

Catalyze, inspire, innovate for mental health

GlobalMentalHealth@Harvard



GlobalMentalHealth@Harvard 2nd Annual Open Day

Sever Hall 113 | Harvard Yard
Harvard University, Cambridge, Massachusetts
Saturday April 13th, 2019
8:30 am - 4:00 pm

The 2nd Annual GMH@Harvard Open day continues the theme from the inaugural event last year, and the spirit of the initiative to *'Celebrate the diversity of global mental health activities in our community'*.

The event will feature keynote speaker: **Patrick J. Kennedy**, former Congressman (D-RI); Lead author of the Mental Health Parity and Addiction Equity Act of 2008; founder of The Kennedy Forum and DontDenyMe.org; co-founder of One Mind. Followed by presentations from faculty, staff, students, and others from our community who are working in the field of global mental health.

GlobalMentalHealth@Harvard is a cross-Harvard initiative aspiring to elevate the profile of mental health as a global public good and a universal human right through education, research, innovation, and engagement. The Open Day is co-hosted by the Department of Global Health and Social Medicine at Harvard Medical School, the Harvard Global Health Institute, and the Department of Global Health and Population at Harvard T.H. Chan School of Public Health.

Agenda:

8:30am – 9:00am Registration and Breakfast

* * *

Welcome and Keynote

9:00am – 9:30am GMH@Harvard: A year in review and preview of where we are going

Speaker: **Vikram Patel, MBBS, PhD**
The Pershing Square Professor of Global Health and Wellcome Trust Principal Research Fellow, Department of Global Health and Social Medicine, Harvard Medical School
Professor, Department of Global Health & Population, Harvard TH Chan School of Public Health
Co-Founder and Member of Managing Committee, Sangath
Adjunct Professor, Public Health Foundation of India

9:30am – 10:30am **Keynote Speaker: Patrick J. Kennedy**
Lead author of the Mental Health Parity and Addiction Equity Act of 2008; founder of The Kennedy Forum and DontDenyMe.org; co-founder of One Mind.

* * *

10:30 – 10:45 Break

* * *

Session 1 & 2 Flash Talks & Panel Discussion

10:45 – 11:15 Session 1: The Need for an Accountability Index in Global Mental Health

Flash Talk Presentations:

New Science – New Finance for Mental Health

Garen Staglin

Co-Founder and Board Chairman of One Mind

Accountability for mental health in the SDG era

Shekhar Saxena, MD, FRCPsych, DAB, MRC, Psych

Professor of the Practice of Global Mental Health. Department of Global Health and Population, Harvard T.H. Chan School of Public Health

Panel Discussion and Q&A with Session 1 Presenters:

Moderated by: **Vikram Patel, MBBS, PhD**

11:15 – 11:55

Session 2: Scaling Up Mental Health Care

Flash Talk Presentations:

Community-Based Partnerships that Deliver for High-Risk Young Men

Anna Bartuska

Clinical Research Coordinator, Massachusetts General Hospital, Community Psychiatry PRIDE

Resilience Strengthening and Mental Health Promotion through Humanitarian Leadership Education

Moir Hennessey, PhD, MPH

Instructor/Mental Health Specialist, Harvard Humanitarian Initiative

Importance of Systemic De-Stigmatization while Scaling Mental Health Services

Ruha Shadab, MD

MPP Candidate Harvard Kennedy School

Panel Discussion and Q&A with Session 2 Presenters:

Moderated by: **John Naslund, PhD**

Research Fellow in Global Health and Social Medicine
Harvard Medical School

* * *

11:55 – 1:20 Lunch & Networking Session

Breakout rooms:

The Mental Health Workforce

Mental Health Promotion Science

Global Mental Health Delivery Science

Human Rights

Building our GMH@Harvard Community

Financing & Accountability (Countdown MH 2030)

* * *

Session 3 & 4 Flash Talks & Panel Discussion

1:20 – 1:50 pm

Session 3: Mental Health on a College Campus

Flash Talk Presentations:

Student-led initiatives for student mental health: 4 examples at Harvard

Jenny H. Hsi

Doctor of Public Health (DrPH) candidate, Harvard T. H. Chan School of Public Health

Evaluating the Acceptability and Outcomes of a Mobile Application for Students Seeking Mental Health Care at Harvard University Health Services: A pilot study

Leslie Tarver, MD, MPH

Adolescent Psychiatry Fellow, Harvard Medical School

Panel Discussion and Q&A with Session 3 Presenters:

Moderated by: TBC

1:50 – 2:20pm

Session 4: A Rights Based Approach to Mental Health Access and Care

Flash Talk Presentations & Panel Discussion:

An Introduction to Trauma Systems Therapy for Refugees (TST-R)

Emma Cardelli, Ph.D.

