

White cards are white laminated cards that a person with a mental health diagnosis carries with them. In the event they are in crisis, they can show the white card to authorities. It contains their diagnosis, triggers and emergency contact as well as medical contact. Often when in crisis, a person may seem "out of it", unintelligible, or may be very agitated. This is a tool to help the person AND the responders. Our local authorities have supported the use of this card. In the past, there has been a lack of volunteers to support this program; last year our club picked up the project. We need people who are able to assist the white card machine operator. You would ask clients to fill out a half page form and help the operator get any other necessary information. No computer skills necessary.