges and Religious School fees by check or auto-bill-pay we would appreciate it.

Julie Chase

We're excited about the new playground. Here's a sneak peek:



Celebrate Shabbat by honoring a loved one or a special occasion with a leaf on our Tree of Life
Each leaf is \$180 - Contact the CBI office for details



Save-the-Date
Sunday, August 25 is the
32nd Jewish Food Festival

Todah Rabah

תודה רבת

General Endowment

David & Lois Epel

Wendy Rosenthal

LeRoy Kohn Adult Education Fund.

Robert L. Fenton & Debra A. Givner in memory of
Micky Kapp

Diana Greenbaum in memory of Rosemary Lande's
brother, Jesse Garfield

D. Waldman Religious School Scholarship Fund

Robert & Raya Hoskinson in memory of Norman &
Natalie Plotkin

Jewish Food Festival Sponsors

Ellyn Gelson

Thomas & Ellen G. Krause

General Donations

Ellyn Gelson in honor of June Birthdays &
Anniversaries

Richard S. Gerber & Laurie A. Kleinman in memory of
Beverly Schneiderman

Richard S. Gerber & Laurie A. Kleinman

Drew Goodman & Myra Rubin

Victor & Sylvia Kirmsley in honor of their daughter
becoming a DVM

Daniel & Beverly Nussbaum

Illia Thompson in memory of Locksin Thompson

Eby Wold In memory of Norman Plotkin

Oneg Donations

Gary & Judy Simon in loving memory of Irene
Lefkowitz

Wall of Rememberance

Todd Hornik & Donna Shore

Religious School Donations

David Sabih & Anna Swartley in honor of Jill
Sleeper's birthday

Rabbi's Discretionary Fund

Bill Pardue & Barbara Mitchell in memory of Norman
Plotkin

Thank You to Our Oneg Hosts

We are grateful to the following
people who helped make our June
and July Onegs a beautiful
experience:



June 7: Family & Friends – In honor of
Ethan Schmidt becoming a Bar
Mitzvah.

June 14: Ken & Shelley Kroopf

June 21: Lester & Wendy Tockerman - In loving
memory of Helen Tockerman

June 28: Gary & Judy Simon – In loving memory of
Judy's mother Irene Lefkowitz

July 5: Lester & Wendy Tockerman in loving memory
of Lester's father Barney Tockerman.

July 12:

July 19: Alex Bordetsky in memory of his mother
Frieda

July 26: Sam & Gabriela Lipsky in celebration of their
children

If you have not hosted an Oneg recently please help
us fill our Oneg dates for the months of July, August,
and September. Keeping this tradition alive is a simple
yet meaningful way to honor someone you love or
celebrate a special life cycle event.





Judy Simon	1	Cele Passin	16
Charlene Webber-Schuss	2	Shelagh Baseman	17
Oscar Biblarz	4	Joan Schiffer	19
Wendy Fried	4	Judi Lang	20
Michael Marcus	5	Susan Simon	20
Marilyn Bloom	8	Angelica Blatt	21
Lori Addison	9	Jennifer Stone	21
Lenny Popky	13	Madelon Zimner	21
Joel Jacobson	9	Michael Krasner	22
Jade Granbery	11	Wendy Cohn	22
Stephen Holber	11	Andrew Sisolak	23
Jason Phillips	12	Saul Schneider	24
Carlos Ramirez	13	David Awerbuck	26
Rafael Lyons	14	Samuel Ezekiel	27
Bee Epstein-Shepherd	14	Alan Bienenfeld	28
Adina Abeles	14	Michael Leo Tamler	29
Penny Bard	15	Beryl Levinger	31
Susan Krome Neben	15	Nico Vitiello	31



Todd Hornik & Donna Shore	4
Lori Silver & Syd Shaber	4
Cantor Margaret Bruner & Aaron Cohen	6
Howard Messinger & Leta McCarty Messinger	7
Daniel & Beth Cort	8
Richard & Marilyn Bloom	9
Joel & Bonni Weinstein	10
Jill & Jim Sleeper	11
Martin & Karen Wiskoff	12
Lester & Wendy Tockerman	14
Eric & Judi Lang	15
Leonid & Larisa Modorsky	17
Alan & Lyn A. Rosen	20

FAMILY NEWS

Condolences to the families of long-time members, Mickey Kapp and Meryl Carr. May their memories be a blessing to us all.

