



# Lunch Menu September 2019

1	2 NO SCHOOL Labor Day	3 Beef Soft Taco Nachos w/Cheese Steamed Corn Mandarin Oranges	4 5 Cheese Tortellini w/Meat Sauce Side Salad Bread Sticks Peaches	5 Boneless Wings w/dipping sauce Rice w/Gravy Steamed Cabbage Apple	6 Chicken Breast Filet Sandwich Curly Fries Lemon Cake w/Cream Cheese Frosting	7
8	9 Sausage Grits Scrambled Eggs Biscuit Grapes	10 Beef Nachos Black Beans Mexican Rice Mandarin Oranges	11 French Bread Pepperoni Pizza Side Salad Pineapple	12 Boneless Wings w/dipping sauce Macaroni and Cheese Steamed Green Beans Apple	13 BBQ Sandwich Potato Wedges Apple Cobbler	14
15	16 Grilled Cheese Sandwich Steamed Carrots Chicken Noodle Soup Grapes	17 Chicken and Cheese Quesadilla Nachos w/Cheese Steamed Corn Mandarin Oranges	18 Baked Ziti Side Salad Bread Sticks Peaches	19 Boneless Wings w/dipping sauce Mashed Potatoes Steamed Green Beans Apple	20 Meatball Sub Potato Chips Sugar Cookie	21
22	23 Chicken Biscuit Hash Brown Scrambled Eggs Mandarin Oranges	24 Beef Nachos Black Beans Mexican Rice Peaches	25 French Bread Pepperoni Pizza Side Salad Pineapple	26 Boneless Wings w/dipping sauce Macaroni and Cheese Steamed Green Beans Grapes	27 Hamburger Fries Chocolate Cake	28
29	30 Chicken Pot Pie Steamed Green Beans Peaches	1	2	3	4	5

## Plate Lunches (One Main, Two Sides & a Drink):

K3-K5 \$3.50

1<sup>st</sup>-5<sup>th</sup> \$3.75

6<sup>th</sup>-12<sup>th</sup> \$4.25

## Salad Bar / Wrap Bar (One Trip with Drink)

6<sup>th</sup>-12<sup>th</sup> \$4.75

## A la carte Items/Pricing (6<sup>th</sup>-12<sup>th</sup> grades only):

Main Item	\$2.50
Sides	\$1.50
Bread	\$0.75
Tea/Lemonade	\$1.00
Milk	\$0.75
Ice Cream	\$1.25
Coke products	\$1.75
Dasani Water	\$1.00
YooHoo	\$1.25
Dunkin Doughnuts Iced Coffee	\$3.50
Premier Protein Shake	\$2.50
Power Ade	\$1.75

## Snack Attack Menu (9<sup>th</sup>- 12<sup>th</sup> only)

Fruit	\$1.50
Ice Cream	\$1.25
Muffins	\$1.25
Plain Biscuit	\$0.75
Pop Tarts	\$1.50
Bagel	\$1.25
Sausage Biscuit	\$1.25
Chicken Biscuit	\$1.75
Yogurt	\$1.25