

Stay Healthy Together

Looking for some extra accountability and support to live a healthier life?

Invite others to join Wellbeats *Wellness*, a product of LifeSpeak Inc., with you and stay healthy together - whether a spouse, friend, family member, or neighbor!

Stay connected by scheduling classes together, chatting in real-time, and celebrating each other's progress no matter where you are.

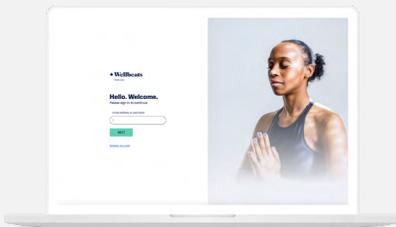
Wellness isn't just for some. It's for all.



HERE'S HOW IT WORKS:

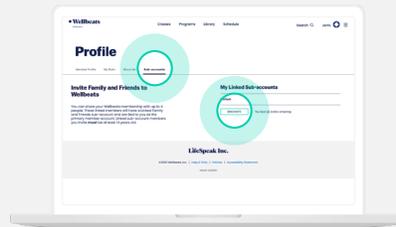
1

Log in to your Wellbeats *Wellness* account by visiting portal.wellbeats.com.



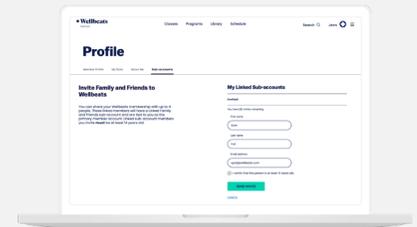
2

In the dropdown menu, select Profile, then Sub-accounts and select Send Invite.



3

Enter your invitee's contact information, then select Send Invite!



Your invitee will receive an email from Wellbeats *Wellness* with their username and temporary password. Valid for up to 5 others per account. Invitees must be at least 14 years of age.

Email may land in spam/junk folders. Please do not remove and re-add an account as this will not re-send an email invitation. If an invitee has not received an email, please contact support@wellbeats.com.

Actual design and navigation may vary depending on your device. This feature is only available via the Wellbeats *Wellness* website portal portal.wellbeats.com.

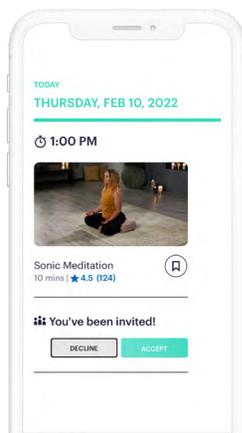
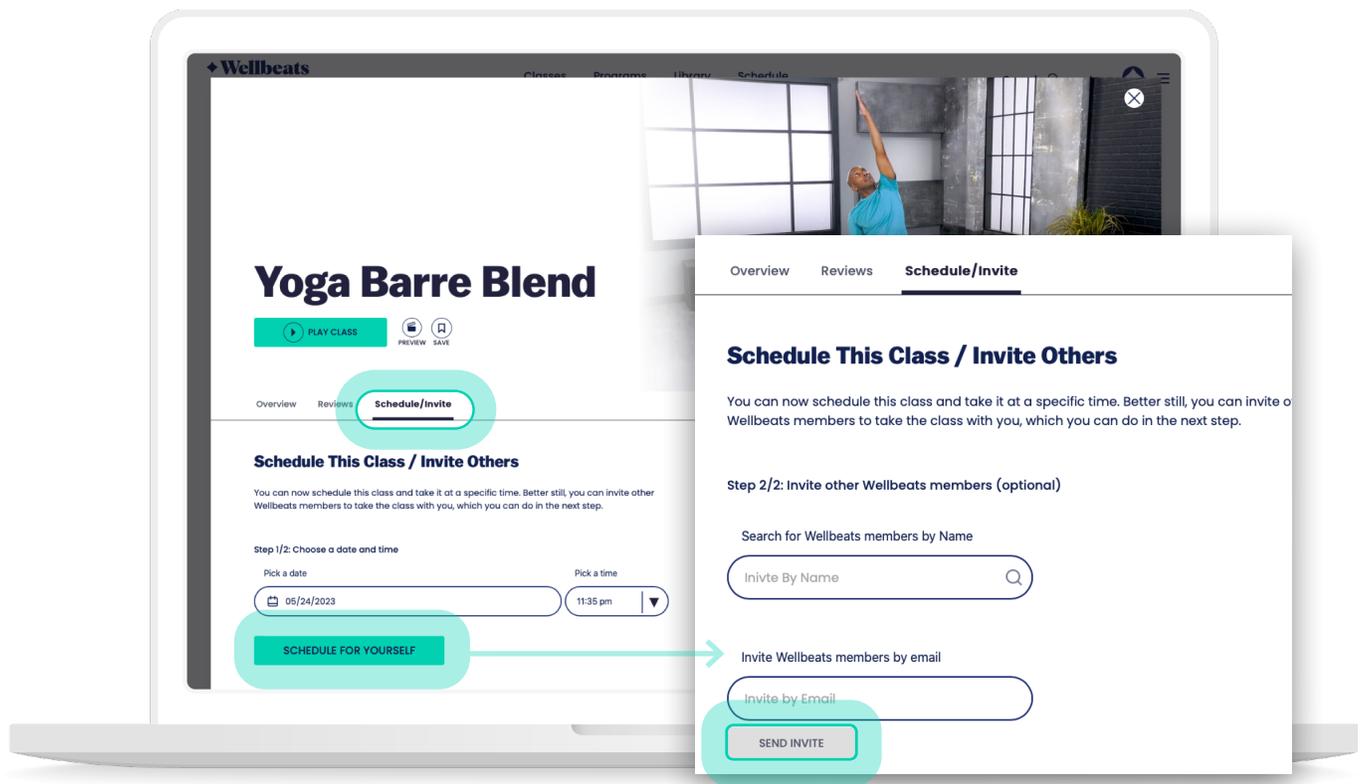


Download the app on the App Store, Google Play, or Apple TV

portal.wellbeats.com
support@wellbeats.com

Next, invite them to join a Wellbeats class with you!

1. Find a class you would like to schedule and select Schedule/Invite.
2. Choose a date and time, then select Schedule for Yourself.
3. Once scheduled, you may invite other Wellbeats *Wellness* members to join you. Enter their name or email address and select Send Invite.



Your invitee(s) will receive an email to join your scheduled class.