

**CENTRE FOR GRIEF AND HEALING  
(BFO-H/P)**

# *Grief Support Groups*

## **MIXED LOSS**

**EVERY TUESDAY  
6:30PM TO 8:00PM**

**ALL LOSSES WELCOME  
IN THIS GROUP (18+)**

**THERE WILL BE NO  
GROUP ON DECEMBER  
3, 2019.**

## **CHILD LOSS**

**EVERY OTHER  
WEDNESDAY  
6:30PM TO 8:00PM**

**SEPTEMBER 11 & 25  
OCTOBER 9 & 23  
NOVEMBER 6 & 20  
DECEMBER 4 & 18**

**CHILD LOSS SPECIFIC  
(18+)**

## **PARTNER LOSS**

**EVERY OTHER  
WEDNESDAY  
6:30PM TO 8:00PM**

**SEPTEMBER 4 & 18  
OCTOBER 2, 16 & 30  
NOVEMBER 13 & 27  
DECEMBER 11**

**PARTNER LOSS  
SPECIFIC (18+)**

## **YOUTH GROUP**

**EVERY 1ST & 3RD  
WEDNESDAY  
4:00PM TO 5:00PM**

**SEPTEMBER 4 & 18  
OCTOBER 2 & 16  
NOVEMBER 6 & 20  
DECEMBER 4 & 18**

**ALL LOSSES WELCOME  
(14-29)**

**PLEASE CALL 905-848-4337 THE WEEK OF GROUP TO REGISTER.  
LIMITED SPOTS AVAILABLE.  
SHOULD GROUP BE CANCELLED YOU WILL BE NOTIFIED THE  
MORNING OF VIA PHONE/EMAIL.**