



THE CENTRE FOR GRIEF
AND HEALING PRESENTS

HEALING THROUGH ART

CENTRE FOR GRIEF &
HEALING (BFO-H/P)

33 CITY CENTRE DR, SUITE
610, MISSISSAUGA, ON L5B
2N5, CANADA

6:30PM TO 8:30PM

COST: \$35.00 PER PERSON

ART HAS BEEN PROVEN TO
REDUCE BOTH STRESS AND
ANXIETY, WHILE ALLOWING A
CREATIVE OUTLET FOR OUR
GRIEF.

JOIN US FOR CREATIVE NIGHTS
OF HEALING!

OCTOBER 17TH, 2019
BEADING WITH LOVE

FEBRUARY 13TH, 2020
NIGHT OF MEMORIES

MARCH 5TH, 2020
COLOURS OF HOPE

PLEASE VISIT OUR WEBSITE AT
WWW.BEREAVEDFAMILIES.CA FOR
MORE DETAILS OR TO REGISTER.