



## Save a life and eat a slice!

This life-saving, two-hour workshop is open to everyone in our WNC community, free of charge. Wednesday, September 20, 11am - 1pm (over lunch). We'll provide the pizza to all participants.



If you are an employer please talk to your employees about attending. If you are an employee, please talk to your supervisor about attending. Suicide, while disproportionately affects our Veteran population, the entire country is in crisis.



Ask A Question,  
Save A Life.

QUESTION. PERSUADE. REFER.

**QPR (Question. Persuade. Refer)**

Just like CPR, QPR is an emergency response to someone in crisis

**TRAINING WILL COVER**

- How to Question, Persuade, and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

QPR is the most widely taught Gatekeeper training in the world.

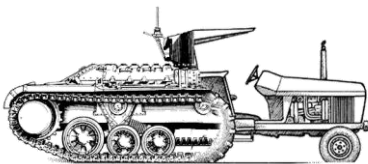
**When:** Wednesday, September 20

**Where:** Veterans Healing Farm, 38 Yale Road,  
Hendersonville NC

**Time:** 11am - 1pm

**Questions?** Please email us at [veteranshealingfarm@gmail.com](mailto:veteranshealingfarm@gmail.com)

[Register Today!](#)



The Veterans Healing Farms is a 501c3 nonprofit whose mission is to enhance the mental, emotional, and physical well-being of our nation's Veterans and their families.