



COUNTY OF MONTEREY EMPLOYEE WELLNESS PROGRAM

HEALTHY RECIPE HUB

We invite you to share and find healthy, delicious recipes that will inspire you to start cooking healthy meals, whether on the go or at home.

On this hub, you can share your favorite healthy recipe either by CATEGORY (e.g., main dishes, entrees, desserts, and more) or SPECIAL DIETS (DASH, Vegan, and more, including Food Allergies).

Start sharing your favorite recipes today! Connect, grow, and thrive.

SCAN QR CODE TO ACCESS THE HEALTHY RECIPES HUB (ONLY ACCESSIBLE BY COUNTY EMPLOYEES)