

**CENTRE FOR GRIEF AND HEALING
(BFO-H/P)**

Grief Support Groups

MIXED LOSS

**EVERY TUESDAY
6:30PM TO 8:00PM**

**ALL LOSSES WELCOME
IN THIS GROUP (18+)**

**THERE WILL BE NO
GROUP ON DECEMBER
3, 2019.**

CHILD LOSS

**EVERY OTHER
WEDNESDAY
6:30PM TO 8:00PM**

**SEPTEMBER 11 & 25
OCTOBER 9 & 23
NOVEMBER 6 & 20
DECEMBER 4 & 18**

**CHILD LOSS SPECIFIC
(18+)**

PARTNER LOSS

**EVERY OTHER
WEDNESDAY
6:30PM TO 8:00PM**

**SEPTEMBER 4 & 18
OCTOBER 2, 16 & 30
NOVEMBER 13 & 27
DECEMBER 11**

**PARTNER LOSS
SPECIFIC (18+)**

YOUTH GROUP

**EVERY 1ST & 3RD
WEDNESDAY
4:00PM TO 5:00PM**

**SEPTEMBER 4 & 18
OCTOBER 2 & 16
NOVEMBER 6 & 20
DECEMBER 4 & 18**

**ALL LOSSES WELCOME
(14-29)**

**PLEASE CALL 905-848-4337 THE WEEK OF GROUP TO REGISTER.
LIMITED SPOTS AVAILABLE.
SHOULD GROUP BE CANCELLED YOU WILL BE NOTIFIED THE
MORNING OF VIA PHONE/EMAIL.**