

# Lunch Menu October 2019

		1 Chicken and Cheese Quesadilla Nachos w/Cheese Steamed Corn Mandarin Oranges	2 Pasta Pizza Bake Side Salad Bread Sticks Peaches	3 Boneless Wings w/dipping sauce Rice w/Gravy Steamed Broccoli Grapes	4 Philly Cheesesteak Sandwich Potato Wedges Chocolate Chip Cookies	5
6	7 Grilled Cheese Sandwich Steamed Green Beans Chicken Noodle Soup Grapes	8 Beef Nachos Black Beans Mexican Rice Mandarin Oranges	9 French Bread Pepperoni Pizza Side Salad Pineapple	10 Boneless Wings w/dipping sauce Macaroni and Cheese Steamed Broccoli Apple	11 Corn Dog Tater Tots Chocolate Cake	12
13	14 NO SCHOOL Fall Break	15 NO SCHOOL Fall Break	16 Spaghetti Side Salad Bread Sticks Pineapple	17 Boneless Wings w/dipping sauce Mashed Potatoes Steamed Green Beans Apple	18 Chicken Breast Filet Sandwich Curly Fries Apple Cobbler	19
20	21 Chicken Biscuit Hash Brown Scrambled Eggs Mandarin Oranges	22 Mild Buffalo Ranch Chicken Nachos Black Beans Mexican Rice Mandarin Oranges	23 French Bread Pepperoni Pizza Side Salad Pineapple	24 Boneless Wings w/dipping sauce Macaroni and Cheese Steamed Green Beans Grapes	25 Hamburger Fries Lemon Cake w/Cream Cheese Frosting	26
27	28 Grilled Cheese Sandwich Steamed Green Beans Chicken Noodle Soup Apple	29 Beef Soft Taco Nachos w/Cheese Steamed Corn Mandarin Oranges	30 Baked Ziti Side Salad Bread Sticks Pineapple	31 Boneless Wings w/dipping sauce Rice w/Gravy Steamed Broccoli Grapes		

## Plate Lunches (One Main, Two Sides & a Drink):

K3-K5	\$3.50
1 <sup>st</sup> -5 <sup>th</sup>	\$3.75
6 <sup>th</sup> -12 <sup>th</sup>	\$4.25

## Salad Bar / Wrap Bar (One Trip with Drink)

6 <sup>th</sup> -12 <sup>th</sup>	\$4.75
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## A la carte Items/Pricing (6<sup>th</sup>-12<sup>th</sup> grades only):

Main Item	\$2.50
Sides	\$1.50
Bread	\$0.75
Tea/Lemonade	\$1.00
Milk	\$0.75
Ice Cream	\$1.25
Coke products	\$1.75
Dasani Water	\$1.00
YooHoo	\$1.25
Dunkin Doughnuts Iced Coffee	\$3.50
Premier Protein Shake	\$2.50
Power Ade	\$1.75

## Snack Attack Menu (9<sup>th</sup> - 12<sup>th</sup> only)

Fruit	\$1.50
Ice Cream	\$1.25
Muffins	\$1.25
Plain Biscuit	\$0.75
Pop Tarts	\$1.50
Bagel	\$1.25
Sausage Biscuit	\$1.25
Chicken Biscuit	\$1.75
Yogurt	\$1.25