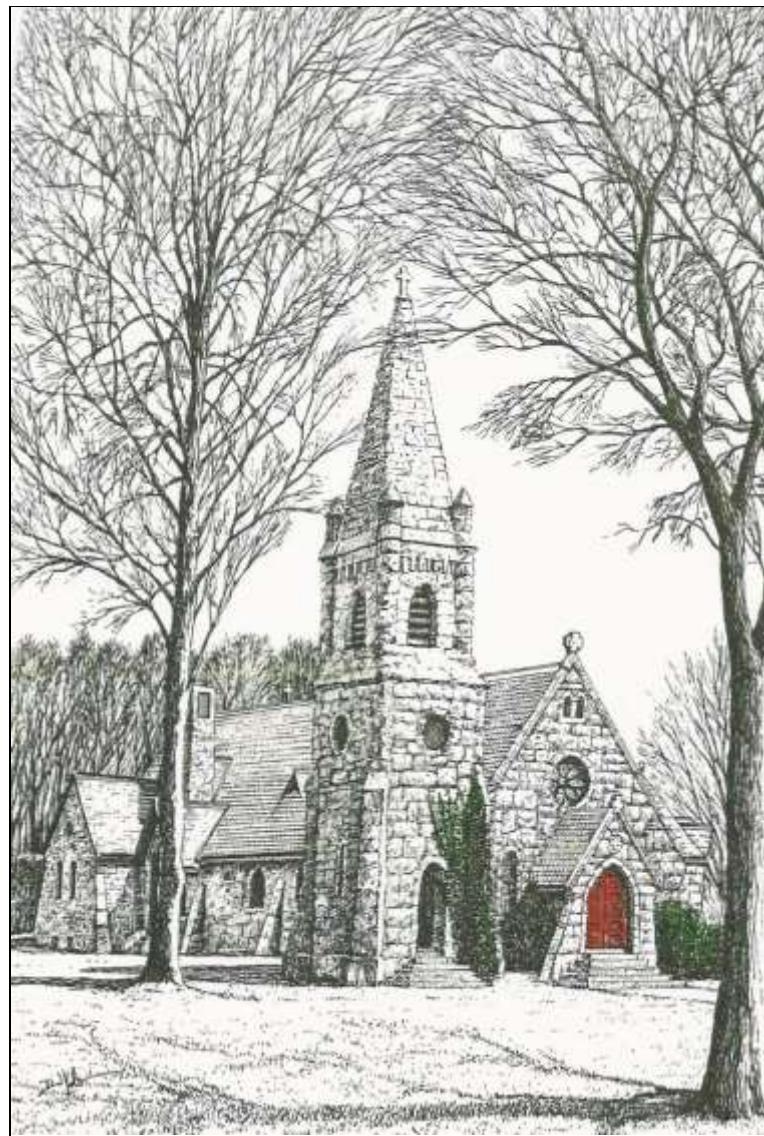


**Church of the Messiah
22 Church Street
Woods Hole, Massachusetts**

**Third Sunday in Lent
Virtual Holy Eucharist: Rite Two**

March 7, 2021



Prelude

“Allegro”

by Edward Elgar

Welcome

The Liturgy of the Word

Celebrant Blessed be the one, holy, and living God.

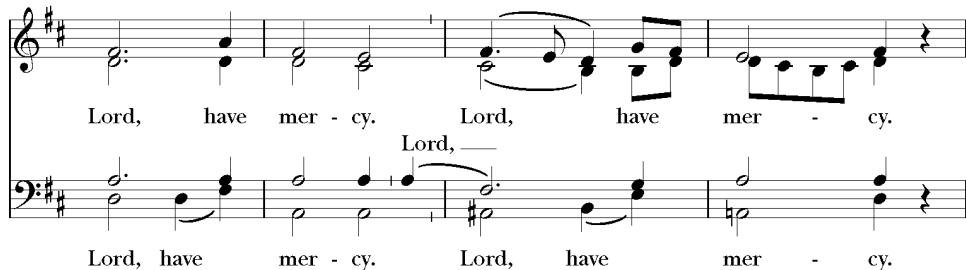
People **Glory to God for ever and ever.**