Our congregation strives to offer love and support to fellow congregants in times of joy and celebration as well as in times of sorrow. One of the ways we do that is to let the congregation know your news. Please let us know if there is a simcha you wish to share (or know someone else's that they are willing to share), or a wish of encouragement or condolence that can be shared. You can send this information to shalomCBI@aol.com to be included in the Shofar each month.



32nd JEWISH FOOD FESTIVAL CARMEL VOLUNTEER FORM

This year's Jewish Food Festival will be held Sunday, August 25th, 2019. We can't put on this large community event and important temple fundraiser without volunteer help! Please review the form below, select an area in which you want to help, and return the form to the CBI office in person, or by email, or mail. If needed, we will assign you elsewhere. The week before the event, you will receive your assignment by email via SignUpGenius.

Thank you so much for your generous offer of time and assistance!

Name(s) _____ Phone _____

Mailing Address _____ City _____ Zip _____

E-mail Address _____

Additional information:

Gary Simon - gsimon@stern.nyu.edu or Malina Breaux – foodfestival.cbi@gmail.com

	I will bake at home and bring it to CBI		
	I will help anywhere you need - Call me!		
June 30th	Sunday	9:30am	Rugelah Rolling & Freezing
July 7th	Sunday	9:30am	Mandelbrot Baking
July 14th	Sunday	9:30am	Macaroons
July 21st	Sunday	9:30am	Knish Baking
July 28th	Sunday	9:30am	Challah
August 4th	Sunday	9:30am	Rugelah #2
August 11th	Sunday	9:30am	Strudel Baking
August 18th	Sunday	9:30am	Baking the Rugelah
August 22nd	Thursday	10am	Kugel
August 22nd	Thursday	10am	Unload the shed & Set up the Village
August 23rd	Friday	10am	Set up Village
August 23rd	Friday	10am	Packaging
August 23rd	Friday	10am	Kitchen Help, Matzah Balls, Chicken Soup, Humus, Tahini, etc.
August 24th	Saturday	1pm	Village Set Up
August 24th	Saturday	1pm	Chopped Liver
August 24th	Saturday	1pm	Dolloping & Packaging
August 25 th	Sunday	9am - 1:30pm	Morning Shift – may include help with set up
			Circle one: Runner, Green Team, Booth _____
			I will work any where needed.
August 25 th	Sunday	1pm - 5:30pm	Afternoon Shift – may include help with clean up
			Circle one: Runner, Green Team, Booth _____
			I will work any where needed.
August 25 th	Sunday	4pm - 7pm	Clean Up & Village Breakdown
August 26th	Monday	10am – 2pm	Load Shed, finish clean up



JEWISH FOOD FESTIVAL SPONSORSHIP OPTIONS

Sponsor Benefits	Gourmet	Connoisseur	Foodie	Epicure	Chef	Sous Chef
	\$5000 +	\$2500 +	\$1000 +	\$500 +	\$300 +	\$150 +
Gelt Reward to be used at the festival	\$250	\$125	\$50	\$25		
Personalized Sponsor Banner at Festival	*					
Logo with Link on CBI Home Web Page	*	*				
Premium Logo w/Link on JFF Web Page	*	*				
Recognition on Festival Facebook Page	*	*				
Booth Sponsorship	*	*	*			
Logo on Sponsor Poster	*	*	*			
Small Logo with Link on JFF Web Page			*	*		
Recognition on Sponsor Poster	*	*	*	*	*	*
Recognition on Festival Program	*	*	*	*	*	*
Jewish Food Festival Memorabilia	*	*	*	*	*	*

I wish to become a sponsor of the 2019 Jewish Food Festival at the level indicated below:

<input type="checkbox"/> Gourmet - \$5,000	<input type="checkbox"/> Epicure- \$500
<input type="checkbox"/> Connoisseur - \$2,500	<input type="checkbox"/> Chef - \$300
<input type="checkbox"/> Foodie- \$1,000	<input type="checkbox"/> Sous Chef - \$150
<input type="checkbox"/> Business or Organization website _____	

Print Name (Individual or Company)

Signature

Please make your check payable to: Congregation Beth Israel and return with this completed form to Congregation Beth Israel, 5716 Carmel Valley Road, Carmel, CA 93923.

