

## **Adorable**

- [Baby elephants](#)
- [Christian the Lion](#) (an oldie but goodie)
- [Feel good moments that will make you cry](#) (\*highly recommend\*)
- [Little boy's grandma cheers him up with a doughnut in his mailbox](#)
- [Penguin Cam Livestreams](#)
- [Ringo the dog who LOVES water](#)

## **Calming**

- [10 minute guided meditation](#)
- [Bob Ross painting](#)
- [Earth Views from the International Space Station](#)
- [For children - relaxing music](#)
- [Gentle Night Rain](#)
- [LoFi HipHop Radio - Beats to Relax/Study to](#)
- [Manatee Cam at Blue Spring State Park](#)
- [Mendelssohn - Venetian Boat Song](#)
- [Piano and guitar music \(Peder B. Helland\)](#)
- [Piano music](#)
- [Relaxing Oceanscapes](#)
- [Relaxing Waves on Crete \(Greece\)](#)
- [The World's Most Relaxing Film](#)
- [Underwater Meditation](#)
- [Weavesilk - Interactive Art](#)

## **Good News (see also "Inspiring")**

- [101 Year Old Italian Man Beats Coronavirus](#)
- [12 Individual Acts of Kindness Proving Love and Humanity Will Win Over the Coronavirus](#)
- [Adoption Story](#)
- [Brain Treatment Relieves Depression](#)
- [College Student Sews Face Masks for Hearing Impaired](#)

- [Coronavirus' Impact on Pollution and Climate Change](#)
- [Dog Delivers Groceries to Seniors in Quarantine](#)
- [Dog Fostering is Up in San Diego](#)
- [Family Cheers Neighborhood Coloring Each Brick on Their House](#)
- [Good News Network: Tons of Feel-Good Stories](#)
- [Irish Prime Minister to Work as Doctor During COVID Crisis](#)
- [Jack Dorsey Pledges Billions to COVID Relief](#)
- [John Krazinski's 'Some Good News' Channel](#)
- [How a Manchester Community Ended up Full of Superheroes and Disney Princesses During the Coronavirus Lockdown](#)
- [Landlord Waives April Rent for 200 Tenants](#)
- [LoHud: Birthday Celebration for an 8 Year Old Girl](#)
- [Man Uses Savings to Fill Gas Tanks for Nurses Heading to Hospitals](#)
- [Matthew McConaughey Plays Virtual Bingo with Seniors](#)
- [Scientists Create Enzyme that Recycles Plastic in Hours](#)
- [Selfless Acts: How Americans are Helping Each Other](#)
- [Shelter Pets Finding Homes](#)
- [Son Reunites with His Mother after 10 Years](#)
- [Trumpet and Saxophone Duets on Balconies](#)
- [Tyler Perry Pays for Senior Groceries at 73 Supermarkets](#)

### **Inspiring (see also "Good News")**

- [A beautiful moment in the Rio 2016 Olympics](#)
- [Before You Overthink, Watch This \(Prince Ea\)](#)
- [Best US Sports Moments of the Decade](#)
- [Calum Scott on Britain's Got Talent](#)
- [Daring to Live Fully: 5 Videos to Brighten Your Day](#)
- [Don't Listen to Them: Kawhi Leonard](#)
- [If You Want to Change the World, Start Off by Making Your Bed - US Navy Admiral William McRaven](#)
- [Manage Your Mind - Will Smith](#)
- [War Hero to White Coat: a Wounded Veteran's Journey to Harvard Medical School](#)

- [The Sky is Clearing: an Inspirational Film \(COVID\)](#)

### **Oddly Satisfying**

- [Kinetic sand cutting / ASMR](#)
- [Top 100 hydraulic press moments](#)