Collect for Purity

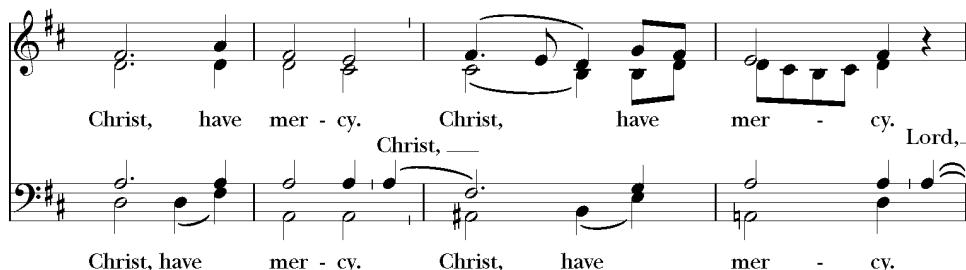
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

Kyrie S96

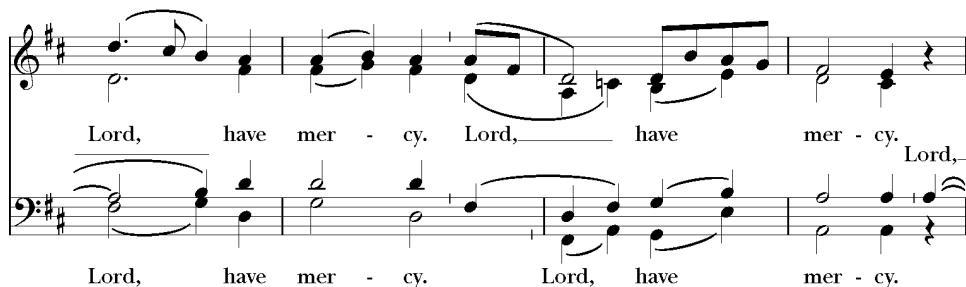
by Franz Schubert



Lord, have mer - cy. Lord, have mer - cy.
Lord, have mer - cy. Lord, have mer - cy.



Christ, have mer - cy. Christ, have mer - cy.
Christ, have mer - cy. Christ, have mer - cy.



Lord, have mer - cy. Lord, have mer - cy.
Lord, have mer - cy. Lord, have mer - cy.



Lord, have mer - cy, have mer - cy.
Lord, have mer - cy, have mer - cy.

Collect of the day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

First Reading

Exodus 20:1-17

God spoke all these words to Moses on Mount Sinai: “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.”

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

Psalm 19

- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.

5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

7 The law of the LORD is perfect
and revives the soul; *
the testimony of the LORD is sure
and gives wisdom to the innocent.

8 The statutes of the LORD are just
and rejoice the heart; *
the commandment of the LORD is clear
and gives light to the eyes.

9 The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.

10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.

11 By them also is your servant enlightened, *
and in keeping them there is great reward.

12 Who can tell how often he offends? *
cleanse me from my secret faults.

13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.

14 Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

Second Reading

“Mind Wanting More”

Holly Hughes

Only a beige slat of sun
above the horizon, like a shade
pulled not quite down. Otherwise,
clouds. Sea rippled here and
there. Birds reluctant to fly.
The mind wants a shaft of sun to
stir the grey porridge of clouds,
an osprey to stitch sea to sky
with its barred wings, some dramatic
music: a symphony, perhaps
a Chinese gong.

But the mind always
wants more than it has—
one more bright day of sun,
one more clear night in bed
with the moon; one more hour
to get the words right; one
more chance for the heart in hiding
to emerge from its thicket
in dried grasses—as if this quiet day
with its tentative light weren't enough,
as if joy weren't strewn all around.

- *Text by Holly J. Hughes found in a collection called Poetry of Presence: An Anthology of Mindfulness Poems. West Hartford: Grayson Books. 2017.*

Gospel

John 2:13-22

Reader The Holy Gospel of our Lord Jesus Christ according to John
People **Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Reader The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Prayers of Intercession and Thanksgiving

Caring God,
we thank you for your gifts in creation:

for our world,
the heavens tell of your glory;
for our land, its beauty and its resources,
for the rich heritage we enjoy.

We pray:

for those who make decisions about the resources of the earth,
that we may use your gifts responsibly;
for those who work on the land and sea, in city and in industry,
that all may enjoy the fruits of their labors and marvel at your creation;
for artists, scientists and visionaries,
that through their work we may see creation afresh.

Silence

We thank you for giving us life;
for all who enrich our experience.

We pray:

for all who are deprived of fullness of life,
for prisoners, refugees, and those who are sick;
for those in government, medical science, social and relief work, and for your Church,
for all who seek to bring life to others.

Silence

We thank you that you have called us to celebrate your creation.
Give us reverence for life in your world.

We thank you for your redeeming love;
may your word and sacrament strengthen us to love as you love us.

Silence

God, Creator, bring us new life.
Jesus, Redeemer, renew us.
Holy Spirit, strengthen and guide us.

Friends, for what else shall we pray and give thanks?