Alternatively, please feel free to **call the temple office (831-624-2015)** if you wish to pay by credit card.

NOTE: Congregation Beth Israel is a 501.c.3. Your sponsorship may be deductible for tax purposes. Check with your accountant.



I-HELP Outreach

CBI Sponsored. . . I-HELP:
Interfaith Homeless
Emergency Lodging Program

I-HELP Program Update

The men's program is staying strong with a number of men finding work and housing. The program is averaging approximately 20 men per night and has recently taken in six new entries. Seven men are working and two men found permanent housing over the past month.

I-HELP needs silent auction items as part of the August 29, 2019 annual Pasta with the Pastors fundraiser held at San Carlos Parish Hall in Monterey. (Rabbi Greenbaum has been the MC for the last few years). If you can contribute any items, services, restaurant gift cards, etc., please contact I-HELP board member, Rosemarie Axton at 831-646-8196 or rosemarieaxton@gmail.com.

June 2019 – CBI Board of Trustees – Thank you CBI Board of Trustees for your support sponsoring the June I-HELP meal. Numerous Trustees brought and prepared food, helped set up for dinner service and shared the sense of community with our guests. As usual Susan Schwartz and Riddle Riddell-Kaufman, I-HELP coordinators, provided support to the sponsors.

The food was fabulous and plentiful! The men feasted on savory roasted chicken, luscious twice baked potatoes, wonderful steamed and roasted veggies (comment overheard: "I have never seen the guys take so many servings of veggies!"). There were also two pans of cheese and spinach raviolis and lasagna. For dessert, lots of cookies and a pie.

Thank you CBI Trustees and all the individuals who helped create a wonderful dinner.

Thank you summer meal sponsors – It's an annual challenge finding sponsors to meet the food needs of our homeless guests during the summer months. We sincerely thank the following groups (and young man) for stepping up to help others in need. Your mitzvah truly helps and the recipients of your generosity are genuinely grateful. Thank you!

July 7 – Que Syrah Havurah

Aug 4 – Carmel Valley Rotary

Sept 1 – Ethan Schmidt (son of Wendy and Andrew Schmidt) mitzvah project

Please respond to Charlene and Matthew Schuss; call 831-250-7170 or email cnmne3@comcast.net. We cannot continue to shelter and feed the homeless without CBI member support. Thank you very much!

Women's IHELP: "She was homeless, but she wasn't alone"

Those were the words of IHELP Program Director Lee Hulquist in reference to a long time IHELP participant who died last month in a nursing home after a long period of illness. A homeless woman, dying in a nursing home, far from her family of origin might be assumed to have died alone and forgotten. But this woman was a part of Women's IHELP. While in the nursing home, up to her dying day, she was visited by current and former IHELP members. When she passed, her IHELP colleagues planned and carried out a poignant and dignified memorial that embraced this woman's Jewish faith and perhaps further defied stereotypes about "The Homeless".

The memorial was conducted in a community room overlooking the beautiful Rose Garden at St. John's Chapel in Monterey, site of that night's Women's IHELP dinner and lodging. St. John's, like CBI, is a member of the interfaith coalition that sponsors and hosts the IHELP programs. When contacted by the Program Director, the folks at St. John's graciously welcomed Jewish prayers in their facility. The memorial attendees included IHELP staff, board members, and current and graduate members of the program. At the request of Lee, and with advice from Rabbi Bruce, Lee and CBI Social Action Trustee Susan Schwartz led a service that included the 23rd Psalm, several of the Reform prayer book Poems and Readings before the Kaddish, and recitation of the Kaddish prayer in

(Women's I-HELP continued)

Hebrew and English. At the suggestion of frequent CBI Women's IHELP hostess Bari Tolliver, Marcia Falk's translation of the Hebrew poem, Everyone Has a Name was read, a reminder that folks deemed homeless often feel unnoticed and unnamed. (In the service, the name of the woman whose life we remembered was mentioned frequently, and lovingly, but at IHELP's request and in respect to their policies, her name will not be used here).

