UNC Health Pardee

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Pardee BlueMD Opens New Primary Care Practice in Arden

The practice will use a physician-pharmacist co-visit model

Arden – UNC Health Pardee is expanding access to primary care with the addition of a new family medicine practice, Pardee BlueMD - Long Shoals Rd. The Arden practice is opening on Feb. 3 and will use a physician-pharmacist co-visit model, an integrated model in which a physician and a clinical pharmacist practitioner (CPP) see patients during the same visit. The practice will be staffed by Yuqi Mao, M.D. a board-certified family medicine physician and certified physician assistant, Katherine Lorenz, PA-C. The CPP will be a provider with Sona Pharmacy.

Dr. Mao believes listening to his patients and understanding them as individuals is important. He focuses first on preventive care by teaching or reiterating to patients about health risks. “After a diagnosis, I work to thoroughly explain the next steps and create treatment plans with my patients to empower them in caring for themselves,” Dr. Mao said. When he’s not treating patients, Dr. Mao enjoys reading, classical and Broadway music, solving crossword and Sudoku puzzles, along with playing billiards and golf.

Katherine Lorenz has been a part of the Pardee team for more than 10 years, previously serving at Pardee Urgent Care. She believes in compassionate, quality care built on deepening relationships with her patients. In her free time, she has published three children’s nonfiction and two children’s fiction books.

This is the second Pardee practice to utilize this approach in partnership with Sona Pharmacy, which facilitates thorough medication reviews, drug therapy management and allows for disease management and education for chronic conditions such as diabetes, COPD and cardiovascular disease. The practice will offer primary care medical services to patients of all

ages beginning at five years old, including complete physical exams, preventative medical care, treatment and management of chronic diseases, dietary counseling and weight management, and diagnosis and treatment of stress, anxiety, depression and other emotional health conditions. To schedule an appointment, call 828-435-8120.

UNC Health Pardee is a not-for-profit regional healthcare organization based in Henderson County and managed by UNC Health. The county-owned hospital was founded in 1953 in Hendersonville, NC, and is licensed for 222 acute care beds. Pardee has grown from the Henderson County Hospital to become a healthcare system that serves residents across Henderson, Haywood, Transylvania, and Buncombe counties, offering a wide range of medical services, including a comprehensive primary care physician network with FQHC status, a cancer center, three urgent care locations, four orthopedics and sports medicine clinics and a medical staff representing 43 specialties. For more information or to find a physician, visit www.pardeehospital.org.

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