Licensed Psychologist and Research Associate at the Refugee Trauma & Resilience Center at Boston Children's Hospital/Harvard Medical School

Mental Health through a Human Rights Lens

Stephen P. Marks, Docteur d'État, Dipl. IHEI

François-Xavier Bagnoud Professor of Health and Human Rights, Harvard T.H. Chan School of Public Health

Panel Discussion and Q&A with Session 4 Presenters:

Moderated by: **Giuseppe Raviola, MD, MPH**

Director, Program in Global Mental Health and Social Change, Dept. of Global Health and Social Medicine, Harvard Medical School
Director, Mental Health, Senior Health and Policy Advisor, Partners In Health

Assistant Professor of Psychiatry, Global Health and Social Medicine, Harvard Medical School

* * *

2:10 – 2:35

Break

* * *

Session 5 Flash Talks & Panel Discussion

2:35 – 3:20pm

Session 5: Enhancing Mental Health and Wellbeing

Flash Talk Presentations:

CAFF in China - Promotion of Mental Well-being for Children with Parental Mental Challenges

Miao Xue, MA

Current MMSc-GHD student, Global Health Delivery Program at Harvard Medical School, Department of Global Health and Social Medicine

Family Strengthening Intervention (Sugira Muryango) associated with improved caregiver mental health and reduced family violence in Rwanda

Sarah K. G. Jensen, PhD

Post-Doctoral Fellow, Boston College School of Social Work

A Four-Week Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Kenyan Adolescents

Tom Osborn, Undergraduate, Harvard College '20

Harvard College '20

Panel Discussion and Q&A with Session 5 Presenters:

Moderated by: **Anne Becker, MD, PhD**

Maude and Lillian Presley Professor of Global Health and Social Medicine, Department of Global Health and Social Medicine, Harvard Medical School

3:20pm – 3:50pm

Closing:

Speaker:

Giuseppe Raviola, MD, MPH

Director, Program in Global Mental Health and Social Change, Department of Global Health and Social Medicine, Harvard Medical School

Director, Mental Health, Senior Health and Policy Advisor, Partners In Health

Assistant Professor of Psychiatry, Global Health and Social Medicine, Harvard Medical School

* * *

Poster Session

Posters will be available in Sever Hall 109 throughout the day.

Please take some time to talk with our poster presenters during each of the breaks.

A qualitative pilot study on the causes and cultural interpretations of mental health in rural Nigeria.

Dr. Saheed Akinmayowa Lawal

Department of Sociology, Olabisi Onabanjo University, Ago-Iwoye, Nigeria

Department of Global Health and Population, Harvard T H Chan School of Public Health

Using an Interagency Collaborative Team Approach to deliver the Youth Readiness Intervention to youth in Sierra Leone

Jordan Farrar, Associate Director

Ryan Borg

Jordan Freeman

Theresa S. Betancourt, Director

Research Program on Children and Adversity, Boston College

Costs and Cost-Effectiveness of Digital Technology Interventions for Mental Health: A Systematic Review

Dr. Udita Joshi

Research Fellow, Sangath, Bhopal, Madhya Pradesh, India

Acceptability and feasibility of digital technology for training community health workers to deliver depression treatment in rural India

Dr. Shital Shamrao Muke

Research Coordinator, Sangath, Bhopal, Madhya Pradesh, India

FIMRC: Sustainable Efforts to Promote Mental Health Locally and Abroad

Anna Vaynrub, student at Harvard College, Vice President of FIMRC

Ashley Cooper, student at Harvard College, President of FIMRC

Kayla Lentz, student at Harvard College, Secretary of FIMRC

FIMRC stands for the Foundation for the International Medical Relief of Children

Center for Mental Health “Home of Brains” – a holistic approach to mental health care and patient empowerment in Sub-Saharan countries

Rick Peter Fritz Wolthusen, MD

McCloy Fellow/MPP candidate at Harvard Kennedy School

Embracing the Mind in Underserved Communities: Designing and Implementing a Trauma-Informed Mental Health and Wellness Program in an Inner City K-12th Grade School District

Tiana Woolridge, MD '20, MPH '19

Graduate Student at Harvard T.H. Chan School of Public Health

Harvard T.H. Chan School of Public Health; University of California, San Francisco School of Medicine;

Inner City Education Foundation Wellness Consultant

Pat Jackson

Director of Strategic Partnerships

Inner City Education Foundation