Celebrant:

Blessed are you,
God of growth and discovery;
yours is the inspiration
that has altered and changed our lives;
yours is the power that has brought us
to new dangers and opportunities.

Set us, your new creation,
to walk through this new world,
watching and learning,
loving and trusting,
until your kingdom comes.

Amen.

Adapted from *A New Zealand Prayer Book*. Auckland: New Zealand. 1988. Pp. 463-465.

Offertory Anthem LEVAS #203 “There is a Balm in Gilead” (vs. 1-2) *African American Spiritual*

The Great Thanksgiving

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We lift them to the Lord.***

Celebrant Let us give thanks to the Lord our God.

People ***It is right to give him thanks and praise.***

God of all power, Creator of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

*Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.*

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

*We celebrate his death and resurrection,
as we await the day of his coming.*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.*

Breaking of the Bread

Prayer for Spiritual Communion

from the South African Book of Common Prayer (1989)

Jesus, may all that is you flow into me.
May your body and blood be my food and drink.
May your passion and death be my strength and life.
Jesus, with you by my side enough has been given.
May the shelter I seek be the shadow of your cross.
Let me not run from the love which you offer but hold me safe from the forces of evil.
On each of my dyings shed your light and your love.
Keep calling to me until that day comes when, with your saints, I may praise you for ever.
Amen.

(recited by prisoners who were unable to receive communion during Apartheid)

Communion Music

“Elevation in B minor”

by Dom Paul Benoit

Commission and Benediction

Go now: wait and seek the Light of God.
In the wild places prepare a straight path for the Lord.
Lead lives of holiness and godliness,
strive to be found at peace,
and speak freely of the Lord’s comfort and promise.

And may God our Creator gather the creation in loving arms;
May Christ Jesus the Reconciler help us work for justice and peace;
And may the Holy Spirit the Sustainer gather us in lovingkindness and compassion.

*- adapted by The Rev. Deborah Warner from
<https://re-worship.blogapot.com/2011/11/benediction-advent-s-b.html>
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Greeting

Hymn 495

“Hail thou once despised Jesus” (vs. 1-3)

In Babilone



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -
2 Pas - chal Lamb, by God ap - point - ed, all our sins on
3 Je - sus, hail! en - throned in glo - ry, there for ev - er
*4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;
thee were laid: by al - might - y love a - noint - ed,
to a - bide; all the heaven - ly hosts a - dore thee,
to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal
thou hast full a - tone - ment made. All thy peo - ple are for -
seat - ed at thy Fa - ther's side. There for sin - ners thou art
right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it
giv - en through the vir - tue of thy blood: o - pened is the
plead - ing: there thou dost our place pre - pare; ev - er for us
spi - rits, all your no - blest an - thems raise; help to sing our



we find fa - vor: life is giv - en through thy Name
gate of hea - ven, re - con - ciled are we with God.
in - ter - ced - ing, till in glo - ry we ap - pear.
Sa - vior's mer - its, help to chant Em - man - uel's praise!

Postlude

“Andante religioso’ from Sonata No. 4”

by Felix Mendelssohn

Dismissal

Let us go forth to carry out acts of justice and mercy with self-compassion.
Thanks be to God.

LITURGICAL LEADERS

Celebrant and Preacher

The Reverend Deborah Warner

Organist

Brittany Lord

Lay Eucharistic Minister

Jean Taft

Lectors

Dicky Allison, Millie Potts
Jean Taft

Prayers of the People

Helen Gordon

Altar Guild

Joyce Haycock, Denise Jay
Jane Vose

Church of the Messiah

2021 Vestry

The Rev. Deborah M. Warner	<i>Rector</i>
Jean Taft	<i>Warden</i>
Nancy Rea	<i>Warden</i>
Winifred Dick	<i>Clerk</i>
John Holden	<i>Treasurer</i>

Don Aukamp	2022	Paul Graney	2022
Charles Mann	2023	Peg Nicholson	2023
Susan Morse	2024	Rachael Rhude	2024

Deanery Representatives

Dicky Allison	Diocesan, Deanery Representative
Helen Gordon	Diocesan, Deanery Representative
Denise Jay	Deanery Representative

Staff

The Rev. Deborah Warner	<i>Rector</i>
Brittany Lord	<i>Music Director, Organist</i>
Nancy McDonald	<i>Parish Administrator</i>
Jennifer Kelly	<i>Bookkeeper & Financial Recorder</i>
Bruce Bagley	<i>Church Sexton</i>
Doug Amon	<i>Cemetery Sexton</i>
Jessica Morrison	<i>Webmaster</i>

The Rev. Deborah M. Warner

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