Beyond her name, participants shared many stories of this woman's life. She had a background as an editor and had been a part of a local HIV-AIDS support group, courageously taking on that challenge when the cause was still controversial and not widely supported. Everyone laughingly remembered her feistiness, but also recalled her kindness and help to women new to the program. She was thought to have been a prior home owner in Monterey County and perhaps to have lost a home in one of the fires in Northern California. She had shared discussions about her Jewish faith with Program director Lee, and also helped Lee to edit her own father's writings. In short, she was so much more than the label "Homeless Woman". May her memory be a blessing, and may it always remind us to look at lives, not stereotypes.

Seeing our guests as more than "Homeless Women" and getting to know them is part of the mission of the ladies of The Lambourne Institute for Life Mastery, hosts for CBI's Women's IHELP to be held on Monday, July 29. To donate food or help that evening, contact arlenekrebs123@gmail.com. Please do check in with Arlene before arriving or bringing additional helpers, as Arlene will try to keep a manageable number of hostesses and guests.

"I recognize that there are true costs to running the Synagogue - and my pledge feels like a fair price to pay to maintain a vibrant Jewish community."

short green person

WE ASKED: WHY DO YOU PLEDGE?



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Congregation Beth Israel
July 2019
Sivam ~ Tammuz 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Independence Day  CBI Offices Closed	5	6 9:00 AM Morning Shabbat Service 10:45 AM Shabbat Torah Study 7:00 PM Havdalah at Carmel Beach
7 5:00 PM – I-Help @ CBI Sponsored by the Que Syrah Havurah	8	9	10	11 12:00 PM Lunch with Rabbi 	12 7:30 PM Erev Shabbat Services	13 10:30 AM Shabbat Torah Study 7:30 PM CBI Theatre Series "Newsies" @ the Golden Bough
14 Religious School Early Bird Registration ends	15	16 6:30 PM Executive Committee Meeting	17 7:00 PM Jewish Food Festival Planning Mtg.	18	19 7:30 PM Erev Shabbat Services	20 10:30 AM Shabbat Torah Study
21	22	23  7:15 Board of Trustees Meeting	24	25	26  6:30 PM Community Shabbat Dinner 7:30 PM Erev Shabbat Services with special guest speaker Josh Lipsky & Anniversary Blessings	27 10:30 AM Shabbat Torah Study
28	29	30 I-Help Women @ CBI Sponsored by Lamourne Inst. for Life Mastery	31	1	2 7:30 PM Erev Shabbat Services with special Birthday Blessings	3 9:00 AM Morning Shabbat Service 10:45 AM Shabbat Torah Study 7:00 PM Havdalah At Carmel Beach

CBI Religious School

Mark Your Calendar! Upcoming Religious School Dates

Mark Your Calendar! Upcoming Religious School Dates

Religious School Registration is now live!
<http://www.carmelbethisrael.org/learning/school/>
for registration forms.

Mark your calendars:

- July 14** Early Bird Registration ends
- August 15** Late Fees for Registration begin
- September 8** 12:30 p.m. - 4:30 p.m. Faculty Orientation – Required for all Teachers and Madrichim
- September 15** First day of Religious School for all grades
- September 18** First day of Hebrew School
- September 27** Last Day to submit Religious School Scholarship Applications

The Religious School operates on a budget that is primarily funded through tuition, but over 20% of the cost of running the school is subsidized by the general fund. Because CBI's general funds underwrites this significant amount of the cost of our Religious School, we maintain a sharp distinction between the tuition rates assessed for members vs. non-members. All non-members are charged an additional fee for their child's education.

