



2018-2019 HEILICHER DINING PROGRAM

Heilicher offers breakfast and lunch for purchase in its kosher dining room under the supervision of the Chicago Rabbinical Council. Lunch offerings are delicious, healthy, all-you-can-eat and made from scratch by Chef Liz Kaplan. Students will be guided by staff monitors to make healthy choices.

In 2018-2019 food service will be an all-dairy and pareve (no meat) menu. New lunch menu items will include fish, eggs, meat substitutes, hearty soups, and a daily salad bar with at least two protein options. Soy products will be served in moderation. A new daily alternative buffet will feature mini-bagels, cream cheese, sunbutter & jelly, and other popular items.

A la carte breakfast items are available for purchase daily from 7:30-8 a.m.

Lunch Pricing—Two Options

DAY-BY-DAY LUNCH PURCHASE

\$5.50/lunch for K-8 and adults

(Lunch would cost \$950/year at this price.)

ALL-INCLUSIVE DAILY LUNCH OPTION

Annual pricing discounts (divided into 11 monthly installments):

- \$700/year K-Grade 5 (@\$4.30/lunch)
- \$800/year Grades 6-8 (@\$4.90/lunch)

The all-inclusive program includes daily lunch for an entire year. The annual fee will be billed in monthly installments to the family's Heilicher account on file (not through MSA). Opt in on the Tuition and Lunch Payment Options form or contact the Finance Office to sign up at finance@hmjds.org.

NOTE: *With the all-inclusive program, students will still need an MSA account (and ID number) to present at lunch check-out. Meals will be recorded as \$0 purchases. This allows Heilicher to streamline the lunch process and gives parents access to a record of their student(s)' lunch purchases. Families choosing the all-inclusive lunch program may transfer remaining MSA funds to cover all-inclusive lunch expenses by request.*

SEE SAMPLE MENU ON BACK.

Sample Menu

Monday

Main Entree Veggie Hot Dog
Baked Beans
Creamy Wild Rice Soup
Sweet and Sour Coleslaw

Salad Bar
Alternative Buffet

Tuesday

Main Entree Buttermilk Pancake
Cheesy Eggs
Veggie Sausage Patty
Spinach Salad with Strawberries

Salad Bar
Alternative Buffet

Wednesday

Main Entree Chili with Sour Cream
Cheesy Cornbread
Chips and Guacamole
Mexican Coleslaw

Salad Bar
Alternative Buffet

Thursday

Main Entree Baked Salmon
Pasta with Alfredo Sauce
Fresh Green Beans
Mandarin Oranges

Salad Bar
Alternative Buffet

Friday

Main Entree Cheese Pizza
Fresh Fruit
Salad Bar
Ice Cream

Salad Bar
Alternative Buffet

