SHENANDOAH VALLEY

Note: Albemarle County, Charlottesville, Louisa county and Culpeper are not geographically within the Shenandoah Valley, they are just east of the Blue Ridge Mountains, but are included here due to their close community and cultural connections with the Valley region.

Find a local food pantry through the Federation of Virginia Food Banks.

Augusta Health Mobile Clinics
Augusta Health
Shenandoah Valley region – Different locations (Harrisonburg, Staunton, Grottoes, Weyers Cave, Waynesboro, Craigsville, Churchville, Lyndhurst, Stuart Draft & More)
July, Different times check calendar
*See Calendar for other dates and locations for mobile clinics

Summer 2026 Citizenship Preparation Classes
Skyline Literacy
100 S. Mason St. Suite B, Harrisonburg VA, 22801
Class Schedule: July 14 – September 17, 2026
Morning Class: 10:00 AM – 12:30 PM & Evening Class: 6:00 PM – 8:30 PM
For information flyers here: Spanish- English- Arabic- Kurdish - For more information or to register, please call 540-433-0505 or email Kabdalrahman@skylineliteracy.org

Equity Coalition Hybrid Meeting
Move2Health
UVA Center for Community Partnerships
201 W. Main Street, Charlottesville, Virginia
July 8, 8:30 to 10 AM

The Amato Clinic Family Fun day
The Amato Clinic and New Directions Center, Inc.
Gypsy Hill Park, Staunton, VA
July 11, 9 AM to 12 PM

Summer 2026 Virginia International Educators Conference

Virginia International Educators

550 Hillsdale Drive Charlottesville, VA 22901

July 13, 10 AM

*Cost 45

Community Mental Health and Wellness coalition

Prevention Region Ten

500 Old Lynchburg Road, Charlottesville, VA 22903

July 14, For additional meeting details, consider signing up for our mailing list.

Email cmhwc@regionten.org

Access to Healthcare Meeting

Move2HealthEquity

201 W. Main Street, Charlottesville, Virginia

July 16, 9 AM to 10 AM

*Monthly Hybrid meeting that is hosted hybrid over zoom and in person at the UVA Center For Community Partnerships.

¿Necesitas ayuda con tu seguro médico? Té ayudamos a inscribirte a Medicaid or ACA

Sin Barreras & LAJC

Oficina Sin Barreras, Charlottesville, VA

July 16, 1 PM to 6 PM

Llame para hacer su cita, es gratis: 434-531-0104

The Nelson Community Health Fair

Blue Ridge Medical Center

Tye River Elementary School

5198 Thomas Nelson Hwy, Arrington, VA 22922

July 18, 10:00 AM to 2:00 PM

Making the most of Medicaid

Page Public Library- Luray

100 Zerkel St, Luray, VA 22835

July 21, 11 AM

Charlottesville Community Fridge Meeting
HAC Blue Ridge
Visible records
1340 Broadway Street, Charlottesville, VA
July 25, 2 PM
*In Charlottesville and the surrounding counties, there is a lot of interest in establishing community free fridges in order to meet the needs of our neighbors. Let's gather our knowledge, resources, and work together. Register.

3rd Annual Back to School Market
Aisle 7 Fellowship and Verona UMC
Verona Community Center
465 Lee Hwy., Verona, VA 24482
July 25, 1 PM
*** Come and get FREE school supplies. Bring you child to shop for their school supplies**

2026 WPS Back-to-School Bash
Kate Collins Middle School
1625 Ivy Street, Waynesboro
July 26 and August 2, 1PM to 6 PM
* If your organization is interested in taking part this year, please complete **this electronic form.**
More information: Dr. Barber at 540-470-8440 (best contact for July 26 & August 2; calls/texts welcome) email: rbarber@waynesboro.k12.va.us-

Back to School Bash
United Way, Augusta Health & Community Foundation
Staunton High School
1301 N Coalter St, Staunton, VA 24401
July 27 and 28, 1 PM to 6 PM – Spanish flyer.
*Registration Required.