Note: We will not mail out ANY forms –all information, forms and registration fees MUST be initially set up online. Your child's will not be registered until this process is completed.

If you have a question, please contact Louise Riddell-Kaufman (directorlouise@aol.com) or the CBI office at 624-2015.



Job Openings at CBI

Co-teachers needed for Religious School on Sunday mornings (shared position). 9:30 - 12:00.

Hebrew Teachers needed on Wednesday afternoons from 4:30 - 6:00.

Interested? Want to know more about our Project Based Learning curriculum? Do you know someone who would be great working with Jewish kids? Contact Louise Riddell-Kaufman at DirectorLouise@aol.com



Jewish Family Ideas July 2019

- ❖ Relaxing with a good book at home on the couch, on the deck in a lawn chair, at the beach or on a trip speaks of the long tranquil days of summer vacation. Enjoy this time with a book by a Jewish author or on a Jewish topic.
- ❖ If your children are 6 months - 8 years old sign-up for [PJ Library](#). This is a FREE Jewish book of the month club for your child. Children ages 9 - 11 can choose their own chapter books each month through PJ Our Way.
- ❖ Join a book club to share your ideas and perspectives with other people. There is at least one through CBI, contact the office at 624-2015 for more information. Your local library may also sponsor a book club or know of one you can join.
- ❖ Book Suggestions:
 - [The Adventures of Rabbi Harvey - a Graphic Novel](#) by Steve Sheinkin. Set in the 1870s in Colorado, Rabbi Harvey offers Talmudic wisdom and humor to this Wild West town. Ages 8 - 14.

(Jewish Family Ideas continued)

- Brave Girl: Clara and the Shirtwaist Makers' Strike of 1909 by Michelle Markel. The true story of Clara Lemlich, a Ukrainian immigrant, who stood up for worker's rights. After all, equality and a fair shot is what America is all about -- and no one understands that better than this brave girl. Ages 6 - 9.
- The Castle on Hester Street by Linda Heller. In this immigration story, a young girl's grandmother contradicts her husband's recollections of what it was like coming to America from Russia. Was he really pulled to New York by a flying goat? Is there truly a castle on Hester Street? Ages 4 - 8.
- A Picture for Marc - by Eric Kimmel. Chapter book biography about Marc Chagall. Ages 9 - 11.
- People of the Book by Geraldine Brooks. Based on the true story, this novel traces the harrowing journey of the famed Sarajevo Haggadah, a beautifully illuminated Hebrew manuscript created in fifteenth-century Spain through time. Hanna, a rare book expert, follows clues to uncover the mystery of this fascinating journey. Adult

❖ All of the above children's books are selections from PJ Library or PJ Our Way. Go to PJLibrary.org OR PJOurWay.org to sign up for free books.



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COLLEGE SCHOLARSHIP NEWS

The CBI College Merit Scholarship Committee is happy to announce the recipient of our 2019 Scholarship

Award: Jeremy Isack of Monterey High School. The student was honored at the CBI Senior Shabbat service and received recognition at his high school awards ceremony. This outstanding student earned a merit scholarship by meeting stringent criteria which is based on GPA, leadership attributes and a quality essay about the influence of his Jewish heritage carried throughout his life. This is a wonderful honor and we salute him.

We have now awarded 90 scholarships since 1993 when we first started this mitzvah. We are grateful to those of you in the community who have contributed to our fund and hope more of you will realize the need to recognize our Jewish children at the high school level. It is important in this small community that the Jewish community be represented equally with the other faiths that give substantial scholarships to their youth. If one of your children has been honored in the past with an award, please consider a donation now in his or her honor in order to perpetuate the fund. If you would like to honor someone else's children or grandchildren, marriage, life cycle event or special teacher, this is the fund that provides lasting impact.

Applications are available yearly in January at the CBI office, on the web site, and at the Career Centers of the local high schools. The notification of applications also appears in the Shofar annually in the February and March editions. Remember, our Jewish children are the congregants of tomorrow. Please help us maintain the ability to show our Jewish children and the larger Monterey Peninsula that there is a strong Jewish presence here. Send your contributions addressed to College Scholarship Fund, Attention Judy Masliyah, Chair, CBI.



