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UNC Health Pardee to Offer Sports Physicals for Local Student-Athletes at 19 Area Schools

Hendersonville – Pardee Sports Medicine announced today its annual initiative to administer sports physicals for local student-athletes who attend 19 middle and high schools in the surrounding area. All physicals will take place from May 7 through May 29 in the respective high school gymnasiums. To play school sports, all student-athletes are required by state law to receive an annual physical each academic year for health and safety reasons.

“Our primary concern is the safety of our student-athletes in any sport they play,” said Dwayne Durham, director of Pardee Sports Medicine. “The convenience of offering sports physicals in a familiar setting is helpful to our student-athletes and families alike.”

Registration forms for the athletes’ physicals are available from respective team coaches or school front offices. Each student-athlete who plans on receiving a sports physical on the scheduled day must bring a completed registration form with the parent's signature. The cost per child varies depending on each school administration, and parents will be informed via the schools’ respective websites, newsletters, or email. Each physical will be administered by a certified health provider, and schools will ensure there is privacy for students during each physical exam. For details related to particular schools, including locations and dates for physicals, please visit pardeehospital.org/sportsphysicals. A complete list is also provided here.

Schedule And Location of Student-Athlete Sports Physicals

- A.C. Reynolds High School: Thursday, May 16 at 1:30 p.m. in the A.C. Reynolds High School gym (1 Rocket Drive in Asheville)
- A.C. Reynolds Middle School: Thursday, May 16 at 3 p.m. in the A.C. Reynolds High School gym (1 Rocket Drive in Asheville)

- Apple Valley Middle School: Tuesday, May 7 at 3:30 p.m. at the North Henderson High gym (35 Fruitland Rd in Hendersonville)
- Brevard High School: Wednesday, May 22 at 1 p.m. at the Brevard High School gym (609 N. Country Club Rd., Brevard)
- Brevard Middle School: Wednesday, May 22 at 1 p.m. at the Brevard High School gym (609 N. Country Club Rd., Brevard)
- East Henderson High School: Tuesday, May 14 at 1:30 p.m. at East Henderson High gym (150 Eagle Pride Drive in East Flat Rock)
- Enka High School (current 8th through 11th graders): Monday, May 13 at 1:30 p.m. in the Enka High School gym (475 Enka Lake Rd. in Candler)
- Enka Middle School: Monday, May 13 at 3:00 p.m. in the Enka High School gym (475 Enka Lake Rd. in Candler)
- Flat Rock Middle School: Tuesday, May 14 at 3:30 p.m. at East Henderson High Gym (150 Eagle Pride Drive in East Flat Rock)
- Hendersonville High School: Wednesday, May 8 at 1:30 p.m. at Hendersonville High Gym (1 Bearcat Blvd in Hendersonville)
- Hendersonville Middle School: Wednesday, May 8 at 3 p.m. at Hendersonville High Gym (1 Bearcat Blvd in Hendersonville)
- North Henderson High School: Tuesday, May 7 at 1:30 p.m. at North Henderson High Gym (35 Fruitland Rd in Hendersonville)
- Owen High School: Wednesday, May 29 at 2:30 p.m. in the Owen High Gym (99 Lake Eden Drive in Black Mountain)
- Owen Middle School: Wednesday, May 29 at 3 p.m. in the Owen High Gym (99 Lake Eden Drive in Black Mountain)
- Pisgah High School: Tuesday, May 21 at 2:45 p.m. in the Pisgah High Gym (1 Black Bear Drive in Canton)
- Pisgah High School (rising 9th graders): Tuesday, May 21 at 3 p.m. in the Pisgah High Gym (1 Black Bear Drive in Canton)
- Rosman High School: Monday, May 20 at 1:30 p.m. at the Rosman High School Gym (749 Pickens Hwy, Rosman)

- Rosman Middle School: Monday, May 20 at 1:30 p.m. at the Rosman High School Gym (749 Pickens Hwy, Rosman)
- Rugby Middle School: Thursday, May 9 at 3 p.m. at the West Henderson High Gym (3600 Haywood Rd in Hendersonville)
- West Henderson High School: Thursday, May 9, at 1:30 p.m. at the West Henderson High Gym (3600 Haywood Rd in Hendersonville)

UNC Health Pardee is a not-for-profit community healthcare system managed by UNC Health. The hospital, founded in 1953, is licensed for 222 acute care beds. Pardee has several locations separate from the main campus, including a comprehensive physician practice network, a cancer center, four urgent care locations and six orthopedic clinics. For more information or to find a physician, visit www.pardeehospital.org.

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