

# Take Up Your Cross



1. "Take up your cross," the Sav - ior said, "If  
2. Take up your cross; let not its weight Fill  
3. Take up your cross, heed not the shame, And  
4. Take up your cross, then, in his strength, And  
5. Take up your cross and fol - low Christ, Nor



you would my dis - ci - ple be; Take up your cross with  
your weak spir - it with a - larm; His strength shall bear your  
let your fool - ish pride be still; The Lord for you ac -  
calm - ly ev - 'ry dan - ger brave: It guides you to a  
think till death to lay it down; For those who hum - bly



will - ing heart, And hum - bly fol - low af - ter me."  
spir - it up, And brace your heart, and nerve your arm.  
cept - ed death Up - on a cross on Cal - v'ry's hill.  
bet - ter home And leads to vic - t'ry o'er the grave.  
bear the cross One day will wear the glo - rious crown.

Text: Charles W. Everest, 1814–1877, alt.

Tune: ERHALT UNS HERR, LM; Klug's *Geistliche Lieder*, 1543; harm. by J. S. Bach, 1685–1750