3 Ways to Bring Shabbat Home

BY:

STEPHANIE FINK

REPRINTED FROM REFORMJUDAISM.ORG

Shabbat is the Jewish holiday that comes each week. Its roots lie in the biblical story of creation when, in order to complete the work of creating the world, God rested on the seventh day.

There are almost as many ways to observe Shabbat as there are Jewish people, but they each usually feature pleasure (*oneg*), community (*kehilla*), and rest (*menucha*). Each week, celebrating Shabbat is an opportunity for your family to reconnect, slow down after a busy week, and enjoy each other's company – and if one week doesn't work out as you'd hoped, another opportunity is only a few days away.

Oneg: It's Not Just the Cookies

If you've ever attended worship at a Reform synagogue on Friday night, you may be familiar with the informal gathering of *schmoozing* (conversation) and baked goods that happens afterward, referred to as the *oneg* – but the word refers to more than just the treats we eat after services.

Oneg means “pleasure,” and indeed, *oneg Shabbat* is something we do to make Shabbat pleasurable – and who doesn't like treats?

Bring *oneg* home: Gather the members of your family and ask each of them to tell you what would make a day feel special and pleasurable to them. You get a say, too. That's your family's personalized *oneg* list. Think about ways to incorporate one or more of these ideas each week to make Shabbat special.

Kehillah: It's Not Just for Worship

There's an old joke that says, “Different people go to synagogue for different reasons. Goldberg likes to go to talk to God. I like to go to talk to Goldberg.” If your people are at synagogue – or if you'd like to find your people at synagogue – that's great. We can help you with that. A community – a *kehilla* – does more than lend its voices to yours when you need to say *Kaddish* (the Jewish memorial prayer). A community supports you when you are mourning, notices when you are sick, and celebrates the ordinary and the extraordinary with you.

Create your *kehilla*: Where do you like to gather with others? Invite another family over for a Saturday playdate. Meet someone at the pool or the park or the ice cream parlor. Having dinner together Friday night? Turn on some Shabbat music and have a dance party. Find other local Jewish families through social media, at Tot Shabbat, or through PJ Library and make a new acquaintance.

Menucha: It's Not Just for Napping

You know what they tell new parents: Nap when the baby naps. Easier said than done, though! One thing Shabbat is really good for is reminding us to slow down, to take time off from work, and to recharge our batteries.

What is restful? If you were to make two lists with your family – what feels like work, what feels like rest – what would be on the second list? How do you like to spend your free time? Take turns choosing activities that different members of your family enjoy. Turn off the screens, or decide that today will be the day to watch something together as a family. Go low tech, promising to set down your phone and be present. Walk to the park. Swing in a hammock. Read. Have a snuggle. And maybe, with practice, you'll train your family to get in the mode of Shabbat *menucha*.

Stephanie Fink is the associate director of *Engaging Families with Young Children*, part of the [Union for Reform Judaism](#)'s *Strengthening Congregations* initiative.



Torah Connections:

Torah Connections: Vol. 135

July 2019, 5779 – Michael Wexer

The Disconcerting Patriarch and His Nation by Yehonatan Ben Israel

It was a party meant for the utmost joy and celebration: Kind old Abraham and Sarah miraculously had a biological son together. Abraham invited a great number of their friends, and they had a great many friends! Abraham, who is known for his attribute of *hesed*, defined as “lovingkindness,” was known for loving everyone.

Imagine then, according to the Midrash, in the middle of the celebration, one guest, Og of Bashan looking over at Abraham and Sarah’s precious gift from G-d, and saying, “He is nothing. I could crush that son of his with my little finger!” Wait, what? How in such an occasion, do we go from joy to an extremely awkward, if not disgusting comment from an honored guest? What changed? What is it about Isaac’s birth, that even before he even begins to crawl, creates a certain aura of tension or even hostility?