Other on-going events and services:

Neighborhood Primary Health Clinic
Augusta Health
Deerfield Community Center
64 Marble Valley rd. Deerfield, VA 24432
First Monday of each month, 10 AM to 2 PM – Registration close at 1 PM

Women Mental Health Support Group Finally Happy
Augusta County -Fishersville Library
1759 Jefferson Hwy, Fishersville, VA 22939
Every first and third Thursday of every month, 6:30 PM to 7:30 PM

Free HIV & Hepatitis C testing
Strengths in peers
917 N. Main Street, Harrisonburg, VA 22801
Mondays – Fridays 9 AM – 4 PM- Walks-in Welcome

Free HIV & Hepatitis C testing
Strengths in peers
9560 S. Congress St, New Market, VA 22844
Thursdays 9 AM – 4 PM- Walks-in Welcome

SMJH-Free-Mammograms | Martha Jefferson Hospital Foundation
Sentara Martha Jefferson Hospital is offering free screening mammograms for women who are: Uninsured, Under-insured--no insurance coverage for mammograms, 40 years of age or older To schedule an appointment, please contact our **Breast Health Nurse Jessica Cooper, RN at 434-654-4483**. If you are experiencing any breast issues, such as a lump or unusual skin changes, please let Jessica know at the time of scheduling.

Free diapers- Family Resource Center
115 Jefferson Highway, Suite 101, Louisa VA 23093
Wednesdays 11 AM to 2 PM – For more information call 540-603-2125
*Available while supplies last.

Poderes Legales/Power of Attorney

Sin Barreras

Todos los martes de 2PM a 4 PM – Solo con Cita

Llamar 434-531-0104

* Llámanos o envíanos un mensaje para saber cómo el Poder Notarial te puede ayudar y para hacer una cita (¡también por WhatsApp!)

Massanutten Regional Library

Provides programs and events to the following communities in the Shenandoah Valley: Bridgewater, Broadway, Grottoes, Luray, Shenandoah, Elkton and Harrisonburg.
Check for Nov Calendar Events Here.

Maternal Mental Health Program

Arrow Project

Waynesboro and Staunton VA

For more information & referrals Here

Low- or no-cost mental health services in Spanish

The Blue Ridge Free Clinic

831 Martin Luther King, Jr. Way, Harrisonburg, VA 22801

*Currently offers a limited number of Spanish-language mental health sessions.
To contact Lisa Hawkins, LCSW, directly: socialwork@blueridgefreeclinic.org

Nelson County – NCCDF Family Assistance Funds

Are you in need of financial assistance with certain basic household needs and interested in applying for help? NCCDF has limited funds to assist qualified Nelson County residents with some of their emergency needs. Assistance provided for: Rent or mortgage, utilities, medications. Eligibility: Serving Nelson County residents only & available only to qualified households.
OTHER EMERGENCIES MAY BE CONSIDERED
Contact: (434) 263-8074 ask for Georgia Brown ext. 103 or email contact@nccdf.org
Applications available at The Nelson Center.

Upcoming events:

Join Bilingual Professional Support Networking group Spanish-speaking human service professionals and mental health providers are invited to a casual support and networking gathering. TBD, Harrisonburg. The group's purpose is to connect local Spanish-speaking professionals, check in about wellbeing, and explore interest in a bilingual support network, there's no budget or sponsor, just peers supporting each other. Please invite other Spanish-speaking colleagues if you wish to grow the network **– Upcoming meetings : August 18, 5:00 PM** -**October 20, 12:00–1:00 PM** – If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com

Community Connection Open Doors
Open Doors Shelter
1111 N. Main Street, Harrisonburg VA
Sep 1, 10 AM
*Learn about services and programs provided at the navigation center. Vendors welcome.

African-American Heritage and Multicultural Festival
Staunton city and Staunton Parks & Recreation
Gypsy Hill Park Bandstand in Staunton
Sep 19- 20 – Vendor and non-profit application here