SOUTHWEST VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

RVCA Priority-Setting Workshop
Resilient Virginia
Dec 2, 10 AM to 12 PM - Virtual
* The discussions will inform the development of the Rural Regional Resilience Roadmap for Central and Southwest Virginia that will strengthen the voices of rural, underserved communities both at the state level and with funding sources.

RCPS Family Academy registration
Roanoke City School
Community Empowerment Center
Booke T Washington 40 Douglass Ave NW, Roanoke VA
Dec. 3 and Dec. 5
*Register for FREE classes in English learning, digital skills, financial literacy, parenting strategies, U.S. citizenship prep and more.Drop in anytime between 12–6 p.m. Light refreshments will be provided. Let's learn and build together!

DHCD public input sessions on the Commonwealth of Virginia's 2026-2027 Annual Action Plan
DHCD
Roanoke Higher Education Center
108 N. Jefferson St., Roanoke, VA 24016
Dec 3, 1 PM to 3 PM

Adult Mental Health First Aid (free)
Mount Roger CSB
Virtual
Dec 3, 9 AM to 5 PM – More information here

DHCD public input sessions on the Commonwealth of Virginia's 2026-2027 Annual Action Plan
DHCD
Wytheville Meeting Center
333 Community Blvd, Wytheville, VA 24382
Dec 4, 10 AM to 12 PM

Roanoke Developmental disabilities Advocacy & Resource Fair (Virtual and In-Person event)
The Arc of Virginia
Hollins Library
6624 Peter Creek Road
De 4, 6 PM to 7 :30 PM

Legal Aid Workshop - Protective Orders
VLAS
Ruby B. Archie Library
511 Patton Street Danville, VA 24541
Dec 4, 5:30 PM to 6:30 PM
*****Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Trauma Basics
Roanoke Valley TICN
Dec 5, 2 PM - Virtual
*Flyer

Legal Aid Workshop - Protective Orders
VLAS
Ruby B. Archie Library
511 Patton Street Danville, VA 24541
Dec 9, 1 PM to 2 PM
*Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Community Resource Event
VLAS
Park View Community Mission
2420 Memorial Avenue, Lynchburg, VA,
Dec 11, 9:30 AM to 10:30 AM
*Representatives from VLAS staff will be on site the 2nd Thursday of every month to offer legal resources and provide information on our services.

REVIVE! Learn How to Reverse an Opioid Overdose (In-Person)
Roanoke City and Alleghany Health District
Roanoke City Health Department - Virginia Department of Health
1502 Williamson Road Northeast #2nd Floor Roanoke, VA 24012
Dec 16, 5:30 PM to 7 PM
*Learn how to save a life! This class will teach you how to recognize and respond to an opioid overdose with naloxone.

Food System Resilience Listening Session
Virginia Cooperative Extension
Southwest Virginia Higher Education Center, Room 103/104
One Partnership Cir, Abingdon, VA 24210
Dec 16, 12 PM to 1:30 PM - Luch provided

Trauma 2.0 Train the Trainer
Roanoke Valley TICN
Dec 17, 12 PM - Virtual
*Flyer

"It Takes a Village" Parent support Group
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Dec 18, 12 PM, every Third Thursday- Upcoming Workshop "Trauma Informed Parenting"
Registration Here

Recognize and Combat Scams
SVLAS
Dec 18, 10 AM - Virtual

Other ongoing services and resources:

PowerHouse YMCA Parenting programs (Free)
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Different dates and times check flyer here

Health Wagon Mobile Clinics
Different Locations. Calendar scheduled and services Here
* The Health Wagon visits sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly basis.

Do you need Insurance? Medical, Dental and Vision
The Health Wagon
Find assistance Southwest: Application for Medicaid, Denials or Renewals
Call Megan Clark Medicaid Outreach Worker 276-328-9950 or 276-870-2379 email: mclark@thehealthwagon.org

Upcoming events:

Legal Aid Workshop - Mortgages & Foreclosures
VLAS
Ruby B. Archie Library
511 Patton Street Danville, VA 24541
Jan 8, 5:30 PM to 6:30 PM
*****Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Community Resource Event
VLAS
Park View Community Mission
2420 Memorial Avenue, Lynchburg, VA,
Jan 8, 9:30 AM to 10:30 AM
*Representatives from VLAS staff will be on site the 2nd Thursday of every month to offer legal resources and provide information on our services.

Legal Aid Workshop - Mortgages & Foreclosures
VLAS
Ruby B. Archie Library
511 Patton Street Danville, VA 24541
Jan 13, 1 PM to 2 PM
*****Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

SAFETALKS Free Training

CSB

Southwest Virginia Higher Education Center

1 Partnership Cir, Abingdon VA 24210 Room #230 #231

Jan 16, 1 PM to 4 PM