To answer this question, let’s look at Abraham, and who he is, and what his quality as a human being is. If we take as granted that he is essentially all about loving people, then everyone is going to love him as well. Logically speaking, everyone will want to cling to him. Perhaps they see Abraham as a “universalist,” a citizen of the world. Thus, the fact that he has a son is going to make people uncomfortable. Because everyone is going to know: While Abraham’s friends are important, his son is more important. Abraham loves everyone, but Abraham *chooses Isaac to be the chosen one to carry on the Abrahamic monotheistic legacy*. In a word, what the birth of Isaac represents is exclusivity.

While Abraham lives as an example of *hesed* (Loving everyone), Isaac lives as an example of *gevurah*—“Self-restraint,” and “Self-discipline,” which ultimately lead to the establishment uncompromisingly set moral boundaries that are not to be crossed. Thus, according to Ibn Ezra, Abraham—

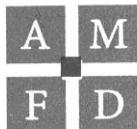
the man of *hesed*—had thousands of students whom he taught about G-d. Isaac—the man of *gevurah*—had only two: Jacob and Esau.

These days for many of us, it is natural within human nature to be drawn to the ideal of universal love and freedom. It is far less natural within human nature to commit to a lifestyle of self-restraint and boundaries. It is an idea that often feeds indignation in the West today—often the only intolerable thing in a tolerant, universalist society is someone who maintains commitment to a “backwards,” “outdated” moral boundary. And yet, this is also why G-d promised Abraham that he would birth a nation among nations, and not be a missionary to the entire world—because an ideology with only universal *hesed* towards the entire world—as tolerant as we might think it is—can all too easily turn into imperialism, cruelty, and conversion of the masses through manipulation and/or coercion, as we have seen through the history of both Christianity and Islam and the empires that have been built through them.

Like Isaac, we the people of Israel are different for a reason. We are chosen and set apart for a reason. Truly, the tragedy is when the “Og’s” of the world believe that “chosenness” means that we think we are better, or that we only believe redemption is for us. Because to the great contrary, what we as the people of Israel are here for, in the end, is for the redemption of the entire world. Indeed, this is who we Jews are—to be *hesed*, “a light unto the nations,” and yet set apart as our own nation in the example of the boundaries of *gevurah*. All too often, it is easy to go with the flow of *hesed*, but to take a stand against assimilation, to draw a boundary in *gevurah*, often poses as a difficulty, especially when we are desperate for peace within our surroundings.

This is the example that Isaac the “disconcerting patriarch” gives us. To stand strong as a nation in *gevurah*. May we as Jews stand strong in true Torah, whether in dark days or bright.

This article is from a blog of Yehonatan Ben Israel, who is married to Shira (Kira Wexer), who grew up in CBI and decided as a young woman to make Aliyah in Israel. Yehonatan, Shira, and baby Orah now live in Jerusalem. This is a guest Torah Connection article, and is the sole expression of the author and specifically does NOT necessarily reflect those of the Board of Trustees of CBI, CBI, its membership, Reform Judaism, or Judaism. More of Yehonatans blogs can be found at



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Chartered in 1954 as the Jewish Community of the Monterey Peninsula, Congregation Beth Israel today serves the spiritual, educational, and social needs of Jews on the Peninsula. We derive programming and administrative strength from our affiliation with the Union for Reform Judaism and offer traditional programming to meet the needs of most Jews on the Monterey Peninsula. The Congregation sponsors weekly worship services on Shabbat evening and Shabbat morning; observances of all holidays and festivals; and formal educational programs from toddler through adult. We operate our own school on weekend mornings and midweek afternoons, and we also maintain a Judaic library.

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Parshiot



July 6, Korach

T: Numbers 16:1-18:32

H: 1 Samuel 11:14-12:22

July 13, Chukat

T: Numbers 19:1-22:1

H: Judges 11:1-33

July 20, Balak

T: Numbers 22:2-25:9

H: Micah 5:6-6:8

July 27, Pinchas

T: Numbers 25:10-30:1

H: 1 Kings 18:46-19:21